Dead Doctors Don't Lie Radio

Story
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Black Gene Lies

Dead Doctors Don't Lie With Dr. Joel Wallach

Podcasts on Demand

Dr. Wallach has been appearing recently with Benny Hinn of Benny Hinn Ministries

Instructions

Talk to Dr. Wallach Live, 12noon - 1pm PST: 888-379-2552
For Youngevity Information and Ordering: 313-444-3463

Dead Doctors Don't Lie 31 Dec 2014

Monologue
Pearls of Wisdom
Callers

Dead Doctors Don't Lie 30 Dec 2014

Monologue
Pearls of Wisdom
Callers

Dead Doctors Don't Lie 29 Dec 2014

Monologue
Pearls of Wisdom
Callers

http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio
Updated: Wed, 23 Sep 2015 09:23:49 GMT
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Dead Doctors Don't Lie Program 24 January 2014
Monologue
Story

Data Science for Dead Doctors Don't Lie Radio

http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio

Updated: Wed, 23 Sep 2015 09:23:49 GMT
Powered by mindtouch
In my Data Science for Natural Medicines: I noted that Dr. Wallach was a 1991 Nobel Prize Nominee - Medicine and Recipient of the 2011 Klaus Schwarz Award recognizing the work of pioneers in the field of trace element research. My research suggests he is very worthy of these honors and I would like to see him win the Nobel Prize someday for his contributions to science and humanity (including animals). See My YouTube Video

I felt I needed to do more Data Science on Dr. Wallach's work with Natural Medicines by looking at testimonials about Dr. Wallach and found some at: Youngevity and Facebook

Reading through those testimonials, I was looking for ones where people consulted with Dr. Wallach personally and had specific instruction from him on the use of the nutrition products. Then I remembered that I did a WebEx recording for the January 10th Event that shows that for 2 hours and 8 minutes!

I also remembered Dr. Wallach saying that this is what he does on his daily radio show which I found has 537 pages of past shows back to 2006 that I can do a searchable index of as part of my Data Science work!

I also learned that a colleague was planning to do a survey of opinions of Dr. Wallach and suggested a web survey application that collects the information into a database like for example Survey Monkey, but they preferred doing it by telephone interview using a letter introduction which I offered to complete for my wife as follows:

A group called the Citizens Committee for Better Medicine is putting together a tribute to Dr. Wallach and seeking testimonials about how he has transformed their lives, whether through health or finances or both.

Q1: Would you be willing to provide your testimonial for the tribute? YES

Q2: Also, if you are aware of anyone who has experienced extraordinary health benefits, significant weight loss, or recovered from serious illness through use of Youngevity products will you please let us know so that we can request a testimonial from them as well? YES

Q3: The content will be professionally edited and published. Please let me know if that is okay with you. OKAY

We are looking for detailed information about how Dr. Wallach has transformed your life.

Please provide answers to the following questions in your response:

Q4: What is your name? SHIRLEY NIEMANN

Q5: What is your age? 65

Q6: Are you a Youngevity distributor? YES, BUT NOT ACTIVE

Q7: If you are a distributor, what is your position in the company? CEO

Q8: What is your opinion of Dr. Wallach? (his intelligence, character, drive, etc.) EXCELLENT!

For health related benefits:
Please share your success story in as much detail as possible and include answers to any of the following questions that apply and that you feel comfortable with.

Q9: What was the nature of your disease or illness? ACHALASIA/DIABETES/FIBROMYALGIA

Q10: What was your diagnosis? LIFE THREATENING

Q11: When and where did this occur? ABOUT 15 YEARS AGO

Q12: How did you meet or learn about Dr. Wallach? DEAD DOCTORS DONT LIE CD YEARS AGO AND RECENT YOUNGEVITY MEETINGS ATTENDED BY MY HUSBAND

Q13: What products or instruction did Dr. Wallach or someone else recommend or provide? JOANNA CONAWAY RECOMMENDED HEALTHY BODY START PAK AND HEALTHY DIGESTION PAK

Q14: What products did you take? SEE ABOVE ANSWER

Q15: What were the results? IMPROVED HEALTH

Q16: How long did it take for the results to occur? SEVERAL MONTHS

Q17: What is your current health status? IMPROVED HEALTH

For financial benefits: NOT APPLICABLE

Please share your success story in as much detail as possible including answers to any of the following questions.

Q18: What were your financial circumstances before being introduced to Youngevity?

Q19: When were you introduced to the company?

Q20: How long did it take for your financial circumstances to change?

Q21: What is your current financial status?

We are so excited to be able to honor Dr. Wallach and are thank you in advance for your willingness to participate in paying tribute to this wonderful man.

An example from Dr. Wallach's Radio Shows is shown below:

Dr. Wallach currently dedicates his time to lecturing throughout the world on the therapeutic benefits of vitamins and minerals, and on lobbying the U.S. Food and Drug Administration on behalf of the dietary supplement industry.

Monologue
Dr. Joel Wallach begins the show discussing failed medical theories. Stating that early man thought disease was caused by evil spirits. Then humours and so on and so forth until the human genome was mapped out. After that...
the medical industry believes that disease is caused by genetics. Outlining various diseases and stating which nutrients are deficient allowing the disease to occur.

Pearls of Wisdom
Doug Winfrey and Dr. Wallach discuss a news article regarding a study on multivitamins. The study found that 40% of all U.S. adults are deficient in vitamin, A, C, D, E, calcium, and magnesium. Researchers also found that taking a multivitamin lowered the risk of cancer by 27% in men with a history of cancer. Lowering risk of cancer by 8% in those with no history.

Callers
Art has a fungal infection from eating whole wheat products.

Imir’s brother-in-law is overweight and also has been diagnosed with sleep apnea.

Greg has a friend diagnosed with ALS (amyotrophic lateral sclerosis).

Cathy has several health challenges including toe fungus, hot flashes and sleep deprivation.

The Entities of interest are as follows: MindTouch URL (Web Address), Radio Show URL, Podcast URL, Monologue (Topic), Pearls of Wisdom (Topic), and Callers (Number).

The Slides below document the process and results for building a Knowledge Base with Entity Extraction and Web Address Naming, showed how to use Google Chrome Find, Excel Find and Spotfire Find for: failed medical theories. I first did just one month’s worth of the Daily Radio Shows as a pilot test. At least one year (February 2014 - February 2015) should be done, and I have done that now.

Some Conclusions and Recommendations
• There are written testimonials about Dr. Wallach on the Web to read.
• I have done a WebEx Recording of people who consulted with Dr. Wallach personally and had specific instruction from him on the use of the nutrition products.
• I have done Data Science to started a searchable index of Dr. Wallach’s daily radio show with 537 pages of past shows back to 2006.
• I can now begin to answer questions about what Dr. Wallach has said on numerous topics and what my wife’s opinion of him is.

Footnote:
So now I understand what is going on: Dr. Wallach is totally into the medical and nutrition science and helping people that way and others are totally into the business and helping people that way. Previously and currently, most relied totally on him for that and found their role in the business that he produced for them. So when they work with people that is predominate, but those people are a mix that want at least a balance or even more of the medical and nutrition science.

So meetings should have two tracks or a balance like the January 10th event tried to but was too much content and too much time.
I think there should be focus on Dr. Wallach first and then the business second so people that do not want to do the business right away or at all have a way to stay connected. This also is a good strategy for when Dr. Wallach is no longer with us or able to keep up his current pace of evangelism. We still can use his content and new experts will emerge to fill that role.

So building a database of his book and now his radio show to be able to provide that content during meetings is important to retaining the interest of most of the people that this attracts.

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## Slides

### Slide 1 Data Science for Natural Medicines: Dead Doctors Don't Lie Radio

Data Science for Natural Medicines: Dead Doctors Don't Lie Radio

- Dr. Brody Racette
- Director and Associate Professor
- University of Colorado
- [http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio](http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio)
- [Updated: Wed, 23 Sep 2015 09:23:49 GMT](http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio)

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### Slide 2 Background

**Background**

- Data Science for Natural Medicines
  - See Next Slide.
- Testimonials about Dr. Wallach:
  - Found some at: [Youngevity](http://www.youngevity.com) and [Facebook](http://www.facebook.com).
- People who consulted with Dr. Wallach personally and had specific instruction from him on the use of the nutrition products:
  - See [WebMD's recording](http://www.webmd.com) for the January 10th Event that shows that for 2 hours and 8 minutes!
- Dr. Wallach's daily radio show:
  - 537 pages of past shows back to 2006 that I can do a searchable index of as part of my Data Science work!
- Survey of opinions of Dr. Wallach:
  - I completed it for my wife.
Data Science for Natural Medicines

- 1. Story
  - 1.1. Dr. Joel D. Wallach
    - 1.1.1. Who is Dr. Joel Wallach?
    - 1.1.2. What is Dead Doctors Don’t Lie?
    - 1.1.3. Why 90 Essential Nutrients For Life?
    - 1.1.4. How are 90 Essential Nutrients Important in 4 Categories of Health Challenges?
    - 1.1.5. Where is 90 for Life Youngevity: A Grass Roots Education Movement?
    - 1.1.6. When Can I Learn More About This?
- 1.2. My Research
  - 1.2.1. Google-Search
  - 1.2.2. Wikipedia
  - 1.2.3. Kaiser Permanente
  - 1.2.4. Natural Medicines Comprehensive Database
  - 1.2.5. Sacred Fire of Liberty Data Database
  - 1.2.6. Dead Doctors Don’t Lie Database
- 1.3. YouTube
- 1.4. Script

Slide 4 Overview

Overview

- Build Another Dead Doctors Don’t Lie Database:
  - Dr. Wallach & Dead Doctors Don’t Lie Live Show: 888-379-255
- Build a MindTouch Knowledge Base:
  - Extract Entities with Web Address Naming Like Google Pittsburgh
- Build an Excel Knowledge Base Index:
  - Entities and Web Addresses in Relational and Semantic Web Graph Formats
- Build a Spotfire Visualization:
  - Analytics of the Excel Knowledge Base
- Find What Dr. Wallach is Saying:
  - Filtering to Get Details-on-Demand
Slide 7 Dead Doctors Don't Lie Radio: MindTouch Knowledge Base Find

Slide 8 Dead Doctors Don't Lie Radio: Excel Knowledge Base Index Find
Dead Doctors Don't Lie Radio: Spotfire Visualization Analytics & Find

Some Conclusions and Recommendations

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- I can now begin to answer questions about what Dr. Wallach has said on numerous topics and what my wife’s opinion of him is.

Spotfire Dashboard

For Internet Explorer Users and Those Wanting Full Screen Display Use: Web Player Get Spotfire for iPad App

Media, iframe, embed and object tags are not supported inside of a PDF.
Research Notes

More Articles...

1. Dead Doctors Dont Lie 28 Jan 2015
2. Dead Doctors Dont Lie 27 Jan 2015
3. Dead Doctors Dont Lie 26 Jan 2015
4. Dead Doctors Dont Lie 23 Jan 2015
5. Dead Doctors Dont Lie 22 Jan 2015
6. Dead Doctors Dont Lie 21 Jan 2015
7. Dead Doctors Dont Lie 20 Jan 2015
8. Dead Doctors Dont Lie 19 Jan 2015

Black Gene Lies

Audio CD

The last audio track is an excellent summary: Starting with Dr. Wallach saying the concepts for preventing diseases in animals work exactly the same with humans. So I went back to school to become a medical doctor. Etc.

Google Search Results

Black Gene Lies (Slave Quarter Cures) The medical establishment in industrialized nations, led by the medical establishment in America, continues to perpetuate the false dogma that Black individuals are lesser than White individuals as patients and as care givers—and of course during the 19th and 20th centuries, the American medical
system supported this dogma through the pseudoscience of eugenics and later in the 20th and 21st centuries through the false dogmas of Genetics.

https://www.youtube.com/watch?v=X7GsmKyT9Ok

Black Gene Lies: Slave Quarter Cures, is a landmark expose that shows that the diseases of the Black population in America, which the medical community attributes to a terrible "Black gene," are in fact caused by regional and cultural eating habits and nutritional deficiencies of trace elements that are easily, safely and economically overcome by the use of simple nutritional supplement program and herbal remedies. There are many diseases that appear in the Black community at a greater rate than in the white community (i.e.-hypertension, type II diabetes, arthritis, osteoporosis, cancer, cardiovascular disease, obesity, etc.), however the underlying causes are simply cultural dietary choices and nutritional deficiencies and they are absolutely not genetic.


Dr. Wallach Press Kit


https://apyxuga.files.wordpress.com/...rter-cures.pdf

Senior Executive Marketing Director with Youngevity, Health Crusader with the World Class Team. My mission is to help you get into the best health of your life. I believe that anyone can get healthy and fit with a regular program of exercise and good nutrition, but health problems comes with exercise or NO exercise. If you give the body what it needs, it will heal itself.

See Link to Black Gene Lies Video:  http://youtu.be/a0bfymzGqB0

http://percymoore.info/

Radio Show:  http://gcnlive.com/JW1D/index.php/on...e=onDem&show=9

Anyone with a serious health issue would greatly benefit by calling Dr. Wallach, Dr. Peter Glidden, or Pharmacist Ben Fuchs during their excellent radio shows. It's normal to feel a little nervous, but this is by far the fastest and simplest way to talk to one of Youngevity's skilled medical experts. Keep in mind that you don't have to use your real name, and that those listening will greatly benefit from hearing what to do about the issues you're discussing. Be prepared to stay on hold, possibly for a long time. Have a pen and paper ready for notes.
Be aware that the host has just a little time and you will need to get right to the point. Give your age, any medications, and your top three health concerns as concisely as you can (literally try for 10 words or less). You might want to jot this down ahead of time for reference.

It's best to talk about only one person per phone call to the show. If the call is cut short and you needed more advice, call back another day. If you have product questions, ask the person who referred you.

ATTENTION, radio station owners and GMs

Dr. Wallach's radio show, now in its 13th year of syndication, created a whole new revenue stream for broadcasting. Air "Dead Doctors Don't Lie" on your station or network and greatly enhance your revenue.

Black Gene Lies (Slave Quarter Cures) The medical establishment in industrialized nations, led by the medical establishment in America, continues to perpetuate the false dogma that Black individuals are lesser than White individuals as patients and as care givers—and of course during the 19th and 20th centuries, the American medical system supported this dogma through the pseudoscience of eugenics and later in the 20th and 21st centuries through the false dogmas of Genetics.

http://drjwallach.com/Scripts/prodVi...p?idproduct=90

Dead Doctors Don't Lie With Dr. Joel Wallach

Source: http://ksco.com/dead-doctors-dont-lie

Podcasts on Demand

A biomedical research pioneer, Dr. Joel D. Wallach spent more than 40 years in the field of Veterinary Medicine, observing and researching the effects of individual nutrients on animal health, before becoming a Naturopathic Physician in 1982. Today, Dr. Wallach is renowned for his groundbreaking research on the health benefits of selenium and other minerals. He currently dedicates his time to lecturing throughout the world on the therapeutic benefits of
vitamins and minerals, and on lobbying the U.S. Food and Drug Administration on behalf of the dietary supplement industry.

Dr. Wallach has been appearing recently with Benny Hinn of Benny Hinn Ministries

Catch our regular Dead Doctors Don't Lie show on the air or here in our podcast library.

Instructions

Talk to Dr. Wallach Live, 12noon - 1pm PST: 888-379-2552

For Youngevity Information and Ordering: 313-444-3463

MY NOTE: These launch Skype

Dead Doctors Dont Lie 31 Dec 2014
Download File

Monologue

Dr. Joel Wallach begins the show discussing upcoming CDs to be released. Telling the story of how he discovered the cause of cystic fibrosis and when he presented the information he was fired. Stating that his latest book "Epigenetics" names the people involved with covering up his research. Citing the specific nutrients that are deficient to cause cystic fibrosis.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning magnesium deficiencies. Citing a survey from 2005-2006 that found nearly half of Americans are deficient in magnesium. Doug and Doc contend that people need all 90 essential nutrients not just one. The article stated magnesium deficiency symptoms start with loss of appetite, nausea and fatigue.

Callers

Sherry has questions concerning her dog that has an enlarged heart.

Gottfried has questions regarding a friend with a detached retina.

Randy has been diagnosed with a colon polyp.

Justin and his wife are experiencing flu like symptoms.

Mike's nephew recently sustained a severe head injury
Dead Doctors Don't Lie 30 Dec 2014

Monologue

Dr. Joel Wallach starts the show discussing the "Crisco" story. Outlining how in the early 1900s Proctor and Gamble purchased the rights to the formula for "Crisco". Then gave 1.7 million dollars to the newly created American Heart Association to promote "Crisco" as a healthy alternative to butter and other dairy products.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding lawsuits against a medical device company owner. Roger Williams owner of "Spinal Solutions" paid a machinist to manufacture counterfeit screws to be used in spinal surgeries for $65 each. Which is about half the typical price with other company logos on the screws. Also much less than $12,500 that hospitals used to charge for these screws.

Callers

Mary's mother is suffering from dementia.

Jim's wife is stroke victim who now has vertigo.

Anthony has a friend who has chronic nausea.

Ivol has several health challenges including edema, type 2 diabetes, high blood pressure, congestive heart disease and kidney failure.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.

Dead Doctors Don't Lie 29 Dec 2014

Monologue

Dr. Joel Wallach begins the show today discussing the need for nutritional supplementation. Contending that before electricity people burned wood for heat and cooking and then put the wood ash (minerals) in their gardens. Asserting that since people no long do this they must supplement nutrients to avoid health challenges.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about a study from the University of Maryland. The study found that when children go to the ER with a broken bone the splint was not properly put on 93% of the time. Half of the time the splint is the wrong size either too long or short. Much of the time an elastic wrap is put against the skin causing swollen fingers, blisters and skin ulcers.

Callers

Greg has two questions the first concerns a person diagnosed with a C-dif infection. Second he has questions regarding a person with stiff knees.

Rose has a friend with a prolapsed uterus and a prolapsed bladder.

Barbara is suffering from shingles symptoms

Cat has a friend diagnosed with osteoporosis and their doctor wants to remove the thyroid gland.

Scott has ear fluid leaking into his throat.

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Dead Doctors Dont Lie 26 Dec 2014
Download File

Dead Doctors Dont Lie 25 Dec 2014
Download File

Dead Doctors Dont Lie 24 Dec 2014
Download File

Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing holiday stress and anxiety. Asserting that holidays can bring a lot of happiness but for many it brings stress and anxiety. Contending there many ways to deal with stress things such as deep breathing can lower blood pressure and relieve stress.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding natural remedies for common maladies. Things such as jock itch, hyperhidrosis, warts, toe nail fungus, dandruff and bad breath. Essential oils were the fix for jock itch, warts, toe nail fungus and dandruff. While probiotics was helpful for bad breath and crystal deodorant worked for hyperhidrosis.
Callers

Michelle has questions regarding a torn miniscus and asks Ben's opinion of coconut oil.

Rebecca has questions concerning high blood pressure.

Gerold has been diagnosed with macular degeneration

Steve has a friend who broke some bones in his foot and a pin was put in but the pin broke.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.

Dead Doctors Don't Lie 23 Dec 2014
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Monologue

Dr. Joel Wallach begins the show today discussing his "Seeing is Believing" CD. Telling the story of how the CD came to into being. At a lecture Dr. Wallach was giving a man asked him if the symptoms of macular degeneration can be reversed. Suddenly another man jumped and called Doc a liar. Saying I'm an eye doctor and once a person is blind they're blind. Doc challenged the man to give him 12 legally blind patients. The doctor brought him charts for 27 patients and said if you can get even two to see I will apologize. Ninety days later all 27 could now read and drive and only two needed glasses. So the doctor recorded his apology onto a CD.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study from Harvard Medical School. Finding that cardiac arrest patients and the sickest heart failure patients treated at teaching hospitals during the two biggest national cardiology meeting fared better than those treated 3 weeks before and 3 weeks after the meetings. Also finding these patients were less likely to have invasive procedures such as stents.

Callers

Bill has been diagnosed with congestive heart failure.

Colleen has questions regarding a detached retina.

Sam's husband is experiencing dizziness at times.

Dee has chronic yeast infections and a skin rash.

Kat's cat has infected teeth and wants help it heal.

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Monologue

Dr. Joel Wallach starts today's show citing several professional athletes he has worked with on their careers. Stating how he was able to turn their careers around through nutrition. Naming a few whose careers were extended when other medical professionals gave them no hope of continuing their athletic careers.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning diabetics. The article outlines several foods and drinks that can spike blood sugar levels. As well as how exercise and hormones can have effects on how the body reacts to insulin. Doc asserts that Youngevity's "SweetEze" can help stabilize blood sugar levels.

Callers

Teresa's grandfather is a type 2 diabetic suffering dementia symptoms.

Bethany has a friend diagnosed with metastatic bone cancer.

James is sensitive to sugars and asks Dr. Wallach to recommend products he can use.

Berdie tells Dr. Wallach which products she is taking and asks if she should and any products to her program.

John has been diagnosed with stage 4 stomach cancer.

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Monologue

Dr. Joel Wallach starts the show stating the saying "you are what you eat" isn't really true. Contending that "you are what you absorb" meaning that if a person has digestive problems they aren't going to absorb nutrients they take in either in the form of food or supplements. Stating that people should take care of digestive problems otherwise they will end up with multiple health challenges.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning an Australian study. The study found that people who had a parent who had a knee replacement were twice as likely to have knee pain themselves. Doc asserts that once again researchers make a good observation but they take it in the wrong direction. Contending that most likely since they were family the probably ate the same diet.

Callers

Kevin’s sister has several health challenges including type 2 diabetes, asthma, hypertension, rosacea, Fuchs corneal disease, meniere’s disease and has had her gall bladder and appendix removed.

Ruby has a friend diagnosed with chikunganya

Jerry’s granddaughter is four years old and over 80 pounds.

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Dead Doctors Don't Lie 18 Dec 2014

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Updated: Wed, 23 Sep 2015 09:23:49 GMT
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**Monologue**

Dr. Joel Wallach starts today's show asserting that athletes need to supplement because they are sweating out nutrients. Citing the story of former NBA star Theo Ratliff and how doctors were telling him his career was over at age 28. This because he had osteoporosis which led him to Dr. Wallach. After just 90 days of taking supplements Theo was reinstated and cleared to play. He played another 14 years was the shot blocking champion for two seasons and made another 140 million dollars before retiring.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning a Stanford School of Medicine study. Researchers looked at over 9000 male patients who had sought help for infertility because of low semen production. Finding these men were also at a greater risk of having certain heart conditions, vascular problems, skin problems and disorders related to the endocrine system. This data also supports previous research that had linked low semen production to cancer and early death.

**Callers**

Lee has been diagnosed with Crohn's disease and is also wanting to lose weight.

Williams has questions regarding a friend who has MS (multiple sclerosis). He also had additional questions concerning another friend who has had several strokes.

Michelle has discovered a lump in her breast and is also experiencing hip and joint pain.

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**Dead Doctors Don't Lie 16 Dec 2014**

**Monologue**

Dr. Joel Wallach starts today's show discussing failed medical theories. Outlining several diseases and naming the vitamin or mineral deficiency that is the cause of that disease. Telling the story of James Watson who previously won the Nobel Peace prize for discovering the double helix of DNA. Who is now saying that all of the experiments and studies done on genetics are worthless.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding diseases linked to obesity. The article states that there are increased risks of cancer, migraines, infertility, premature births, sleep disorders, bullying, difficulty finding doctors and lower wages are all linked to obesity. At a time when 36% of Americans are obese with 34% considered to be overweight.
Callers

Madrew has a friend with several health challenges including, cataracts, glaucoma, hypertension, degenerative disk disease, enlarged prostate and type 2 diabetes.

Anthony has a friend diagnosed with diverticulitis.

Lisa's husband has been diagnosed with stage 2 esophageal cancer.

Calvin is experiencing a lot of mucus build up in his sinuses and throat.

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Monologue

Dr. Joel Wallach begins the show today citing a news article from 2004 in which it was proposed that children born after 2000 will die before the parents. Doc asserts that people should consult his latest book "Epigenetics". Contending that disease is not genetic as medical doctors contend. Explaining that disease is due to nutritional deficiencies and most could be eliminated if people would supplement prior to concept.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a medical mistake. A woman went in for a bone marrow transplant and was not given a vaccination to prevent pneumococcal sepsis. Which she did contract and had to have her toes and most of her fingers amputated. Of course she is suing the hospital where the procedure was performed.

Callers

Marion has a friend who had a mastectomy and now has pain in her breast.

Tammy has a dog that has been diagnosed with type 2 diabetes.

Greg has a friend who falls asleep after eating meals.

Brenda has shingles and want to control the symptoms without drugs.

Mary has questions concerning bi-polar disorder.

Call Dr. Wallach’s live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.
Dr. Joel Wallach begins the show today discussing his "Epigenetics" book. Contending that the genetic theory of disease cause is dead. Asserting that initially people thought disease was caused by evil spirits, then it was humours, bacteria was next. After that doctors thought all disease is caused by viruses and more recently genetics.

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of vegetarians. The study found that 84% of vegetarians go back to eating meat within a year. Those going back within that first year were 53% and 30% went back within three months. Another survey found 35% of vegetarians that went back to meat did so for health related reasons. In the lastest survey most went back because friends and family did not support their vegetarian lifestyle.

Carl has been diagnosed with spinal stenosis, myalgia and myositis.

Steve's father has severe edema in his legs and knees.

Israel has two questions first about his own bipolar disorder and hyperthyroidism. Second he has questions about his father's congestive heart failure.

Ann has questions about tendonitis in her knees.

Marie has questions regarding Hashimoto's disease.

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Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing the medical system. Stating that main stream medicine is great in dealing with trauma and medical emergencies. But contends that when it comes to degenerative disease they are horrible. Asserting that most diseases are of an inflammatory nature.

Doug Winfrey and Ben Fuchs discuss a news article concerning a study of a compound found in broccoli, cauliflower and cabbage. The molecule is called sulforaphane and was given to people with autism disorder. Researchers found the participants showed improvement in both behavioral and communication assessments.
Callers

Linda's husband has been diagnosed with basal cell carcinoma.

Dan is experiencing chronic sinusitis.

Linda's husband has been diagnosed with tinnitus.

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Monologue

Dr. Joel Wallach begins the show discussing preparedness. Contending people need to prepare now for natural disasters, epidemics, grid breakdowns, riots and invasions. Asserting that his book "God Bless America" outlines how to prepare for disasters.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study from Duke University Medical Center. The study found that although a previous study from 2004 found that radiation for women of the age of 70 with early stage breast cancer was of little benefit. Despite this, the study found that two thirds of women in the group are still getting the radiation. Doc contends it is because they can get more money for more treatments.

Callers

Tom has a friend who having difficulty getting his blood pressure under control.

Joni's 6 month old baby has been diagnosed with cystic fibrosis.

Rosana has ulcerative colitis and asks Dr. Wallach what products she should take to minimize symptoms.

Lori is experiencing flu like symptoms.

Loretta has a friend diagnosed with deep vein thrombosis.

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Monologue

Dr. Wallach begins the show today discussing longevity. Telling the story of a Chinese herbalist who lived to be 256 years old and when he died in 1933 his obituary was right next to one of a medical doctor who died at age 54. Contending that people are living shorter lifespans because they take medical and health advice from medical doctors.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study from UCLA. The study of Alzheimer's patients who were given high doses of Vitamin D, DHA supplements, probiotics and normalized insulin levels. Nine out of the ten patients reported improved cognition and some returned to normal. The lead author contends there are 36 deficiencies that can lead to Alzheimer's.

Callers

Barbara has questions concerning vitiligo.

Ricky has been having seizures that leave him blind for several minutes.

Jerry has questions concerning liver toxicity.

Mary's son has been diagnosed with OCD (obsessive compulsive disorder).

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Dead Doctors Don't Lie 08 Dec 2014

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Monologue

Dr. Joel Wallach begins the show discussing longevity. Telling the story of a Mr. Lee a Chinese herbalist who died at the age of 256 years. Ironically next to his obituary was the obituary of a medical doctor who died at the age of 54. Doc asks the question who would you take medical advice from doctors whose average lifespan is 56 or someone who lives well past 100.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning this year's influenza vaccine. The CDC has issued an alert that this year's vaccine has missed the mark. Apparently the vaccine is made from three predominant strains found globally. However it appears the strain being found in the U.S. this year is not one of those three strains. But the CDC is still telling people to still get the vaccine saying getting it will make the symptoms less severe.

Callers

Angela has questions regarding a toddler diagnosed with asthma.
Loreen's husband has several health challenges including COPD, atrial fibrillation, cancer and rosacea.

Rod has been diagnosed with prostate cancer.

Greg asks Dr. Wallach where literature can be found on his theories about cystic fibrosis.

Helen has been deemed legally blind because cataracts.

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**Dead Doctors Dont Lie 05 Dec 2014**

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**Monologue**

Dr. Wallach starts the show discussing heart disease. Outlining the four forms of heart disease asserting that all are preventable and most can be reversed. Asserting that inflammation can cause coronary artery disease. Contending clots can cause stroke or thrombotic coronary artery disease. Hypertrophic cardiomyopathy which he believes is a selenium deficiency. Finally he discusses congestive heart disease caused by a vitamin deficiency.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach continue discussing heart disease. Talking about a news article concerning a book titled "The Great Cholesterol Myth". The book by Dr. Jonny Bowden contends that cholesterol does not cause heart disease. He also asserts that all of the focus on cholesterol has taken attention away from things like inflammation, oxidative damage, stress and too much sugar. All ideas that Dr. Wallach has been talking about for decades.

**Callers**

Tabitha has questions concerning IBS (irritable bowel syndrome) and greying hair.

Jimmy's mother has several health challenges including Parkinson's disease, fatty liver tumors, liver cirrhosis, fibromyalgia and type 2 diabetes.

Diane's husband has been diagnosed with diverticulosis.

Ed is experiencing peripheral neuropathies he believes could by due to type 2 diabetes.

Al has questions on how to treat ear mites in cats and dogs.

Renee has hypothyroidism and sleep apnea.

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Dead Doctors Dont Lie 04 Dec 2014

Monologue

Dr. Joel Wallach begins the show today explain the functions of genes, DNA and telomeres. Stating that his latest book "Epigenetics" explains various diseases and citing the nutrients that are missing. Also explaining his background and outlines several of his past accomplishments.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about a surgeon who removed the wrong kidney. The patient had to have an additional surgery to remove the diseased kidney. Doc cites several statistics concerning botched surgeries and the numbers of people who injured, infected and killed every year.

Callers

Bob's wife has an abscessed tooth and wonders if the colloidal silver can be used.

Lori has a lump on the bottom of her foot.

Melissa has a dog with an apparent tear in it's esophagus.

Willa has questions regarding the iron in some of the Youngevity products.

Yoleen has several health challenges including osteopenia, type 2 diabetes, low white blood cells, low red blood cells and weight gain.

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Dead Doctors Dont Lie 03 Dec 2014

Monologue

Dr. Wallach starts the show today discussing autoimmune diseases. Citing several specific disorders such as lupus, Crohn's and rheumatoid arthritis. Outlining the nutritional deficiencies that he believes causes these diseases.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of fats and carbohydrates. For decades mainstream medicine has contended that fat from dairy and meat cause heart disease. Asking people to eat more carbohydrates in form grains and processed foods. This latest study found that doubling participants saturated fat does not increase levels of saturated fats in the blood. However increasing carbohydrates increased the risk of heart disease and type 2 diabetes.
Callers

Caleb has a friend who has dermatitis.

Viola's sister-in-law has been diagnosed with ALS (amyotrophic lateral sclerosis).

Julian's brother-in-law has been diagnosed with clogged arteries in his heart.

Bill has a friend with bone on bone arthritis.

Lee's father has degenerative disk disease.

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Dead Doctors Don't Lie 02 Dec 2014

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Monologue

Dr. Joel Wallach begins the show discussing weight loss and weight gain. Outlining that people often have food cravings that cause weight gain. Asserting the cravings are from a mineral deficiencies. Contending that weight gain is not because of lack of will power and exercise as doctors believe.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a man who ate a high sugar diet for 2 months. The man Damon Gameau ate nothing but high sugar foods such as fruit juices, low fat yogurts, muesl bars, cereals and sports drinks. Within 3 weeks he was diagnosed with fatty liver disease.

Callers

Josh has had cystic fibrosis since birth and wants get symptom free.

Sahar has two nieces diagnosed with scoliosis.

Timothy is a type 2 diabetic on dialysis.

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Dead Doctors Don't Lie 01 Dec 2014

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Monologue

Dr. Joel Wallach starts the show today discussing the history of gluten intolerance. Stating that even the ancient Egyptians were aware that some people had difficulty digesting wheat. Outlining the reasons why people who have a gluten intolerance often have several health challenges all at the same time.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a research study of people who wake during general anesthesia. The story outlines a woman who woke during an eye surgery in 1998 and has suffered post traumatic stess disorder. A British study found that at least one in 19.600 patients wake during surgery. Previous U.S. studies have the incidence is more like one in 1000. In some instances where "light" anesthesia, like emergency C sections the incidence is more like one in 670.

Callers

Doreen's father is experiencing pain from bone on bone arthritis.

Pete's wife is a MS (multiple sclerosis) patient who is experiencing frequent urination.

Steve calls in to give Doc an update on an obese neighbor who is trying to lose weight.

Wendy has a friend who has been diagnosed with lung sarcoidosis.

Susan calls to ask Dr. Wallach how to go about getting the "Beyond Tangy Tangerine" into the hospital for her brother diagnosed with stage 4 liver cirrhosis.

Mitch has been living with Lyme's disease for several years.

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Dead Doctors Don't Lie 28 Nov 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show today discussing the importance of absorbtion of nutrients such as vitamins and minerals.

Pearls of Wisdom

Bill Graff and Ben Fuchs discuss the thanksgiving holiday feast and the result.... people being overweight or obese. The problem is compounded by the fact that Americans follow the same pattern every day....not just at thanksgiving. .
Callers

Josh asks about cystic fibrosis.

Jeff asks about several youngevity products.

Susan has some questions about a friend’s proposed surgery.

Brenda has osteoporosis.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show today discussing the importance of gut bacteria. Asserting that without the right balance of gut bacteria foods won’t be digested properly. Resulting in a lack of absorption of nutrients such as vitamins and minerals. With disease following closely behind because of nutritional deficiencies.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a study published by the WHO (World Health Organization). The study found that in 2012 nearly half a million new cases of cancer were diagnosed that were related to people being overweight or obese. The problem was the worst in North America where some 111,000 obesity related cancers were diagnosed. Which accounted for 23% of global cancer cases.

Callers

Alaric has edema in his legs.

William has been diagnosed with prostate cancer.

Cathy has a friend who is a type 2 diabetic whose blood sugar is spiking.

Mitch has Lyme’s disease which has left his immune system compromised.

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Monologue

Dr. Wallach starts the show discussing type 2 diabetes. Asserting that 90% of people with diabetes have type 2. Contending that with lifestyle and dietary changes coupled with a nutritional supplement plan the condition can be prevented and reversed.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news articles regarding the health. The first article concerns some 6000 federal lawsuits against manufacturors of surgical mesh. This mesh is inserted in women with pelvic organ prolapse a condition where muscles weaken and causing organs to bulge or slip down into the vagina. Women are suing the manufacturors contending they weren't warned about possible complications that leave the women in pain. The next article discussed concerns a report that analyzed 24 previous studies finding that eating "high-glycemic" foods increases the risk of developing type 2 diabetes.

Callers

McKenzie has a friend with rheumatoid arthritis.

Rachel was diagnosed with Lyme's disease three years ago.

Dean has been diagnosed with osteoarthritis and his doctor wants to replace his hips.

Darlene has MS (multiple sclerosis) and called to give a testimonial on how changing her diet and adding a supplement program has reduced her symptoms.

Gina and her sisters all suffer from chronic fatigue.

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Monologue

Dr. Wallach discusses his book "Immortality" and why some countries have many more centinarians than in the U.S. Outlining how these countries are usually third world countries where there's no medical care. The people are poor so generally don't eat more than 900 calories daily. They also burn wood to heat and cook and then put the wood ash in their gardens thus getting minerals in their food.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the benefits of eating avocados daily. As part of the "National Health and Nutrition Examination Survey" researchers looked at data from this study of over 17,000 Americans ages 19 and older. Find those who ate at least half a medium avocado daily had high levels of HDL, lower risk of metabolic syndrome, lower BMI (body mass index) and waist circumference.

Callers

Richard is concerned he may be developing heart disease.

Alex has several health challenges including dry mouth and skin, periodontal disease and heart palpitations.

Ralph has friend diagnosed with throat cancer.

Jennifer's dentist wants to give her a root canal and do a bone graft.

Renee's husband suffered brain trauma in a crash and now has severe headaches and mood swings.

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Dead Doctors Don't Lie Program 21 November 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach today discussing the importance of eating cholesterol. Recommending that people eat eggs everyday. Also asserting people should stay away from cholesterol lowering drugs. Stating that lowering cholesterol can lead to cognitive decline.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning a study of sunscreens. The study of 500 couples found that those who had difficulty conceiving the male partners had high levels of either BP-2 or 40H-BP in their urine. These chemicals are the active ingredients in sunscreens, moisturizers and shampoos. Leading researchers to think the chemicals may lower fertility in men.

Callers

Sharon is going through menopause and experiencing some severe reactions such as moods swings.

Mary Ann's mother is a type 2 diabetic and she asks Ben how much of Youngevity's "Sweet Eze" product she should give her mom.

Jane complains that the "Beyond Tangy Tangerine" product makes her face flush.
Nicole's father is in the hospital with a hypoxic brain injury.

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Dead Doctors Don't Lie Program 20 November 2014

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Monologue

Dr. Joel Wallach begins the show today discussing the cost of the current medical system. Outlining the actual monetary cost as well as the cost of lost human lives. Stating that 85% of all bankruptcies in the U.S. are due to medical bills.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a new report on obesity. The report from the Harvard School of Public Health found that more people are obese than previously reported. A previous report from the CDC was compiled from a telephone survey in which people reported their own heights and weights. It's now know that many people over estimated their heights thus skewing the numbers. The new report relied on data where doctors actually measured people. Finding that 49 states had rates of obesity 30% or more and some states were over 40%.

Callers

Jane has a follow up called concerning liver abscesses.

Cora is trying to control her blood pressure without drugs but occasionally gets spikes.

Gottfried has a friend trying to get pregnant without success.

Diana has questions regarding liver cirrhosis.

Denise has a new puppy recently neutered and asks Doc what she can do to help the dog heal.

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Dead Doctors Don't Lie Program 19 November 2014

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Monologue

Dr. Joel Wallach starts the show today discussing why the U.S. is a coffee drinking company. Telling the story of how colonialists dumped the King's tea into the Boston Harbor. Then began importing coffee making it the national drink. Also explaining the story behind his "Energy Crisis" CD.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a report from the International Union Against Tuberculosis and Lung Diseases and the World Diabetes Foundation warning of a co-epidemic of type 2 diabetes and tuberculosis. There is a growing epidemic of type 2 diabetes in countries with emerging economies as the adopt the western diet. Those with type 2 diabetes have depressed immune systems and have triple the risk of developing TB.

Callers

Doug's wife has been diagnosed with fibroids and her doctor wants to perform a partial hysterectomy.

Marion has a friend diagnosed with breast cancer.

Octiviano is a type 2 diabetic diagnosed with a hemochromatosis.

Queen's mother recently had an aneurysm.

Donna recently had a hair analysis done and was told she is deficient in several nutrients.

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Dead Doctors Don't Lie Program 18 November 2014

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Monologue

Dr. Joel Wallach begins the show explaining how nutritional deficiencies affect the onset of ADD or ADHD. Contending many behavioral problems can be attributed to diet and nutritional deficiencies. Stating his opinion on the importance of a good breakfast with protein and no sugar.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of high fructose in the diet. Researchers at Emory University gave adolescent and adult rats a high fructose diet for 10 weeks. Compared to adolescent and adult rats that received a standard diet. Finding those adolescent rats getting the high fructose diet exhibited signs of depression. Also observing changes to the genetic pathway that helps regulate how the brain responds to stress.
Callers

Amschu has two questions the regarding the glycerine in Youngevity’s essential fatty acid products. Second he has questions about treating autistic children with supplements.

Darwin has been diagnosed with kidney failure and is on dialysis.

Jean has a friend whose dog has been diagnosed with a mitral valve prolapse.

Catherine has a friend who is morbidly obese and suffering seizures.

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Dead Doctors Don't Lie Program 17 November 2014

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Monologue

Dr. Wallach starts the show discussing a news article concerning a study on marathon runners and any link to increased risk of cardiomyopathy heart attacks. The study results indicate these runners are no more likely to die from a heart attack than the general public. Doc asserts that any deaths due to cardiomyopathy heart attacks are not acceptable. Contending this type of heart attack are caused by a selenium deficiency.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a research study on heart attacks. The study found that people who had a ST-elevation myocardial infarction in a hospital setting had a three fold greater risk of dying compared to those who had an attack outside of the hospital. Those in the hospital also had longer stays and paid more money.

Callers

Emma’s granddaughter's children have been diagnosed with navel hernias.

Jan has a friend diagnosed with venus reflux disease.

Andrew is experiencing nausea and vomiting after taking Youngevity products.

Michael has been diagnosed with stage 3 kidney disease.

Jim has friend whose dog has been diagnosed with hip dysplasia.

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Monologue

Dr. Wallach starts the show discussing the four types of dementia. Outlining that vascular dementia is caused by damage or blockage of small arteries in the brain. Korsakov's dementia caused by a vitamin deficiency. Wernike-Korsakov's dementia a vitamin deficiency combined with MS (multiple sclerosis). Finally Alzheimer's a loss of the myalin sheath on neural synapses due to cholesterol deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss 2 news articles regarding health. The first story concerns a girl who caught on fire after using alcohol based hand sanitizer. Second they discuss a news article concerning Big Pharmas move into Africa to expand market share and income.

Callers

Rick has questions concerning tinnitus.

Charity's dad has been diagnosed with myasthenia gravis.

Mike has concerns over blood in his stool.

Tim has been diagnosed with progressive tremors.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach. Beginning the show discussing adrenal fatigue contending this occurs because of environmental stress. Stating that daily stress activates the body's fight or flight response. Asserting that people can counteract this response by practicing deep breathing and getting proper nutrients.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding prescription drugs. The article cites statistics from the Mayo Clinic that states 70% of Americans take daily prescription drugs and half take more than one. The article outlines
6 mistakes many people make when using prescription drugs. Covering how drugs should be stored and interactions between people and their pharmacist.

**Callers**

Henry has a friend recently diagnosed with Huntington's disease.

Doreen has questions regarding asthma.

Kathy has two questions the first concerns a friend who is a type 2 diabetic who recently suffered a stroke. Second she has questions about her sister who was diagnosed with lupus.

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**Dead Doctors Don't Lie Program 12 November 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing a news article concerning hospice care. In recent years the cost of hospice care has increased by 70%. Doc asserts this is because doctors are milking the system by unnecessary tests and procedures.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article on hypertrophic cardiomyopathy. The story centers around a specific family who has had several members die from this disease. The article states that it is an autosomal dominant genetic condition which Dr. Wallach vehemently disagrees. Asserting that cardiomyopathies are caused by a selenium deficiency.

**Callers**

Joan has a friend whose daughter has been diagnosed with ADHD.

Mike has a friend diagnosed with porphyria a rare neurological condition.

Frank's wife has Parkinson's disease.

Mary has a follow-up call concerning her husband who has a glioma.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.
Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing the toxicity of cox 2 inhibitor drugs. Also the importance of prostaglandins for good health. Outlining how people can insure they have enough healthy prostaglandins in their bodies.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discussing a news article regarding food cravings. The article outlined how emotions can cause people have food cravings. Listing several methods to avoid acting on those cravings. Unfortunately there was no mention of the root cause of cravings which is nutritional deficiencies.

Callers

Jen has been diagnosed with interstitial cystitis and anxiety.

Carmen has oil ducts in around her eyes that are plugged.

Dee's daughter has a hip impingement.

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Monologue

Dr. Joel Wallach starts the show today stating that according to government statistics over 15 million Americans are killed, injured and infected every year. Also contending that heart disease is the number two killer of Americans. Outlining the various heart conditions and citing which nutrient deficiencies are the cause of each disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of lung cancer patients. The study found that those with lower incomes, lower education levels and no insurance had a greater risk of dying following lung cancer surgery. Using National Cancer Data Base researchers looked at over 235,000 patients diagnosed with non-small cell lung cancer. Nearly 93,000 had surgery between 2003 and 2006. Finding those with the lowest education level and lower income had a 10% increased risk of death. Those without insurance had a 23% greater risk of dying following lung cancer surgery.
Callers

Kat was recently diagnosed with hyperthyroidism.

Mary's son was just diagnosed with OCD (obsessive compulsive disorder) and paranoia.

Emer has questions regarding a dog that has constipation.

Michelle has been diagnosed with sarcoidosis.

Gayle's son has hyperhidrosis and wants to control it without drugs.

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Dead Doctors Don't Lie Program 07 November 2014

Download File

Monologue

Dr. Joel Wallach starts the show today discussing long lived cultures. Stating that he has identified 23 cultures worldwide that have longer lifespans. Asserting these cultures don't have modern healthcare or insurance. Contending they are all in third world countries and still living much like their ancestors growing their own food and putting the wood ash from the heating and cooking fires in their gardens. Thus inadvertently getting plant derived minerals in their foods.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study on psoriasis. The study found that people with psoriasis, psoriatic arthritis and rheumatoid arthritis are at greater risk of having a heart attack, cardiac arrest, stroke or dying compared to people who don't have these conditions. The researchers believe this is due to systemic inflammation that is common to these conditions. Doc and Doug disagree asserting these conditions are all associated with a gluten intolerance.

Callers

Edith's husband has been diagnosed with renal failure.

Carmen has a lot of allergies that cause her to have chronic itching.

Shantay has been diagnosed with a bowel obstruction and her doctor just gave her antibiotics and sent her home.

Alfrieda's sister has been diagnosed with colon cancer.

Christina has follow up questions regarding a friend diagnosed with multiple myeloma.
Dead Doctors Don't Lie Program 06 November 2014

Monologue

Dr. Joel Wallach begins today’s show discussing is opinion of some doctors. Contending that some go into medicine because they are predators. Citing the statistics of how much money was fraudulently taken from Medicare and Medicaid.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding two new studies on obesity. The studies found that post-menopausal Hispanic and African American women who were obese had an increased risk of breast cancer. After menopause the ovaries stop producing estrogen and it is then produced in fat cells. The more fat the more estrogen production and the more estrogen more likelihood cancer can develop.

Callers

Trey has questions concerning a friend diagnosed with sacroiliitis.

Ed has a friend diagnosed with cone rod dystrophy.

Emer wants to wean off of his heart medications.

Shelly's daughter has been diagnosed with fibromyalgia.

Karen has been diagnosed with congestive heart disease.

Dead Doctors Don't Lie Program 05 November 2014

Monologue

Dr. Wallach starts the show discussing longevity and heath. Citing the numbers of medical mistakes that occur every year in the U.S. Contending that 180,000 Medicare patients are killed every year.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning unnecessary tests, procedures and other treatments. Several medical societies have gotten together and compiled a list of these that they believe are performed too often unnecessarily. This is all part of a campaign called "Choosing Wisely" organized by the American Board of Internal Medicine’s foundation. There aim is to educate patients to question the necessity of these tests and treatments in an effort to get doctors to stop performing useless procedures.

Callers

Patricia had a stroke and asks Dr. Wallach’s advice on how she can manage her symptoms with nutrition.

Melissa is a schizophrenic and wants to use nutrition to control her condition.

Victor has metabolic syndrome and wants to control his symptoms with a nutritional supplement program.

Shannon has a friend whose son has mild MD (muscular dystrophy).

Fred has allergic reactions when he consumes red meat.

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Dead Doctors Don't Lie Program 04 November 2014

Download File

Monologue

Dr. Joel Wallach starts the show today stating that he can tell if livestock are mineral deficient simply by looking at the top rails of the fences or cribs. Asserting that if the top board is all chewed up that is an indicator that the animals are eating the wood to get minerals. Contending that when people have food cravings they also are mineral deficient.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of people with sleep apnea and asthma. The study found that people who had their tonsils and adenoids removed saw a reduction in asthma symptoms and ER visits. Doc contends that sleep apnea is a made up disease so doctors can sell cpap machines. Also stating that children with asthma have a gluten intolerance and need to go on a gluten free diet to manage their asthma.

Callers

Phil has tinnitus, lower back and shoulder pain.

Paula has a friend diagnosed with liver cancer and also has hypertension.
Michael has questions concerning a rare brain disease called ADEM (acute disseminated encephalomyelitis).

Carmen has an itching sensation all over her body.

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Monologue

Dr. Joel Wallach begins the show discussing his new book "Epigenetics". Stating that the genetic theory of disease is now another failed theory. To go with all of the other hundreds of failed medical theories like evil spirits or humours. Contending that all of the common diseases that people get are due to nutritional deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a research study from the University of Missouri. The study looked at the effects of eating breakfast or not. Study participants either got no breakfast, a normal breakfast or one high in protein. Finding that compared to the normal breakfast those who got the high protein had a 34 fold reduction in cravings for high fat foods. They also saw a 15 fold increase in dopamine the brain chemical associated with rewards.

Callers

Patricia has been diagnosed with gall stones and her doctor wants to operate.

Dora's daughter has been diagnosed with lupus.

Ellawouise is a type 2 diabetic who is obese and wants to lose weight.

Amscheo's mother has a hard lump in her right bicep.

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Monologue
Dr. Joel Wallach begins the show today discussing weight loss. Doc points out the prevailing attitude is that we eat too much and this causes weight gain. Doc says not true. It is due to nutritional deficiency.

Pearls of Wisdom
Billy Graff and Dr. Wallach discuss a news article about a doctor in Brazil who tried to perform a c section on a woman who was not pregnant. Billy asked doc to explain standard pre-operation procedures.

Callers
Amy husband has mrsa, blood flow issues and several other issues. Sharaldene asks about a dog with skin problems. Patricia asks about blood thinners. James has gluten questions.

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Dead Doctors Don't Lie Program 30 October 2014

Monologue
Dr. Joel Wallach begins the show today discussing the importance of trace minerals for good health. Stating that when bodies get all of the right trace minerals in the correct ratios lifespans can be doubled. Stating that people should read his "Epigenetics" book and learn about all of the failed medical theories.

Pearls of Wisdom
Doug Winfrey and Dr. Wallach discuss a news article about a study of celiac disease. Researchers found that those diagnosed with celiac disease were twice as likely to have bone fractures than those who don't have a celiac diagnosis. A long term study found that those with celiac disease were 30% more likely to have bone fractures and 69% more likely to have hip fractures.

Callers
Kathy has several health challenges including anemia, high blood pressure, type 2 diabetes, obesity, congestive heart disease and stage 5 kidney disease.

Amanda is pregnant and also has high blood pressure.

Linda has been diagnosed with colon cancer.
Jane has several health challenges joint pain and a blood clot in her leg.

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Dead Doctors Don't Lie Program 29 October 2014

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Monologue

Dr. Wallach starts the show citing a news article that state medical mistakes are now the number one lead cause of death in America. Also discussing his latest book "Epigenetics" outlining how it illustrates all of the failed medical theories. Starting evil spirits being the cause of disease and ending with genetics being the root cause of all disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning food cravings. The article outlines 7 ways to curb food cravings with none of them actually addressing the true cause of food cravings. A medical doctor quoted in the article claims that food cravings are due to emotional reasons. Doc soundly disagrees stating that food cravings are really due to mineral deficiencies.

Callers

Rovina has questions concerning pimples on her cheeks.

Don's wife is experiencing chronic diarrhea.

Emer asks Dr. Wallach if he should do an herbal cleanse prior to starting a nutritional supplement program.

Bob's wife has MS (multiple sclerosis), eczema and chronic diarrhea.

Michael has questions regarding his wife's MD (muscular dystrophy).

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Dead Doctors Don't Lie Program 28 October 2014

Download File
Monologue

Dr. Joel Wallach begins today's show discussing all of the germs and viruses that we come across in our daily lives. Outlining to avoid getting sick people need to be proactive using the essential oils and other products that kill bacteria and viruses. As well as using the 90 essential nutrients to assure that our immune system is at 100%.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a University of Arizona study. The study found that a virus on a door knob can be found on 60% of people in a building within four hours. Researchers used a tracer virus on a door knob and found that within four hours the virus could be found on most common surfaces such as door knobs, light switches, coffee pot handles, phones and computers. Use of disinfecting wipes containing quaternary ammonium reduced the spread of viruses by 80 to 99%.

Callers

Emma has questions regarding her daughter who has dry mouth, knee and shoulder pain.

Jason has had chronic sinusitis for several years.

Teresa's daughter has trouble getting and maintaining pregnancies.

Christina has a friend diagnosed with multiple myeloma.

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Dead Doctors Don't Lie Program 27 October 2014

Download File

Monologue

Dr. Wallach starts the show discussing blood cholesterol levels. Asserting that totals should be 220 to 270 and that some cultures have blood cholesterol levels are 300 to 500 without heart disease. Contending that there have never been any studies directly linking elevated cholesterol to heart disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report from the CDC (Centers for Disease Prevention and Control) on clostridium difficile. Although some medical setting infections had gone down in recent years. At the same time the number of people hospitalized for a C. difficile infection has tripled over the past 10 years. These infections kill about 14,000 people in the U.S. every year.
Callers

Dennis had bronchial asthma for nearly sixty years and was diagnosed with diabetes forty years ago. He had been to over 40 doctors over the years with no relief. After starting a gluten free diet and taking Youngevity products for just a few months he contends he feels better at 64 than he did at age 18. Thanking Dr. Wallach for all of his help and information.

Stephanie's mother has degenerative disk disease and is experiencing peripheral neuropathies.

Florene is a type 2 diabetic taking supplements but still isn't seeing her blood sugar levels going down.

Marge asks Dr. Wallach to outline the use and benefits of Youngevity's "Blooming Minerals"Soil Revitalizer" product.

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Dead Doctors Don't Lie Program 24 October 2014

Monologue

Dr. Joel Wallach starts the show today discussing his own early work in conservation, trying to save the white rhino species. His early book rhino express is about to be published as an audio book. When Dr. Wallach started with the white rhino, only 24 animals were left. Dr wallach is proud to say that thousands of the species now exist.

Pearls of Wisdom

Bill Graff and Dr. Wallach discuss a news article showing that a new poll from the associated press and gfk says americans doubt hospitals and the health care system including the CDC ability to deal with EBOLA and other health care issues.

Callers

Anna asks about kidney disease.
Amir has anephew with turrett like symptoms.
Robin wants to know more about ovarian cancer.
Daniel asks about bladder cancer that keeps reoccurring.
Paula has a child (man ) with downs syndrome.

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Dead Doctors Don't Lie Program 23 October 2014

Monologue

Dr. Joel Wallach starts the show today discussing Proposition 46 in California... The proposition would mandate drug testing for doctors among other things.

Pearls of Wisdom

Bill Graff and Dr. Wallach discuss a news article showing that stress apparently can be linked to an eleven pound average weight gain in test subjects over a year period of time. The Ohio State University study studied 58 women.

Callers

Janice has a Desonia question regarding her mother.
Constance has an auntie with diabetes and circulation issues.
Jane wants to know about gluten intolerance.
Allen has some product questions.
Audra has hypo-thyroidism.

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Dead Doctors Don't Lie Program 22 October 2014

Monologue

Dr. Joel Wallach starts the show today discussing news that fast food companies and soft drink companies earnings are down. Asserting this is because of the news of a study that found people drinking 20 ounce sodas daily lose cell life equivalent to those who smoke. Recommending the various energy drinks available from Youngevity.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the woes of Dr. Mehmet Oz. Previously he had to go before a senate committee for promoting a weight loss product that doesn't have proven efficacy. This green coffee bean extract was called a "magic weight loss cure" by Dr. Oz on his television show. The one study backing the product was paid for by the manufacturer, Applied Food Sciences Inc. That study has now been retracted by it's authors Joe Vinson and Bryan Burnham.
Callers

Reggie has been diagnosed with chronic pancreatitis.

Zena asks Dr. Wallach about the disclaimers on the Youngevity’s product labels.

Marion has been diagnosed with kidney disease and gout.

Marcus asks Dr. Wallach his opinion of gluten free oatmeal.

Steve has a friend diagnosed with degenerative disk disease.

Kathleen asks Dr. Wallach about the sugars and colorings in the Youngevity products.

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Dead Doctors Don't Lie Program 21 October 2014

Monologue

Dr. Joel Wallach starts the show today discussing his latest book “Epigenetics”. Stating that if doctors treating child bearing age women gave the women the 90 essential nutrients. Asserting if doctors would do this all congenital birth defects could be eliminated for good.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of sugary sodas. A study of over 5000 adults found those drinking a least one 20 ounce soda daily age their cells as if they were smokers. Those drinking the sodas were found to shorter telomeres on the ends of their cell's chromosomes.

Callers

Amer has several health challenges including congestive heart failure, lupus, stroke and hypothyroidism.

Janise has been diagnosed with narcolepsy.

Phillipa has neuropathies following aggressive chemotherapy treatments.

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Dead Doctors Don't Lie Program 20 October 2014

Monologue

Dr. Joel Wallach starts the show today discussing failed medical theories. Also stating that people should approach their health like their car. Performing regular preventative maintenance. Instead of waiting until there is a problem fixing things before they break.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a Swedish study on cravings. The study found that people who drank a spinach extract had their food cravings were reduced by 95%. The article outlines 6 foods that are high in a compound called “thylakoids” that helps the body make better use of the hormones that tell the body it is full.

Callers

Kekoa has questions concerning dialysis.

Ruth's mother has been diagnosed with COPD (chronic obstructive pulmonary disease).

Angela's son has a skin disease and asks Doc which Youngevity products she should give him.

Kadie's daughter has MD (muscular dystrophy) and wants to use nutrition to manage the symptoms.

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Dead Doctors Don't Lie Program 17 October 2014

Monologue

Dr. Joel Wallach begins the show today discussing the discovery 28 mass graves in Canada. The graves containing more than 50,000 bodies of Native Canadian children who were experimented on by the medical community. Some of the graves dating back to the late 1800s all the way up to the 1970s. Doc asserts this just another example of how far back the arrogant attitude of the medical community goes back.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding infants infected with a deadly form of TB (tuberculosis). After a nursing assistant with active TB was allowed to continue to work in a hospital nursery for several weeks even
after exhibiting TB related symptoms. Now eight infants have tested positive for TB and the hospital is reporting that 860 infants were possibly exposed.

**Callers**

Cindy has tested positive for HPV (human papilloma virus) and is afraid of developing cancer.

Gayle's son possibly has an egg allergy and is concerned it has affect his cognitive function.

Delia has several health challenged including spider veins, Celiac disease, hypertension, arthritis and cataracts.

Susan has a friend diagnosed with high blood pressure and twitching facial muscles.

Robin has two questions the first concerns a dog diagnosed with Cushings disease. Second she has a question regarding a dog with melanoma of the eye.

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**Dead Doctors Don't Lie Program 16 October 2014**

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**Monologue**

Dr. Wallach starts the show today citing a New York Times article that is calling the Texas Presbyterian Hospital the "Hospital from Hell". Asserting that the hospital and the CDC have handled the ebola crisis horribly. Stating that according to the CDC nearly 100,00 patients a year die from hospital acquired infections.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning a Spanish study that found women get more multiple health conditions than men. Studying data from previous studies from 12 different countries researchers found that women may suffer from multiple conditions 62% more than men. Saying more research is needed because they don't know why this is occurring. Doc asserts it is partly because these women likely have gluten intolerences.

**Callers**

Carmen is experiencing hair loss and edema in her feet.

Isaac has chronic recurring diarrhea for several years.

Petra has a cat that has recurring kidney stones.

Sandra's husband has shingles and adult acne.

http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio
Diane has a friend that has been diagnosed with bleeding ulcers.

James has a friend diagnosed with prostate cancer, kidney failure and liver cirrhosis.

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Dead Doctors Don't Lie Program 15 October 2014

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Monologue

Dr. Joel Wallach begins the show today discussing the ebola scare in the U.S. Citing the statistics of how many patients contract infections from health workers. Asserting that he’s not surprised that the two nurses contracted the ebola virus. Because he knows how poorly healthcare workers handle personal hygiene.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a Consumer Report. The report was on arthritis pain citing several ways to try and control or manage the pain. Also stating that rheumatoid arthritis is an auto immune disease. Doc disagrees citing Harvard studies that state getting operations for arthritis pain are useless.

Callers

Heather has a friend with osteoporosis and is anemic.

Madrew has a friend with arterial blockages in their kidney.

Carol has a kitten that was injured in a fall.

Barry has questions regarding his wife and daughter who are both obese.

Miriam has several health challenges including edema, arthritis and weight gain.

Brianna has a friend with hepatitis C and liver cirrhosis.

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Dead Doctors Don't Lie Program 14 October 2014

Download File
Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing the importance of cell health. Also contending that there is "fear mongering" regarding the ebola virus scare. Contending that many are using this as an excuse for government intervention. Asserting that all disease begins within cells.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a study of eating habits. The study from Cornell University found that people eating with someone overweight were more likely to eat more and eat less healthy foods. Researchers also found that people were likely to eat 44% more when dining with someone else regardless of their dining companions weight than when eating alone.

Callers

David had an aneurysm six years ago and still struggling to regain full function of his left side.

Eldora has a follow up call concerning weight loss.

Jason is a type 2 diabetic having difficulty controlling his blood sugar levels.

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Dead Doctors Don't Lie Program 13 October 2014

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Monologue

Dr. Joel Wallach starts the show today discussing the need to be prepared for disaster. Stating that he believes ISIS terrorists will intentionally infect themselves and cross the U.S. southern border to infect Americans. Asserting people must be prepared by having plenty of food, water, medical supplies, supplements and fuels stockpiled. As commerce could stop and there won't be any of these items available for purchase.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report out from the CDC (Centers for Disease Control and Prevention) that states Americans are living longer. The report states life expectancies are at an all time high of 78 years and 9 plus months. People who were 65 in 2012 will live another 19 or 20 years. Infant mortality slightly dropped slightly to 5.98 deaths per 1000 births. However, the U.S. infant mortality continues to be much higher than most European countries.

Callers

Elizabeth is a type 2 diabetic with high cholesterol and is having difficulty controlling her blood sugar levels.
Wanita has been diagnosed recently with stomach cancer.

Greg has a friend diagnosed with degenerative disk disease and is experiencing chronic knee pain.

Anthony has a friend diagnosed with an enlarged prostate.

Kat has a friend with MRSA (methicillin-resistant staphylococcus aureus) around her mouth preventing her from eating.

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Dead Doctors Don't Lie Program 10 October 2014

Download File

Monologue

Dr. Joel Wallach starts the show today stating that the world is in crisis. With ebola epidemic and radical terrorists he believes they will infect themselves with the disease. Then come across the southern border of the U.S. by the thousands. Creating an epidemic in our country creating chaos. Asserting that people need to stock up on food, nutrients, water and ways to keep others away.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study on coffee. A study from the National Cancer Institute that found people who drank at least 3 cups of coffee daily had healthier livers. Interestingly it didn't matter whether it was caffeinated or decaffeinated. For the study researchers studied the coffee drinking habits of more than 27,000 people ages 20 or older. Took blood samples and looked at markers that indicate poor liver health. The coffee drinkers had lower levels of these markers indicating healthier livers.

Callers

Susan has a friend who has several health challenges including neuropathies, high blood pressure, obesity, diabetes and osteoporosis.

Marcos has questions concerning gluten intolerance.

Carmen has a torn rotator cuff.

Nelly has difficulty breathing but doesn't want the drugs her doctor is offering.

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Monologue

Dr. Joel Wallach begins the show today discussing congenital birth defects. Asserting they can all be eliminated if women of child bearing age start supplementing with the 90 essential nutrients. Citing several of these diseases and outlining which nutrient deficiencies are the cause.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning several health challenges that are linked to weight gain and obesity. Carrying extra weight is linked to increased risk of cancer, migraines, infertility, premature births, sleep disorders, bullying, difficulty finding doctors and lower wages. Doc asserts that these are all good reasons to use Youngevity’s “ASAP” weight loss product.

Callers

Anthony has a friend whose dog is very old and is arthritic.

Marcia's son has asthma and hypertension.

Nana has several health challenges including weight gain, fibroids and arthritis.

Diana has high blood pressure, weight gain, cataracts, type 2 diabetes and kidney failure.

Teeray's husband has gout, high blood pressure and renal disease.

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Monologue

Dr. Joel Wallach begins the show today discussing gluten intolerance. Asserting that he believes Elvis Presley died from complications from being gluten intolerant. Outlining the reasons why he believes this to be true. Contending that as much as 30% of Americans is gluten intolerant.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story concerning moving into the pet and livestock market. Drug companies are now approaching Wallstreet for start up money for drugs designed for animals. In fact Pfizer Inc. sold it's animal division Zoetis for $2.2 billion. Animal medicines and vaccines sector is expected to grow by 5.7% per year.

Callers

Linda's husband has several health challenges including osteoporosis, enlarged prostate, hypothyroidism, asthma and hypertension.

Renee has a friend whose 21 month old baby has a whole in it's heart and has contracted the entero 68 virus.

Maureen has osteoporosis, hypothyroidism and acid reflux.

Terese has a friend whose child has been diagnosed with a rare bone disease.

Margarite's father is a type 2 diabetic experiencing neuropathies in his legs.

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Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a new mental illness. The new illness is called "orthorexia nervosa" which is when a person is obsessive about eating healthy. Anyone who is obsessive about eating organic, gluten free, dairy free and cleans toxins from their bodies has this disease. Both Ben and Doug disagree and contend if people want to avoid degenerative diseases they should be obsessive about eating healthy and taking supplements.

Callers

Leon has a friend with several health challenges including hypertension, pain in the hips and pain in the knees.

Sally has bone on bone arthritis in her knees.
Betty is taking several prescription drugs for high blood pressure, anemia and acid reflux.

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Dead Doctors Don't Lie Program 06 October 2014

Download File

Monologue

Dr. Wallach starts the show discussing his theory of why mineral supplementation is important for good health. Asserting that when it comes to health Americans are moving in the wrong direction. Citing a study that claims children born in 2001 will not outlive their parents.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a study on chronic illnesses in children. The study was originally designed to assess the overall health of American children by comparing disease rates to access to healthcare, race and ethnicity, state of residence and special needs status. What they found was that 43% of children suffer from at least one of 20 conditions considered in the study which did not include obesity and weight gain. When obesity and weight gain were considered the rate jumped to 54.1%.

Callers

Carl has a friend whose child has been diagnosed with ADHD.

Doug has a friend whose wife has been diagnosed with breast cancer.

Keith has a friend whose doctor wants to transplant his kidneys.

Arthur has been diagnosed with hyperparathyroidism and doctor wants to remove his parathyroid.

Gary's wife has been diagnosed with atrial fibrillation.

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Dead Doctors Don't Lie Program 03 October 2014

Download File
Monologue

Dr. Joel Wallach starts today's show discussing "generational diseases". Diseases thought by the mainstream medical community to be genetic. Asserting that many of these diseases are actually due to a gluten intolerance. Contending gluten damages the villi in the small intestine resulting in nutritional deficiency diseases.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning two studies on celiac disease. Previously there had been theories that giving small amounts of gluten to infants at ages 4 to 6 months could prevent celiac disease. The two studies found that these theories are wrong. One study found that giving gluten at age 12 months seemed to delay the disease but ultimately did not prevent the disease.

Callers

Kimberly's father has been diagnosed with pulmonary fibrosis.

Rachel has several health challenges including Lyme's disease, leaky gut syndrome and muscle wasting.

Barry has a history of skin cancer, kidney stones and now has glaucoma.

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Dead Doctors Don't Lie Program 02 October 2014

Download File

Monologue

Dr. Joel Wallach starts the show today discussing his theory on why the oceans are dying. Asserting that because all of the major rivers in the U.S. are dammed silt is no longer getting to the ocean. Thus the plankton that feeds on the minerals are diminishing. Because of this small fish that feed on the plankton are declining and on up the food chain. Doc also states that disaster are certain to occur and people need to be prepared. Contending his book "God Bless America" outlines how to get prepared before a disaster occurs.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning studies that have linked obesity to an increased risk of cancer. Researchers followed over 900,000 people for 16 years and found the heaviest participants were more likely to develop and die from cancer than participants who were at a healthy weight. Authors concluded being overweight "could account" for 14% of all deaths from cancer in men and 20% of those in women.
Callers

Linda has been diagnosed endometrian cancer.

Kacooa has several health challenges including type 2 diabetes, kidney failure, high blood pressure and weight gain.

Greg has two questions the first concerns a friend with clogged arteries. Second he has questions regarding his father-in-law's type 2 diabetes.

Osu has questions regarding with macular degeneration.

Nathanial is a type 1 diabetic with vitaligo and kidney failure.

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Dead Doctors Don't Lie Program 01 October 2014

Download File

Monologue

Dr. Wallach starts the show discussing type 2 diabetes. Outlining what causes the disease as well as how to prevent getting it. He also asserts that type 2 diabetes can be reversed through lifestyle changes and nutritional supplementation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing type 2 diabetes. As a news article states the International Diabetes Federation is stating that by 2030 552 million adults will have the disease. That means that one out of every ten adults will have type 2 diabetes. The article outlines five lifestyle changes that can reduce type 2 diabetes by 80%. Recommending a healthy diet, exercise, normal body weight, no smoking and moderating alcohol consumption.

Callers

Paul's wife suffers from chronic nausea.

Lee has been diagnosed with sclera derma and type 2 diabetes.

Bill has a friend who has been diagnosed with Milroy's disease.

Darlene has MS (multiple sclerosis) and wants a nutritional supplement protocol.

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Monologue

Dr. Wallach starts the show today discussing his book "God Bless Americans". Stating people need to educate themselves on preparedness. Contending people need to store food, water and fuels. As well as having a plan on how to protect your supplies and family. Asserting that it's not if some sort of disaster is going to happen but when it will happen.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss the passing of Dr. Stan Monteith who passed on Monday September 29th. Outlining his many accomplishments of trying to warn the American people of the dangers of the New World Order. He also spoke of the problems of vaccines, fluouride and the Federal Reserve.

Callers

Anthony has been diagnosed with a cyst on his gall bladder.

Joe's wife is experiencing stomach pain when she takes the Osteo FX product.

Nick has been diagnosed with gastroparesis.

Cindy's brother has been diagnosed with ankylosing spondylitis.

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Monologue

Dr. Wallach starts the show discussing heart disease. Outlining the four forms of heart disease asserting that all are preventable and most can be reversed. Finally he discusses congestive heart disease caused by a vitamin deficiency.

Pearls of Wisdom

Billy Graff and Dr. Wallach talk about a Medical Doctor that is using his senses and brain to diagnose patients. Dr Allan Ropper is a neuroscience doctor who tries first to make a diagnosis without machines. He is teaching his med students the art of diagnosis in the old school way..by talking with and observing his patients.
Callers

Sandra has kidney and heart questions
Jeanetta has a testimony about youngevity products helping her with cancer and a question about her friend who also has cancer.
Martin's wife is suffering from kidney issues
Rudy asks about aortic valve and knee questions.

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Dead Doctors Don't Lie Program 26 September 2014
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Monologue

Dr. Wallach starts the show discussing heart disease. Outlining the four forms of heart disease asserting that all are preventable and most can be reversed. Asserting that inflammation can cause coronary artery disease. Contending clots can cause stroke or thrombotic coronary artery disease. Hypertrophic cardiomyopathy which he believes is a selenium deficiency. Finally he discusses congestive heart disease caused by a vitamin deficiency.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing heart disease. Talking about a news article concerning a book titled "The Great Cholesterol Myth". The book by Dr. Jonny Bowden contends that cholesterol does not cause heart disease. He also asserts that all of the focus on cholesterol has taken attention away from things like inflammation, oxidative damage, stress and too much sugar. All ideas that Dr. Wallach has been talking about for decades.

Callers

Tabitha has questions concerning IBS (irritable bowel syndrome) and greying hair.

Jimmy's mother has several health challenges including Parkinson's disease, fatty liver tumors, liver cirrosis, fibromyalgia and type 2 diabetes.

Diane's husband has been diagnosed with diverticulosis.

Ed is experiencing peripheral neuropathies he believes could by due to type 2 diabetes.

Al has questions on how to treat ear mites in cats and dogs.

Renee has hypothyroidism and sleep apnea.

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Dead Doctors Don't Lie Program 25 September 2014

Monologue

Dr. Wallach starts the show discussing type 2 diabetes. Asserting that 90% of people with diabetes have type 2. Contending that with lifestyle and dietary changes coupled with a nutritional supplement plan the condition can be prevented and reversed.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news articles regarding the health. The first article concerns some 6000 federal lawsuits against manufacturers of surgical mesh. This mesh is inserted in women with pelvic organ prolapse a condition where muscles weaken and causing organs to bulge or slip down into the vagina. Women are suing the manufacturers contending they weren't warned about possible complications that leave the women in pain. The next article discussed concerns a report that analyzed 24 previous studies finding that eating "high-glycemic" foods increases the risk of developing type 2 diabetes.

Callers

McKenzie has a friend with rheumatoid arthritis.

Rachel was diagnosed with Lyme's disease three years ago.

Dean has been diagnosed with osteoarthritis and his doctor wants to replace his hips.

Darlene has MS (multiple sclerosis) and called to give a testimonial on how changing her diet and adding a supplement program has reduced her symptoms.

Gina and her sisters all suffer from chronic fatigue.

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Dead Doctors Don't Lie Program 24 September 2014

Monologue

Pharmacist Ben Fuchs starts the show today discussing his gall bladder issues". Ben outlines all of the failed medical methods that deal with gall bladder issues and points out why the medical model fails again.

Pearls of Wisdom

Billy Graff and Ben discuss a news article alzheimers data.
Monologue

Dr. Joel Wallach starts the show today discussing his latest book "Epigenetics". Stating that Gene Watson who discovered the double helix claims that all of the experiments done on genetics were worthless. Doc outlines all of the failed medical theories starting with evil spirits and ending with genetics.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a possible tuberculosis outbreak in Texas. An employee working the nursery of Providence Memorial Hospital interacted with patients and employees for nearly a year before being diagnosed. The disease is spread through the air and can be dormant for months or years. The hospital is offering free screening and follow up care.

Callers

Isaac has been diagnosed with Crohn's, an anal fistula and hemorrhoids.

Gottfried has a friend diagnosed with retinal bleeding.

KyleAnn has a friend whose son has been diagnosed with MD (muscular dystrophy).

Marcia's son has a chronic cough.

Fred has testimonial on well Youngevity products worked for a friend of his. He also has questions about arthritis.

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Monologue

Dr. Joel Wallach starts the show discussing cystic fibrosis. Outlining the story of how he discovered the first nonhuman case of cystic fibrosis in monkeys back in the 1970s. When he presented his data he was fired because his employers wanted to continue believing it was a genetic disease. Despite him proving the cause of cystic fibrosis was environmental.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news report concerning a report out from the CDC (Centers for Disease Control and Prevention). Since 1999 up to 2011 the number of deaths from prescription painkillers like Oxycontin and Vicodin has quadrupled. In 1999 opioid drug deaths was 4263 by 2011 the number had risen to nearly 17,000. In addition deaths from a combination of opioids and benzodiazepines, like Xanax or Klonopin has almost tripled.

Callers

Joe has hypertension and wants to control it without drugs.

Sylvia has kidney disease that has resulted in high blood pressure.

Carmen has extremely dry hair and skin.

Anne is experiencing tremors that have now moved to her tongue.

LeAnn has been diagnosed with colon polyps and hemorrhoids.

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Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning a study from the CDC (Centers for Disease Control and Prevention). The study found that despite all of the news about America's weight problem waistlines are getting bigger. The average waistline in 1999 was 37.5 inches in 2012 it grew to 38.7 inches. In fact in 2012 54.2% of Americans had a waistline more than 40 inches.

Callers

Bill's daughter has been diagnosed with hypersomnia.

Charles's wife had surgery for cervical cancer and continues to have abdominal pain.

Kay has allergies and rheumatoid arthritis.

Cindy has a friend with a hernia, bleeding ulcers and low red blood cell levels.

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Dead Doctors Don't Lie Program 18 September 2014

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing essential fatty acids. Specifically prostaglandins and outlining what they are and how they function in the body. Contending these prostaglandins are most likely the most important molecules in the body in relation to good health.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning hunger. The article outlines 10 types of hunger the first being real hunger when the body actually need food. The rest are things like TV hunger (mindless eating), bored hunger (eating out of boredom), hangry hunger (combo of being angry and hunger), afternoon hunger (eating late in the day), stress hunger (eating when stressed), PMS hunger (menstrual cycles cause cravings), head hunger (eating to avoid something else), eye hunger (eating just because the food is there), celebration hunger (eating to celebrate special occasions). Doug and Ben both agree the correct cause of eating when not really hungry was not addressed. As cravings are caused by nutritional deficiencies that are hard wired into our brains.

Callers

Dwayne is experiencing memory loss and bone on bone arthritis.

Cindy's brother has been diagnosed with ankylosing spondylitis.
Trish has chronic asthma and wheezing.

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**Dead Doctors Don't Lie Program 17 September 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing the fact that every year doctors bill Medicare, Medicaid and private insurers $750 billion for unnecessary tests and procedures. Also outlining how medical doctors have legislated themselves into a "protected monopoly". Asserting that is how they are able to get away with bilking patients and their insurance for decades.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning a doctor who is up on fraud charges. This Detroit oncologist Dr. Farid Fata has pleaded guilty to 16 charges including money laundering and conspiracy. In a six year period Dr. Fata billed Medicare $225 million and was paid at least $91 million. A U.S. Attorney Barbara McQuade is seeking life in prison.

**Callers**

Joe's wife has been diagnosed with RA (rheumatoid arthritis).

Cindy's father has poor circulation and acid reflux.

Sandra is a type 2 diabetic experiencing painful neuropathies.

Anne is a type 2 diabetic trying to control her blood sugar levels with nutritional supplements.

Eldora has follow up questions concerning her husband's diagnosis of hepatitis C.

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**Dead Doctors Don't Lie Program 16 September 2014**

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Updated: Wed, 23 Sep 2015 09:23:49 GMT

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Monologue

Dr. Joel Wallach starts the show discussing a news article regarding a survey of satisfaction. Using several criteria the survey determines each person's level of satisfaction of their lives. Americans have dropped to seventeenth in the world with the top countries on the list being South American countries. Doc also outlines several other categories and where the U.S. ranks. Such as ranking 40th in live births and surviving the first year of life.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a study on the use of antibiotics. Researchers looked at several other studies going back to 2001 and up to 2011. Finding that 27.4% of infections were bacterial but 57% were treated with antibiotics. Amounting to 11.4 million unnecessary prescriptions for antibiotics.

Callers

Robert's unborn infant has been diagnosed with Down's Syndrome.

Phillip has several health challenges including obesity, low back pain, atrial fibrillation and bone on bone arthritis.

Sherry has questions regarding calcium deficiencies.

Mary has severe acid reflux and had a operation to repair her esophagus that failed.

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Dead Doctors Don't Lie Program 15 September 2014

Download File

Monologue

Dr. Joel Wallach starts the show discussing his latest book "Epigenetics". Outlining all of the failed medical theories starting with evil spirits all the way through the idea that disease is caused by germs. Then all disease was caused by viruses the genetics. Asserting that his book dispels all of these theories.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a couple of news articles the first concerns a study that found even a 5% increase in body weight can slightly increase blood pressure. Second they discuss a news article regarding a study on fruit flies. For the study researchers activated a gene named AMPK that controls the mechanism that keeps cell clean from protein plaques that have been linked to aging diseases such as Alzheimer's and Parkinson's. The fruit flies in the study lived 30% longer and stayed healthy as well.
Callers

Helen's husband has several health challenges including Epstein Barr, dementia, hypothyroidism and low sodium levels.

Daniel's mother was recently diagnosed with breast cancer.

Linda has Lyme's disease and low platelet levels.

Kathy has a lipoma on her leg, dark circles under her eyes and spider veins.

Charlotte's husband has ED (erectile dysfunction) and hearing loss.

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Dead Doctors Don't Lie Program 12 September 2014

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Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach beginning the show outlining Dr. Wallach's life. Touting him as a leader in the field of clinical nutrition because of all of the research and and clinical work he has performed. Asserting that if people would just follow Dr. Wallach's advice health in America could be turned around.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning a woman diagnosed with MS (multiple sclerosis). The mother of four was diagnosed with MS at the age of 40 and told by her doctors to get ready for life in a wheelchair within the next 5 years. She did research on her own and found that those taking MDs advice and took medication were getting worse. The she found a man who had taken an alternative route and found success. So she sought out a naturopathic doctor who got her to change her diet and start taking supplements. A year after the initial diagnosis an MRI revealed all of the 10 previously identified lesions were gone.

Callers

Lisa's husband has been diagnosed with aspergillus of the lung.

Don has questions about chronic headaches and weight loss.

Heather is experiencing chronic diarrhea.

Fred has been diagnosed with congestive heart failure.
Dead Doctors Don't Lie Program 11 September 2014

Download File

Monologue

Dr. Wallach starts the show discussing a news article concerning hospice care. In recent years the cost of hospice care has increased by 70%. Doc asserts this is because doctors are milking the system by unnecessary tests and procedures.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on hypertrophic cardiomyopathy. The story centers around a specific family who has had several members die from this disease. The article states that it is an autosomal dominant genetic condition which Dr. Wallach vehemently disagrees. Asserting that cardiomyopathies are caused by a selenium deficiency.

Callers

Joan has a friend whose daughter has been diagnosed with ADHD.

Mike has a friend diagnosed with porphyria, a rare neurological condition.

Frank's wife has Parkinson's disease.

Mary has a follow-up call concerning her husband who has a glioma.

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Dead Doctors Don't Lie Program 10 September 2014

Download File

Monologue

Dr. Joel Wallach starts the show today discussing failed medical theories. Chronologically outlining these various theories starting with evil spirits to upset gods all the way up to genetics as the cause of disease. Stating that many diseases are actually nutritional deficiencies or problems with absorption.
**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding a new type of ankle replacement surgery. The surgery is designed to reduce bone on bone joint pain. Costing well over $40,000 and not covered by many insurance companies. Doc asserts that in 2002 Harvard University presented a study that concluded knee replacement surgery for bone on bone pain is “useless”.

**Callers**

Brenda has a friend with several health challenges including hypertension, type 2 diabetes, acid reflux and kidney disease.

Cindy's nephew has been diagnosed as anemic.

Cat has hyperthyroidism and several other health challenges that she is trying to control them without drugs.

Rubin is on dialysis and having trouble maintaining potassium levels in his blood.

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**Dead Doctors Don't Lie Program 09 September 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing longevity and why some cultures live longer. Outlining the top twenty long lived cultures and that they are all third world cultures. Contending these cultures have 40 times the centenarians as we do in the U.S. Asserting they have no doctors no medical insurance and they use wood ash in their gardens.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out from the Office of the Inspector General. The report states that the Department of Homeland Security is “ill prepared” to deal with a pandemic. Finding the DHS is sitting thousands of doses of antivirals that are soon to expire. The DHS was given $47 million by Congress in 2006 to prepare for a pandemic type of medical crisis.

**Callers**

Jan's father has severe edema in his legs and feet.

Anna's daughter had torn ACL surgery a couple of years ago but is still experiencing severe pain.

Sandy has problems with low blood sugar levels.
Eldora has questions concerning IBS and low iodine levels.

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Dead Doctors Don't Lie Program 08 September 2014

Download File

Monologue

Dr. Wallach starts the show today discussing medical mistakes. Contending that the recent death of comedian Joan Rivers could have been avoided. Citing several other famous people who have died in recent years during "routine" screening tests or procedures. Outlining the numbers of people that are injured, killed and infected every year in the U.S.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a new study of technologies to help surgeons find lost sponges. Studies estimate that "retained surgical items" occurs once in every 5500 to 7000 surgeries. According to the National Center for Health Statistics in 2010 there were 51.4 million in patient procedures performed. The study found that hospitals using sponges with chips that use radiofrequency detections systems don't lose as many sponges. They also found the costs of using these systems were less than the cost of sponge retrieval and lawsuits.

Callers

Victoria has a friend with carpal tunnel syndrome and sleep apnea.

Marcia has several health challenges including hypertension, type 2 diabetes and constipation.

Pat has been diagnosed with cataracts.

Sandra has been diagnosed with Ehler’s Danlos a rare connective tissue disease.

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Dead Doctors Don't Lie Program 05 September 2014

Download File
Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach starting the show discussing dysglycemia. Outlining the connection with the metabolic syndrome and type 2 diabetes. Contending that in his opinion most Americans problems with blood sugar levels. However unfortunately most don't even know they have a problem.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article that outlines several natural ways to control candida. The article contends that most people have problems with candida at some time in their lifetime. Items such as garlic, essential oils, coconut oil, wormwood, ginger and cinnamon. Ben asserts that another method is to cut back on sugar because candida feeds on sugar.

Callers

Sylvia has questions regarding kidney disease.

Paul has had chronic sinus drip for 90 years.

Cindy's son recently had a vasectomy and has continued bleeding.

Sue asks Ben about foods that contain phytates.

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Dead Doctors Don't Lie Program 04 September 2014

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Monologue

Dr. Wallach starts the show discussing gluten intolerance. Asserting that 30% of Americans are gluten intolerant leading to several health challenges. Contending there are epidemics of chronic diseases such as diabetes, heart disease and cancer.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding baby boomers who are living longer but aren't healthy. The author contending there are impending increases in hypertension, high cholesterol, diabetes and obesity. Doc asserts that all of the afor mentioned conditions are actually preventable and reversible with nutritional supplementation.

Callers

Doug has a friend diagnosed with degenerative disk disease.
Jerry's son has MD (muscular dystrophy).

Sandy has been diagnosed with polymyalgia rheumatica.

Mary's husband has hypertension.

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Dead Doctors Don't Lie Program 03 September 2014

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Monologue

Dr. Joel Wallach starts the show discussing a news article concerning an emergency room visit. A young couple's son fell and bumped his head and still had a lump several days later. Concerned the parents took the boy to the ER and got a $20,000 bill for a fifteen minute visit. The couple protested and tried to get the hospital to lower the bill but the hospital would not lower the bill.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a British study of insurance claims. The study of over 2 million insurance auto accident claims found that when broken down by profession surgeons file over a third of at-fault claims. Of the top ten professions of people who are involved in auto accidents the other nine are also medical professions like nurses and phycologists.

Callers

Eldora's husband has been diagnosed with hepatitis C.

Sandra is a type 2 diabetic with high blood pressure and high blood sugar levels and recently had a stroke.

Cindy is a type 2 diabetic with chronic back pain.

Jack has questions concerning a friend diagnosed with fibromyalgia.

Nick's aunt has an extreme magnesium deficiency.

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Dead Doctors Don't Lie Program 02 September 2014

Download File

Monologue

Dr. Joel Wallach start the show today discussing failed medical theories. Chronologically outlining various theories such as bloodletting, reading humors and evil spirits that have been thought in the past to provide good health. Stating that his new book "Epigenetics" dispels the theory that disease can be caused by bad genes.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on cancer. The story outlines 10 questions the author Dr. Bavesh Balar believes new cancer patients should ask their care givers. These questions are a good idea but one question was left out and that is "How patients have your treatments cured?" As well as how long have patients stayed cancer free?

Callers

John has questions concerning the "Healthy Start Pack". Finding he gets diarrhea after taking the products.

Lynn has questions concerning her dog that has a fatty tumor and heavy shedding.

Dorothy has chronic headaches she believes is linked to taking supplements.

Joe has several health challenges including type 2 diabetes, constipation, enlarged prostate, fatigue and weight gain.

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Dead Doctors Don't Lie Program 01 September 2014

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Monologue

Dr. Wallach starts the show discussing some of the history of medicine. Citing a story of how centuries ago herbalists were burned at the stake as witches. Telling the story of Dr. Semmelweis who was a pioneer in antiseptic medicine. Whose ideas were rejected at the time and he was put into a mental institution where he later died. Outlining his own story of how he was fired for discovering that cystic fibrosis is a nutritional deficiency during pregnancy.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on a growing pattern of doctors and nurses being fired for whistle blowing on overuse of tests and procedures. The Mayo Clinic recently found that doctor burnout rate is at 46% due to hospital mergers and a disconnect between those setting policy and those providing care.
Callers

Wendy has several health challenges including breast cancer, restless leg syndrome, IBS and hypertension.

Greg has questions concerning his mother who has been diagnosed with a urinary tract infection.

Bonnie has a friend diagnosed with Bells palsy.

Julie's mom has several health challenges including atrial fibrilation, hypertension, congestive heart failure and obesity.

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Dead Doctors Don't Lie Program 29 August 2014

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Monologue

Dr. Joel Wallach starts the show discussing failed medical theories. Citing salt restriction as an example pointing out that the Japanese use a lot of salt but have less heart disease. Explaining the human body needs salt to make sodium chloride for the proper PH in the stomach acid.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of prostate cancer. British researchers found that men who ate 10 or more servings of tomatoes a week they were 18% less likely to get prostate cancer. Something Doc has been saying for several years. The study also found those who had more calcium, selenium and lycopene (found in tomatoes) were also less likely to get prostate cancer.

Callers

Trey has a friend diagnosed with diverticulitis.

Teresa's boyfriend has several health challenges including hypothyroidism, acid reflux, migraines and depression.

Mary has a friend with liver cirrhosis.

Carol is pregnant but has had several previous miscarriages.

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Dead Doctors Don't Lie Program 28 August 2014

Monologue

Dr. Wallach starts the show discussing his theory of why mineral supplementation is important for good health. Asserting that when it comes to health Americans are moving in the wrong direction. Citing a study that claims children born in 2001 will not outlive their parents.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a study on chronic illnesses in children. The study was originally designed to assess the overall health of American children by comparing disease rates to access to healthcare, race and ethnicity, state of residence and special needs status. What they found was that 43% of children suffer from at least one of 20 conditions considered in the study which did not include obesity and weight gain. When obesity and weight gain were considered the rate jumped to 54.1%.

Callers

Carl has a friend whose child has been diagnosed with ADHD.

Doug has a friend whose wife has been diagnosed with breast cancer.

Keith has a friend whose doctor wants to transplant his kidneys.

Arthur has been diagnosed with hyperparathyroidism and doctor wants to remove his parathyroid.

Gary's wife has been diagnosed with atrial fibrulation.

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Dead Doctors Don't Lie Program 27 August 2014

Monologue

Dr. Joel Wallach starts the show today discussing the numbers of people who are killed, infected and injured in the doctors work place every year. Outlining several diseases that are said to be caused by genetics. Citing these diseases and stating which nutrients are deficient to cause these diseases.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning diseases that are often misdiagnosed by doctors. Diseases such as IBS, Celiac disease, fibromyalgia, rheumatoid arthritis, MS, Lyme disease, lupus, polycystic ovary syndrome, appendicitis, endometriosis, migraines, cluster headaches, hypothyroidism, type 2 diabetes and inflammatory bowel disease. Doc asserts that nearly half of these are caused by a gluten intolerance.

Callers

Allen has questions concerning MD (muscular dystrophy).

Patty has been diagnosed with non-cancerous tumors in her breast.

Marcia has hypertension and type 2 diabetes.

Cheryl has two questions the first concerns her mother who has Alzheimer's. Second she has questions concerning her son's diagnosis of sickle cell anemia.

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Dead Doctors Don't Lie Program 26 August 2014

Download File

Monologue

Dr. Joel Wallach begins the show today discussing the importance of staying prepared for natural disasters such as fires or earthquakes. As well as epidemics of disease and riots or other calamities involving other people. Contending that all of the information needed to get and stay prepared is in his book titled "God Bless America".

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news articles the first concerns a man who was declared dead but awoke in a body bag. Second they discuss a news article regarding a study on peanut allergies. Between 1997 and 2011 allergy rates among U.S. children rose by 50%. Researchers found that mice that had been engineered to either no or very little gut bacteria. When exposed to peanut allergens these mice had extreme immunological reactions. Leading researchers to believe that possibly probiotics could reverse allergy symptoms.

Callers

Gleneva has high blood pressure but wants to get off of the drugs.

Regina is dealing with chronic hair loss.
Alicia has several health challenges including chronic UTIs (urinary tract infections), fibroids, kidney stones, hypertension and stomach ulcers.

Rebecca has nerve damage in her neck due to previous surgeries.

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Dead Doctors Don't Lie Program 25 August 2014

Download File

Monologue

Dr. Joel Wallach begins the show discussing medical mistakes. Citing the statistics of how many people are killed, injured and infected each and every year. Contending that if this were any other industry it would not be tolerated.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing medical mistakes. Citing an article about a Canadian doctor who is working on making a "black box" device for operating rooms. Consisting of cameras and microphones in the OR that are connected to a computer recording all operations. The computer has software that will advise surgeons when they are making mistakes. The theory that mistakes could be corrected before a major patient complication occurs.

Callers

Jim's wife recently suffered an aneurysm stroke.

Kibby has several health challenges including type 1 diabetes, clogged heart arteries, angina, brain cancer and hemangiomas on his liver.

Bob's brother had a stroke and is now in a care facility on several psychotropic drugs.

LaFondwa has a friend diagnosed with HIV.

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Dead Doctors Don't Lie Program 22 August 2014

Download File
Monologue

Dr. Joel Wallach begins the show today discussing dementia and Alzheimer's. Citing a study that found participants given vitamins E and C had 78% less Alzheimer's after 10 years than people given a placebo. Contending that in 1993 in his lecture series he stated that Alzheimer's is not genetic but rather a nutritional deficiency.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning an Alzheimer's study. The study followed nearly 1700 participants for 5 and a half years who did not have a history of cardiovascular disease or stroke. At the end of the study researchers found those deficient in vitamin D were twice as likely to develop dementia compared to those with normal levels. Those with severe deficiency were triple the risk of getting dementia.

Callers

Clay has several health challenges including obesity, diverticulitis, COPD, sickle cell anemia, high blood pressure, type 2 diabetes and sleep apnea.

Jane has a follow up call concerning abscesses on her liver.

David is a type 2 diabetic trying to control his blood sugar without drugs.

Darlene's husband is experiencing severe seizures at night.

Karen is obese and has atrial fibrillation.

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Dead Doctors Don't Lie Program 21 August 2014

Download File

Monologue

Dr. Joel Wallach begins the show today discussing his most recent book "Epigenetics". Contending that the theory that disease is caused by genetics is wrong. Asserting that most disease is caused by nutritional deficiencies stating that most can be prevented and often reversed.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning Alzheimer's drugs. Between 2002 and 2012 there were 244 Alzheimer's drugs were tested with only one showing any success. That means that 99.6% of the drugs tested for Alzheimer's failed. Nearly all of the drugs were designed to prevent plaque buildup which is thought to be a cause of Alzheimer's symptoms.
**Callers**

Linda has two questions the first concerns her husband who has chronic allergies. Second she asks Doc about a friend with gout.

Sheryl's brother has been diagnosed with Parkinson's disease.

Charlie has questions concerning his dog that is incontinent.

Velma has been diagnosed with spasmodic dysphonia.

Lori has concerns that she has been diagnosed with a gene mutation.

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**Dead Doctors Don't Lie Program 20 August 2014**

**Download File**

**Monologue**

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing why he doesn't like prescription drugs. Outlining the importance of glucosamine for good health. Explaining how it is needed for the body to build connective tissue.

**Pearls of Wisdom**

Doug Winfrey and Ben Fuchs discuss a news article concerning the importance of eating fresh local seasonal foods. Traditional Chinese medicine has long advised the benefits of eating seasonal foods. In the summer months eating green salads, juicy, watery fruits to cool the body. While eating warming foods in the winter months to help warm the body.

**Callers**

Dina has osteoarthritis and her doctor wants to perform a knee replacement procedure.

Sally has questions regarding controlling the symptoms of schizophrenia without drugs.

Brenda has osteoarthritis and is experiencing neuropathies.

Vicky is a type 2 diabetic with several health challenges including lupus, fibromyalgia, osteoarthritis, neuropathies and hyperthyroidism.
Monologue

Dr. Joel Wallach begins the show today discussing fraudulent billing. Citing several of the statistics of where the U.S. ranks in health and longevity. Also stating that doctors fraudulently bill 750 billion dollars every year through unnecessary or often not even performed procedures.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about ER closures. In recent years 6% of the nations emergency departments have closed. While at the same time trips to the ER have increased by 51% increasing crowds and wait time. A study found there is a 5% increased risk of dying when people go to an ER that is close to one that had closed the ER.

Callers

Sarah has several health challenges including allergies, hypothyroidism, a weak immune system and type 2 diabetes.

Jim has a friend diagnosed with recurring blood clots.

Josh has two questions the first concerns his own cystic fibrosis. Second he has questions concerning a friend diagnosed with depression.

Nene has been told she has a hormonal imbalance.

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Monologue

Dr. Wallach begins the show discussing a news article on children with disabilities. Neurological and behavioral disabilities have increased by 21%. Another article states that children diagnosed with autism in 1980 is 1 out 250,000 by 1990 the rate increased to 1 out of every 2500, in 2000 it increased to 1 out of 850, 2007 1 out of 150, 2012 1 out of 88 and now in 2014 it is 1 out of 68. Asserting this is because pediatricians make 2 million dollars per patient from the age of 6 up to the age of 18.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a British study that found obese people are more likely to get cancer. The study followed 5 million people for seven years. Finding those carrying 28 to 35 extra pounds had a greater risk of uterine, gallbladder, kidney, cervical, thyroid cancers and leukemia. Those with high BMIs (body mass index) were also more likely to develop liver, colon, ovarian and post menopausal breast cancer.

Callers

Woody feels unbalanced when walking on slick surfaces.

Jennifer has a friend diagnosed with breast cancer.

Gloria is suffering from chronic insomnia and even sleeping pills don't work.

Joe's wife is experiencing a burning sensation in her mouth.

Donna has high blood pressure and dizzy spells.

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Dead Doctors Don't Lie Program 15 August 2014

Download File

Monologue

Dr. Joel Wallach begins the show today discussing where the U.S. ranks in health and longevity. Contending the U.S. now ranks 90th in health and longevity. Despite spending more on healthcare than all of the other countries combined. Causing businesses either move out of the country or re-designate employees to part time status to avoid paying for government mandated healthcare.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news article regarding healthcare in the UK. The first concerns a hospital that sent out death notices for 200 people who were still alive. Second they discuss a news article concerning doctors in the UK that won't treat people who are obese or are smokers. With one doctor quoted saying there isn't enough public money so care needs to be "rationed". Doug asserts that now the U.S. has socialized medicine this kind of thing is what we are now going to see.

Callers

Trey has questions concerning a friend diagnosed with colon cancer.
Anthony calls concerning a friend with several health challenges including sickle cell anemia, asthma, arthritis, obesity and fibroids.

Susan has a brain injury that is compromising her short term memory.

Barbara has relatives in Liberia and asks Dr. Wallach what they can do to protect against ebola.

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Dead Doctors Don't Lie Program 14 August 2014

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Monologue

Dr. Joel Wallach begins the show discussing the importance of salt in the diet. Outlining how the human body uses salt to create stomach acid. Asserting the ph of stomach acid should be between 1.5 to 2 in order to properly digest food. Contending that if food isn't properly digested many digestive problems can occur.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of salt intake. A study of over 100,000 people from 18 countries looked at salt intake and correlations to heart disease. The international survey found that those consuming 3000 to 6000 mg of salt daily had fewer cardiovascular problems than those that ate less than 3000 mg or more than 6000 mg. Japan one of the highest salt consuming countries also has one of the longest lifespans.

Callers

Don's eight year old son has a rare blood disorder.

Lindsey has a testimonial about reversing the symptoms of ADHD, bipolar, epilepsy and depression.

Jackie has a friend diagnosed with an acoustic neuroma.

Anthony has a friend with several health challenges including sickly cell anemia, arthritis, obesity, fibroids and type 2 diabetes.

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Dead Doctors Don't Lie Program 13 August 2014

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http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio

Updated: Wed, 23 Sep 2015 09:23:49 GMT

Powered by mindtouch
Monologue

Dr. Joel Wallach starts the show today discussing the death of comedian and actor Robin Williams. Asserting that in his opinion Williams was probably on prescription drugs for depression. Contending that these drugs have long been associated with suicidal and homicidal thoughts. Citing several of the mass shootings in recent years in which all of the perpetrators were on these same drugs.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of injurious falls in older people. The Swedish study found that people older than 65 taking commonly prescribe drugs are more likely to have falls that leave them injured. Men and women taking opioid pain killers as well as men taking antidepressants were more than twice as likely to have a fall injury. Women taking antidepressants were 75% more likely to have a fall injury.

Callers

Rosa's husband has high blood pressure but doesn't want to take the drugs his doctor has prescribed.

Susan has questions regarding a cat with worms.

Carmen's mother has macular degeneration and cataracts.

Nick has questions concerning fatigue he feels after physical exertion.

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Dead Doctors Don't Lie Program 12 August 2014

Download File

Monologue

Dr. Wallach starts the show discussing type 2 diabetes. Outlining what causes the disease as well as how to prevent getting it. He also asserts that type 2 diabetes can be reversed through lifestyle changes and nutritional supplementation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing type 2 diabetes. As a news article states the International Diabetes Federation is stating that by 2030 552 million adults will have the disease. That means that one out of every ten adults will have type 2 diabetes. The article outlines five lifestyle changes that can reduce type 2 diabetes by 80%. Recommending a healthy diet, exercise, normal body weight, no smoking and moderating alcohol consumption.
Callers

Paul's wife suffers from chronic nausea.

Lee has been diagnosed with scleraderma and type 2 diabetes.

Bill has a friend who has been diagnosed with Milroy's disease.

Darlene has MS (multiple sclerosis) and wants a nutritional supplement protocol.

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Dead Doctors Don't Lie Program 11 August 2014

Monologue

Dr. Wallach starts the show today discussing medical mistakes. Contending that the medical system is now a leading cause of death for Americans. Citing the statistic that over 15 million patients are infected, injured and killed with medical settings every year. Asserting that the people of America would not tolerate this in any other industry.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the use of essential oils. The article outlines how ticks find their victims using mostly a highly adapted sense of smell. Contending that rose geranium essential oil can be used to ward off ticks. Doc also outlines how some other essential oils can be used to avoid sickness.

Callers

Richard has diminished kidney function and his doctor wants him to go on dialysis.

Linda has a testimonial about a friend who reversed the symptoms of tinitis and arthritis with nutrition. She also questions regarding a friend with asthma, acid reflux and has had his gall bladder removed.

Robin has several health challenges including a pulmonary embolism, renal failure, TB and breast cancer.

Sara has three young children and asks Doc which products they should be taking. She also has questions concerning her own digestive problems.

Virginia is going through menopause and chronic hot flashes.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing anemia. Citing an article regarding a study that has found a link between anemia and Alzheimer’s. Stating that anemia is a lack of red blood cells which can lead to all kinds of breakdown diseases.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article that outlined 5 foods that are natural antibiotics. First there is local honey for allergies and wounds. Second garlic used for infections and ear aches, colds, flu and pneumonia. Ginger is good to calm an upset stomach. Finally vitamin C for combating bacterial infections and boosting the immune system.

Callers

Trey has a friend diagnosed with colon cancer.

Virginia has vitiligo and wants to control it with nutrients.

Valorie’s husband has weight gain, hypertension, neuropathies and atrial fibrillation.

Michelle asks Ben if nutritional supplements interfere with prescriptions.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing good fats. Outlining the importance of supplementing with essential fatty acids like Youngevity’s “Ultimate EFAs” . Asserting that 80% of Americans don’t get enough omega 3, 6 and 9. Citing several health challenges that can occur when people are deficient in these important nutrients.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning reasons not to use intermittent fasting for weight loss. The first is that after fasting or cutting calories for a day many people especially women binge eat afterwards. Second lack of calories can cause interruptions in sleep which in turn can increase cravings for sweet and fatty foods. Third
unless people are supplementing they will be deprived of essential nutrients. Finally fasting can lead to not only fat loss but muscle loss as well.

**Callers**

Doug has questions regarding a young girl with a rash.

Ann's mother is an Alzheimer patient whose doctor wants to perform a DNC procedure.

Mary's husband has been diagnosed with polymyalgia rheumatica.

Tara has chronic vaginal yeast infections.

Helen is a type 2 diabetic with hypertension and elevated blood sugar levels.

Gary asks for a recommendation for an alternative product for one that has been discontinued.

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**Dead Doctors Don't Lie Program 06 August 2014**

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**Monologue**

Dr. Wallach starts the show discussing birth defects asserting that many are due to pre-conception nutritional deficiencies. Outlining several such as neural tube defects found to be a folic acid deficiency. Congenital deafness is a manganese deficiency. Cystic fibrosis is found to be simple trace mineral deficiency in fact Dr. Wallach won an award for discovering this back in 1977.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article on a study of cancer screening test perceptions. More than three-quarters of 400 plus doctors surveyed believed these tests save lives. While data shows this to be a false perception.

**Callers**

Robert has questions concerning a congenital bleeding disorder.

Ray was recently diagnosed with hypertension and is experiencing frequent urination.

Annette's brother has been diagnosed with lymphodema and chronic fatigue.

Harriet calls with a update reports on herself her husband and brother.
Dr. Joel Wallach starts the show discussing a news article concerning a study on medical predators. The study found that the uneducated and poor have ten times the amputations than people in other groups. Asserting that medical doctors game the system into the billions of unnecessary procedures, tests and prescriptions.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding the FDA requirements on food labeling. Food manufacturers now to be able to put "gluten free" on labels the product must contain less than 20 parts per million of gluten. The FDA announced the new rule a year ago in order to give manufacturers time to gear up for the new labeling rules.

Callers

Maggie is taking Youngevity products and is experiencing weight gain.

Mark has been diagnosed with coronary artery disease.

Angie has a serotonin imbalance.

Todd has had seizure disorder since he was a child.

Daniel's mother has reduced kidney function, fibromyalgia and hypertension.

Ann's nephew has been diagnosed with pulmonary hypertension.

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Monologue

Dr. Joel Wallach starts the show discussing birth defects. Contending all can be prevented and some even reversed through nutrition. Asserting that all congenital birth defects are due to nutritional deficiencies either during conception or during gestation. Stating that if all child bearing age women would take the 90 essential nutrients birth defects would be wiped out.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a lawsuit against a hospital and some doctors. A man who was in for a routine circumcision awoke to realize his penis had been amputated. Johnny Lee Banks Jr. went to Princeton Baptist Medical Center for what he thought was a routine procedure. No one warned him that the procedure might result in amputation. The hospital has vowed to "defend all counts aggressively".

Callers

Bibzie has knee pain from bone on bone arthritis.

Allie has questions concerning her own glaucoma and cataracts.

Bernadine has chronic sore scratchy throat and neuropathies.

Anthony has two questions the concerns a woman with kidney disease. Second he has questions regarding a woman with hot flashes.

Carmen has been diagnosed with cervix and bladder cancers.

Patty has been told she has high cholesterol and bursitis in her shoulder.

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Dead Doctors Don't Lie Program 01 August 2014

Monologue

Dr. Wallach starts the show discussing predators that operate within the medical industry. Citing several stories of serial killers and pedophiles that were caught killing and abusing patients. Also outlining a recent story of a gynecologist at John's Hopkins that had been filming patients with a minature camera and posting online.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study on macular degeneration. The study from the University of Wisconsin School of Medicine found that smokers or people who have smoked a large number of cigarettes over time are more likely to develop age related macular degeneration (AMD) or to have it worsen sooner. The study of nearly 5000 people over 20 years as part of the Beaver Dam Eye Study examined participants at the beginning with follow up exams every five years. Over the course of the study 24% of the people developed AMD with 4.5% progressed to late stage AMD.

Callers

Charlie has been diagnosed with coronary artery disease.

Tamoyo has a friend with bone on bone arthritis.

Jessica has a friend diagnosed with COPD (chronic obstructive pulmonary disease).

Kat's friend suffers from chronic migraines.

Gerald is experiencing MS (multiple sclerosis) type symptoms.

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Dead Doctors Don't Lie Program 31 July 2014

Download File

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing sunburns. Outlining the association between sunburns and skin cancer namely melanoma. Contending that skin cancer is no different than any other time of cancer. Contending cancer occurs because of poor lifestyles that lead to unhealthy cells.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning healthy foods for the skin. The article outlines several foods such as berries, vegetables and fruits that contain compounds that promote good skin health. Ben asserts that not only can you eat these foods but people could also rub these foods on their skin and get the same effect.

Callers

Sue has been diagnosed with a Baker's cyst.

Linda has concerns about the sweeteners used the Youngevity products.
Mike has questions regarding dementia and Sjogren’s syndrome.

Dan’s eleven week old baby has been put on Nexium for reflux.

William asks about the effectiveness of the Youngevity products.

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Dead Doctors Don't Lie Program 30 July 2014

Monologue

Dr. Joel Wallach starts the show discussing "in born errors and metabolism". These are things like sickle cell anemia, type one diabetes and lactose intolerance. Occuring because the mother was missing nutrients when the baby was building these systems. Doc asserts that if child bearing age women would simply supplement before conception and during gestation these problems don’t occur.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of heart attack patients. The study found that people suffering heart attacks during business hours got crucial treatment faster than those coming into the hospital on weekends, weeknights and holidays. In fact the study found that those coming in on weekends, weeknights and holidays were 13% more likely to die from any cause.

Callers

Jane has a follow-up call from a previous call concerning liver abscesses.

Maggie has several health challenges including hypothyroidism, metabolic syndrome, high blood pressure and a high blood iron count.

Bev has a friend with abdominal masses resulting from a ruptured appendix.

Sehai’s brother is a type 1 diabetic trying to control his blood sugar levels without drugs.

Mary has a friend whose horse chronically shaking it's head.

Marjorie’s 83 year old mother recently suffer an ischemic stroke.

Charles is seeing good results using supplements to regain kidney function and control blood sugar levels.
Monologue

Dr. Joel Wallach starts the show discussing longevity. Citing the story of George Francis who lived to 112 years old. When interviewed and asked his secret to his long life he said he did all the wrong things. Eating a lot of dairy, fats and eggs his entire life as well as eating wild game. Asserting that he lived through 18 presidents who lived an average life span of 75 years whose doctors lived an average of 56 years.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about a woman whose doctors and hospital forced her to have a C section. The woman had three previous C sections increasing risk of injury or death to the infant during a vaginal birth. A federal judge, the hospital and the doctors forced the woman against her will while 80% of vaginal births following C sections come out just fine.

Callers

Omar has a friend who has been diagnosed with thyroid cancer.

Linda has a friend whose 6 year old son with a rash.

Charmain's daughter is in the hospital with an infection.

Joe has been diagnosed with spinal stenosis.

Kat’s cat has periodontal disease.

Donna is on dialysis and asks Dr. Wallach how she should go about taking supplements.

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Monologue

Dr. Joel Wallach starts the show discussing the statistics of medical mistakes. Outlining the numbers of infections, injuries and deaths that occur every year in the U.S. Also stating that all congenital birth defects are preventable through nutritional supplementation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report on the blood thinner Pradaxa. When the drug was first approved in 2010 one of the major selling points was that frequent blood monitoring wasn't necessary. Replacing the drug Coumadin which had been on the market for decades but did require constant blood monitoring. Researchers found internal employee emails that indicated the maker of the drug Boehringer Ingelheim knew that frequent blood monitoring was needed to avoid serious bleeding problems. The company's own scientists said that blood monitoring was needed to identify patients that might have bleeding problems. This information was never given to the FDA when the drug was up for approval.

Callers

Mary is experiencing chronic thick mucus in her mouth.

Dale has questions regarding vitiligo.

Patricia is a type 2 diabetic who gets tachycardia when she takes the Youngevity "Sweet Eze" product.

Nedegge has questions concerning her baby and Doc's opinion on vaccines.

Chelsey has a friend who is a type 2 diabetic with high blood pressure.

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Dead Doctors Don't Lie Program 25 July 2014

Monologue

Dr. Joel Wallach starts the show today discussing congenital birth defects. Asserting that these birth defects don't have to happen because they are all due to nutritional deficiencies. Either deficiencies during gestation or before the fetus was conceived. Contending these birth defects could be wiped out if all child bearing age women were supplementing.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a hospital, it's owner, a doctor and owner of a machine shop sued over fraud. A woman is claiming that substandard screws were used when she had a spinal fusion.
procedure. Claiming the hospital is buying non-medical parts and screws from the machine shop. Putting her life at risk due to possible heavy metal toxicity.

**Callers**

Tanya has high blood pressure, high cholesterol levels and leaky gut syndrome.

Jerry has been diagnosed with bone on bone arthritis in his shoulder.

Missy's daughter has several health challenges including type 2 diabetes, hypertension, obesity, edema and congestive heart disease.

Tracy has questions concerning the dosage of the "Blooming Minerals" product for his horses.

Tammy has degenerative disk disease, weight gain and gall stones.

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**Dead Doctors Don't Lie Program 24 July 2014**

**Monologue**

Dr. Joel Wallach starts the show discussing cultures that live to be 100 or more. Contending these cultures are still getting minerals in their food because they put wood ash (minerals) into their gardens. Asserting these peoples also don't have access to modern healthcare. Outlining that in the U.S. we used to get minerals in our crops from the silt left behind after floods. But once all of the major rivers were dammed the floods didn't happen so we stopped getting minerals.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning an Australian study on back pain. The study followed over 6600 people who had sudden (acute) lower back pain. Some were given acetaminophen regularly 3 times a day, as needed only and a placebo. The study found that all three groups were pain free in about the same number of days. The participants also rated their pain on a scale one to ten and all three groups rated their pain about the same.

**Callers**

Arnold's wife has kidney disease and her doctor wants to start dialysis.

Barbara's doctor wants to give her a knee replacement.

Omar's father is experiencing chronic abdominal pain.
Constance has periodontal disease and hypertension.

Kathy is a type 2 diabetic trying to get off of her medications.

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Monologue

Dr. Joel Wallach starts the show discussing the state of healthcare. Contending that in the old days grandma was the family doctor. Using herbs and putting wood ash in the family garden. Then when health insurance came along everyone started running to the doctor. Then healthcare evolved into big mega corporations just trying to make money for shareholders.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a meta analysis of previous studies. The study found that people who ate foods that contained probiotics daily for two months or longer lowered blood pressure. Doc asserts that probiotics aid in digestion and help people absorb minerals. Stating that most of the diseases associated with high blood pressure are caused by mineral deficiency.

Callers

Patrice had colon cancer a few years ago and now she has been diagnosed with nodules in her lungs.

Patricia has a friend diagnosed with only 18% kidney function.

Ann’s son is experiencing acid reflux.

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Dead Doctors Don’t Lie Program 21 July 2014

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Monologue

Dr. Wallach starts the show today discussing the latest in the VA scandal. It has now come to light that 639,000 veterans waited a year or longer for treatment. VA doctors actually made people wait so they could qualify for "efficiency bonuses". Doc asserts this is criminal and contends that these doctors should go to jail.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story concerning children and supplementation. The article posed a question as whether or not children should be given multivitamins. Fox New’s health editor Dr. Manny Alvarez contends that unless children have special needs such as a chronic disease, strict diet, eating disorder or don’t get well balanced meals they don’t need multivitamins. Doc vehemently disagrees asserting that this advice will really hurt a lot of children.

Callers

Marsha has questions concerning acid reflux.
Sandra's mother is a type 2 diabetic having difficulty controlling her blood sugar levels.

Diane has a friend diagnosed with end stage lung cancer.

Tonya has several health challenges including fibroids, asthma, fatigue, high blood pressure and type 2 diabetes.

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**Dead Doctors Don't Lie Program 18 July 2014**

**Download File**

**Monologue**

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach today beginning the show discussing statin drugs. Outlining many of the horrible side effects associated with this class of drugs. Also stating there has never been a study to prove that high cholesterol causes heart disease. Asserting there are better ways to prevent heart disease.

**Pearls of Wisdom**

Doug Winfrey and Ben Fuchs discuss a news article regarding two studies of niacin (vitamin B3). The studies found that those taking niacin for lowering cholesterol have and increased risk of dying, bleeding, infections and other problems. Ben asserts that the niacin in the study is not pure natural but rather niacin combined with an anti-flushing drug.

**Caller**

Gwen is a type 2 diabetic having difficulty controlling her blood sugar.

Ron has a friend suffering from migraines.

Linda has bone spurs but is taking a calcium supplement.

Audrey has bone on bone arthritis in her hands.

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**Dead Doctors Don't Lie Program 17 July 2014**

**Download File**
Monologue

Dr. Wallach starts the show discussing blood cholesterol levels. Asserting that totals should be 220 to 270 and that some cultures have blood cholesterol levels are 300 to 500 without heart disease. Contending that there have never been any studies directly linking elevated cholesterol to heart disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report from the CDC (Centers for Disease Prevention and Control) on clostridium difficile. Although some medical setting infections had gone down in recent years. At the same time the number of people hospitalized for a C. difficile infection has tripled over the past 10 years. These infections kill about 14,000 people in the U.S. every year.

Callers

Dennis had bronchial asthma for nearly sixty years and was diagnosed with diabetes forty years ago. He had been to over 40 doctors over the years with no relief. After starting a gluten free diet and taking Youngevity products for just a few months he contends he feels better at 64 than he did at age 18. Thanking Dr. Wallach for all of his help and information.

Stephanie's mother has degenerative disk disease and is experiencing peripheral neuropathies.

Florene is a type 2 diabetic taking supplements but still isn't seeing her blood sugar levels going down.

Marge asks Dr. Wallach to outline the use and benefits of Youngevity's "Blooming Minerals" soil revitalizer product.

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Dead Doctors Don't Lie Program 16 July 2014

Download File

Monologue

Dr. Joel Wallach starts the show today discussing essential nutrients. Asserting that "essential nutrients" are essential because you body doesn't make them so people must consume them. Outlining the importance of the 90 essential nutrients that he has identified necessary for optimal health and longevity.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a Swedish study on sun exposure. The study found that women who got the least amount of sun light were twice as likely to die from any cause compared to women who got a lot of sun exposure. Researchers link this to vitamin D deficiencies which has been linked to cardiovascular disease and aggressive cancers in previous studies.
Callers

Andrew has several health challenges including type 2 diabetes, hypertension, asthma and allergies.

Dale has questions concerning type 2 diabetes, retinopathy, peripheral neuropathies and spinal stenosis.

Joyce’s mother has been diagnosed with dementia.

Tammy has a friend diagnosed with two fatty tumors in his brain.

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Dead Doctors Don't Lie Program 15 July 2014

Monologue

Dr. Wallach starts the show today discussing longevity. Outlining how many cultures have several times the number of centenarians than the U.S. Contending that this is because they are third world countries with little to no healthcare systems and no doctors. These same peoples are still using wood to heat and cook. Then taking the ash (minerals) and putting it in their gardens.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a young girl thought to be dead but wasn’t. The three year old was taken to a clinic with a severe fever and pronounced dead by a medical doctor. A day later at the girl’s funeral an attendee opened the cover to the casket and saw the girl move.

Callers

Jackie has several health challenges including high blood pressure, pulmonary hypertension and long term steroid use.

Randy has a friend diagnosed with basal cell carcinoma.

Dale has questions concerning a friend who is gluten intolerant.

Randy is experiencing difficulty breathing.

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Dead Doctors Don't Lie Program 14 July 2014

Download File
Monologue

Dr. Wallach starts the show discussing a news article concerning hospice care. In recent years the cost of hospice care has increased by 70%. Doc asserts this is because doctors are milking the system by unnecessary tests and procedures.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on hypertrophic cardiomyopathy. The story centers around a specific family who has had several members die from this disease. The article states that it is an autosomal dominant genetic condition which Dr. Wallach vehemently disagrees. Asserting that cardiomyopathies are caused by a selenium deficiency.

Callers

Joan has a friend whose daughter has been diagnosed with ADHD.

Mike has a friend diagnosed with porphyria a rare neurological condition.

Frank's wife has Parkinson's disease.

Mary has a follow-up call concerning her husband who has a glioma.

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Dead Doctors Don't Lie Program 11 July 2014

Download File

Monologue

Dr. Wallach starts the show today discussing a news story about terrorists threatening to attack the U.S. Contending that people should start getting prepared for possible disaster. Outlining that people should have supplies of water, food, supplements and any medications that are necessary. Stating that now is the time to get prepared and not to wait until a problem happens.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding arthritis. The story outlines several recommendations for dealing with the pain and stiffness of arthritis naturally. Recommending exercises to keep the joints flexible and the muscles strong. Also giving dietary recommendations along with using nutritional supplements.
Callers

Ladd is scheduled for an appointment with a cardiologist.

Jane has been on a supplement plan for several weeks and asks Dr. Wallach if she should continue with the program.

Patricio has been diagnosed with ankylosing spondylitis.

Jason has been diagnosed with G.E.R.D. (gastrointestinal reflux disease).

Jody has degenerative disk disease and is experiencing a lot of pain.

Rodney's wife is pregnant and is in the hospital due to complications of the pregnancy.

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Dead Doctors Don't Lie Program 10 July 2014

Monologue

Dr. Wallach starts the show discussing gluten intolerance. Asserting that 30% of Americans are gluten intolerant leading to several health challenges. Contending there are epidemics of chronic diseases such as diabetes, heart disease and cancer.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding baby boomers who are living longer but aren't healthy. The author contending there are impending increases in hypertension, high cholesterol, diabetes and obesity. Doc asserts that all of the aforementioned conditions are actually preventable and reversible with nutritional supplementation.

Callers

Doug has a friend diagnosed with degenerative disk disease.

Jerry's son has MD (muscular dystrophy).

Sandy has been diagnosed with polymyalgia rheumatica.

Mary's husband has hypertension.

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Monologue

Dr. Joel Wallach starts the show today discussing medical mistakes. Contending that doctor's mistakes are the third leading cause of patient deaths in the U.S. Asserting that if this were the airline industry no one would be allowed to fly everyone would be in trains and buses.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a Scottish study on vitamin D. A study of 1600 patients found that those with the highest blood levels of vitamin D have half the risk of dying following surgery for bowel cancer. Bowel cancer is the second most common cancer in Europe with 447,000 new cases diagnosed in 2012.

Callers

Tyler's step mother has been diagnosed with kidney cancer.

Dave asks Doc to do a webinar on his opinion of the use of dietary coconut oil. He also asks Dr. Wallach about the use of turpentine therapy.

Trey's aunt has been diagnosed with ALS (amyotrophic lateral sclerosis).

Bob's wife has been diagnosed with dementia.

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Monologue

Dr. Wallach starts the show discussing peripheral neuropathies caused by degenerative disk disease. Contending that as disks in the spine are compressed nerves get pinched resulting in numbness or tingling in the hands and feet. Also asserting that other pinched nerves cause problems such as atrial fibrillation and tinnitus.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning screening tests for carotid artery stenosis. Guidelines released by the United States Preventative Services Task Force contend the risks posed by false positives out weigh any benefits. Stating that these false positives can lead to unnecessary surgeries or other treatments that can lead to a risk of heart attack or stroke.
Callers

Ron has a friend who recently had a kidney transplant and wants a nutritional supplement protocol.

Rodrigo has friend who is scheduled to have half of his small intestines removed due to polyps.

Willie’s mother has high blood pressure, anemia, slow heart rate and high cholesterol.

Pat has questions concerning varicose veins.

Nick has questions about flat feet.

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Dead Doctors Don’t Lie Program 07 July 2014

Monologue

Dr. Joel Wallach starts the show today discussing his newest book "Epigenetics". Explaining the definition of the term epigenetics. Contending that genes need "trace" nutrients such as minerals in order to make them function optimally.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the health benefits of eating watermelon. July is National Watermelon Month to highlight the importance of this food that is both a fruit and a vegetable in the same family with squash, pumpkin and cucumber. There is more of the antioxidant lycopene than tomatoes as well as dietary fiber. Also helps to lower blood pressure with a natural compound called citrulline.

Callers

Jim has been diagnosed with an enlarged prostate gland.

Yunin has been diagnosed with Epstein Barr virus, osteoporosis and rheumatoid arthritis.

Anita has had systemic scleroderma for over twenty years.

Anna is a nursing mother with low libido.

Leigh has a lump in her neck.

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Dead Doctors Don't Lie Program 04 July 2014

Download File

Monologue

Dr. Wallach starts the show discussing some of the history of medicine. Citing a story of how centuries ago herbalists were burned at the stake as witches. Telling the story of Dr. Semmelweis who was a pioneer in antiseptic medicine. Whose ideas were rejected at the time and he was put into a mental institution where he later died. Outlining his own story of how he was fired for discovering that cystic fibrosis is a nutritional deficiency during pregnancy.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on a growing pattern of doctors and nurses being fired for whistle blowing on overuse of tests and procedures. The Mayo Clinic recently found that doctor burnout rate is at 46% due to hospital mergers and a disconnect between those setting policy and those providing care.

Callers

Wendy has several health challenges including breast cancer, restless leg syndrome, IBS and hypertension.

Greg has questions concerning his mother who has been diagnosed with a urinary tract infection.

Bonnie has a friend diagnosed with Bells palsy.

Julie’s mom has several health challenges including atrial fibrillation, hypertension, congestive heart failure and obesity.

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Dead Doctors Don't Lie Program 03 July 2014

Download File

Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach discussing the importance of dietary cholesterol. Asserting that the more cholesterol laden foods that are eaten the less cholesterol the human body has to make. Outlining many of the various body functions that need cholesterol to in order to operate correctly.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article on buckwheat as a possible "superfood". Outlining the various health aspects of buckwheat such as being gluten free naturally and high fiber content. Those consuming higher amount also saw their cholesterol levels go done. Also rich in protein and contains 12 amino acids and antioxidants.
Callers

Doug's wife is experiencing chronic bouts of constipation.

Ross has two daughters diagnosed with Huntington’s disease.

Marie has bone on bone arthritis and is having difficulty absorbing nutrients.

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Dead Doctors Don't Lie Program 02 July 2014

Download File

Monologue

Dr. Wallach starts the show discussing a news article concerning the "cancer belt" of the country. Referring to southern states that tend to have higher rates of diabetes, heart disease and addictions to prescription drugs. Doc asserts that this area also has a higher per capita rates of doctors to patients. Also contending these people have higher rates of disease because they eat so many fried foods.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning an Iranian study of gestational diabetes. For the study some women took 1000 milligrams of calcium daily along with 50,000 units of vitamin D twice during the six week study. Were able to lower their blood glucose levels compared to women who got a placebo and whose glucose levels continued to rise.

Callers

Nancy asks Dr. Wallach how she can get rid of the dark circles under her eyes.

Dave gives a testimonial about himself and how he avoided knee replacement by taking supplements. He also has a question regarding a friend who is obese and trying to control high blood pressure.

Jan has questions regarding a friend who has several health challenges including kidney disease, high blood pressure and is a type 2 diabetic.

Wiashane weighs 300 pounds and is trying to control high blood pressure.

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Dead Doctors Don't Lie Program 01 July 2014

Monologue

Dr. Wallach starts the show discussing a Harvard study that concluded knee replacement surgery for knee pain is useless. Outlining several other common procedures that are often over used to pad the doctor's wallet. Asserting this is often fraud but no one goes to jail.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study from the Virginia Commonwealth University. The study found that 34% of those studied got knee replacement surgery that was deemed inappropriate. While 44% of the surgeries in the study were deemed appropriate. With 22% found to be inconclusive as to whether or not they were appropriate.

Callers

Denise's brother has been diagnosed with cancerous tumors in his brain.

Mary has asthma and wants to control the symptoms naturally.

Michael's wife has been diagnosed with hypothyroidism.

Leandro has an enlarged prostate and bone cancer.

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Dead Doctors Don't Lie Program 30 June 2014

Monologue

Dr. Wallach starts the show discussing nutrition posing the question “where did we go wrong”. Citing the story of how the American Heart Association started an ad campaign touting the health benefits of unsaturated fats. Also stating that animal fats such as lard and butter were bad and caused coronary heart disease. Procter and Gamble the makers of Crisco also gave the America Heart Association 1.7 million dollars.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article that vindicates Dr. Wallach. The article is a warning from the National Institutes of Health about heterocyclic amines. Compounds that occur when meats are cooked at temperatures
above 300 degrees. These heterocyclic amines are listed by the U.S. Department of Health and Human Services as a probable carcinogen. Doc has been warning about the dangers of heterocyclic amines for decades.

**Callers**

Vey has questions about breast feeding and taking nutritional supplements.

Mark has been diagnosed with high blood levels of serotonin.

Evelyn has a friend who has tested positive for HIV and chlamydia.

Gracie asks Doc's opinion of injecting cartilage building materials into her knees.

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**Dead Doctors Don't Lie Program 27 June 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show today discussing longevity. Outlining his theory why some peoples live longer than others. Asserting the longest lived cultures are in third world countries without medical systems and no health insurance. Contending these people grow their own foods putting wood ash from their heating and cook fires into gardens. Thus getting minerals into their diets helping them to live longer lives.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article on longevity. The article interviewed several centenarians asking them what they have done to live to a ripe old age. One women contended it was daily walks and a glass of red wine. Another thought is was her daily plate of bacon and coffee pudding. Doc asserts that from his research long lived peoples were getting minerals in their diets through their foods.

**Callers**

Greg has questions regarding a friend whose left side is stiff.

Mary has two questions the first concerning breast cancer. Second she has questions concerning a friend who is experiencing pain in her feet.

Patricia was recently hospitalized for low sodium levels.

David has arthritis in his shoulder.
Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing glucosamine from kyton. Advocating it's health benefits by reducing inflammation in the body. Also contending that glucosamine aids in proper digestion and helps heal the digestive tract. Asserting that most chronic diseases are due inflammation in the body.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning a report out from the FDA. The report warns that some over the counter acne medication can have serious life threatening side effects. These side effects include throat tightness, difficulty breathing, feeling faint or swelling of the eyes, face, lips or tongue. The FDA states that people experiencing these side effects should immediately stop using the products and seek medical attention.

Callers

Myrna ordered several Youngevity supplements and has questions on how to use them.

Celeste's daughter-in-law has been diagnosed with stage four endometriosis.

Gracie asks Ben's opinion of using stem cells for regrowing cartilage in her knees.

Greg has been diagnosed with osteoarthritis in his hip.

Gina has questions regarding eye health.

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Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study from the Mayo Clinic. The study found that people in their seventies and eighties who had more education and more mentally stimulating careers staved off dementia for nine years compared to those with the least enriched lives. However those with less education and less stimulating jobs were able to hold off cognitive decline if in later years they challenged their brains with activities like reading, socializing or using a computer.

Callers

Lan Foo is a type 2 diabetic with chronic kidney and bladder infections.

Bev's sister has been diagnosed with diffuse peritoneal leiomyomatosis.

Mike's mother is a type 2 diabetic with hypertension and cardiomyopathy that contributed to a stroke.

Andy asks Dr. Wallach how he can get off of antidepressants and antipsychotics.

Jim is a type 2 diabetic with congestive heart failure.

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Dead Doctors Don't Lie Program 24 June 2014

Download File

Monologue

Dr. Wallach starts the show discussing obesity. Asserting that obesity starts in early childhood for many. Citing a report that commercially produced baby foods have less than 20% of the nutrients they should have to be nutritious. Contending that commercially produced foods for livestock and pets have 100% of the nutrients needed to grow healthy animals.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out from the Environmental Working Group. The report contends that children are at risk because they are eating fortified cereals meant for adults. Stating that these children are getting too much vitamin A, zinc and niacin. Doc disagrees contending that the RDAs (recommended daily amounts) were low when the FDA created them in 1968.

Callers

Andrea has been diagnosed with a gastrointestinal stromal tumor.
Jan's father has a catheter that has fecal leakage causing infections.

Dave has a friend who has several health challenges including obesity, prediabetes, hypertension and blood clots.

Annie has a friend diagnosed with H. Pylori.

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Dead Doctors Don't Lie Program 23 June 2014

Download File

Monologue

Dr. Wallach starts the show discussing the history of failed medical theories. Early in man's history people believed disease and sickness was caused by evil spirits. Then there were the four humors (blood, phlem, black and yellow bile) excesses or deficiencies in one or more caused disease. After bacteria was discovered then all disease was thought to be caused by infections. Followed by viruses causing disease and then genes were discovered and all disease was thought to be genetic.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding health buzz words. Words such as organic, multigrain, gluten free, antioxidant, made with real fruit, reduced fat or sugar and no GMOs. The story outlines how each is somewhat misleading by making consumers believe these foods promote better health.

Callers

Jenny had blood clots go to her lungs and now see is on Coumadin but wants to get off.

Susie's dog has been diagnosed with a paralyzed larynx.

John asks Dr. Wallach his opinion of the effects of phytates on nutrient absorbtion.

Phillip has chronic asthma and wants to control it naturally.

Charles is a type 2 diabetic with high blood pressure and kidney disease.

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Dead Doctors Don't Lie Program 20 June 2014

Download File
Monologue

Dr. Joel Wallach starts the show discussing a past report that indicated many children born after 2001 will die before their parents. Also stating that the U.S. ranked 41st in live births and first month survivability. Citing another report that lists the U.S. as 91st in health and longevity worldwide.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the importance of "good" bacteria in the gut. In the article one doctor was quoted as saying "New data shows that the gut is critical to our well being". Dr. Wallach contends that this is not new data he has been talking about the importance of proper digestion for decades. Outlining how important proper digestion is to the human immune system.

Callers

Dan is a type 2 diabetic with neuropathies with an ulcer on his foot that isn't healing.

Carl is a type 2 diabetic who was able to get off his prescriptions but still has asthma.

Sandy has several health challenges including hypertension, osteoporosis, hypothyroidism and undergoing dialysis for kidney disease.

Cindy is a type 1 diabetic with neuropathies and is having problems with opioid addiction.

Jeff has an adopted daughter with developmental disorder and Hashimoto's disease.

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Dead Doctors Don't Lie Program 19 June 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing chronic degenerative disease. Asserting that nearly all chronic diseases are a result of degeneration at the cellular level. Stating that as cells degenerate whole systems start to degenerate and chronic inflammation sets in leading to disease.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding findings at an archaeological dig. Archaeologists digging in New York City's Lower East Side at a former German beer garden found 150 year old liquor bottles. Along with the bottles a small vile was uncovered that originally contained an "Elixir of Long Life". Working with German colleagues the
researchers were able to find a recipe which included aloes, rhubarb, gentian, white turmeric, Spanish saffron, water and alcohol.

**Callers**

KeKoa is a type 2 diabetic experiencing kidney dysfunction.

Jenny has two hernias and is set to undergo surgery.

Daryl's husband is a type 2 diabetic having difficulty controlling his blood pressure.

Carol has bone on bone arthritis in her knees.

Diane has both rheumatoid arthritis and osteoarthritis.

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**Dead Doctors Don't Lie Program 18 June 2014**

**Download File**

**Monologue**

Dr. Joel Wallach starts the show discussing the story of TV doctor Dr. OZ being questioned by the government for promoting bogus weight loss products. Contending that doctors and the government has the cause of obesity all wrong. Stating that being over weight and obese is not caused by lack of exercise and eating too much. Asserting that being over weight and obese is actually a nutritional deficiency.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning the cost of billing errors by Medicare. According to a report from the Office of the Inspector General states that in 2010 there was $6.7 billion in billing errors. These errors were worth 21% of evaluation and management spending that year. Further more 42% of the claims that year had billing errors.

**Callers**

David has questions concerning an enlarged heart and ED (erectile dysfunction).

Pamela's OBGYN has told her to stop taking the "Beyond Tangy Tangerine" because of the vitamin A content.

LeAnn was diagnosed with schizophrenia 12 years ago but hopes to treat the disorder without drugs.
Monologue

Dr. Wallach starts the show today discussing the story of how Americans came to believe that animal fats like meat, butter and cheese are bad for health. Stating that Procter and Gamble bought the formula for Crisco from its German inventor. Hoping to make it into a soap but failed. So after donating $1.7 million to the American Heart Association started pushing Crisco as a replacement for animal fats. Starting a propaganda campaign with the help of Dr. Ancel Keyes. Demonizing animal fats as bad for health and promoting unstaturated fat Crisco as a healthy alternative.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning the rate of return visits to the hospital. The story outlines a fictitious patient that looks in good health gets sent home. Comes back just a few days later worse than when they were released. Posing the question as to why despite crack downs by Medicare the rates of return visits remains mostly the same.

Callers

Ann has a friend diagnosed with occipital neuropathies resulting in headaches, neuropathies in the hands and feet and constipation.

Cooper asks Dr. Wallach his opinion of the flee repellant his vet is recommending.

Radovan has several health challenges including high blood sugar levels, high cholesterol and high blood pressure.

Mack has tininitis and weak ankles.

Trifco's 71 year old woman has been diagnosed with leukemia.

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Monologue

Dr. Wallach starts show discussing a news article regarding obesity rates in the U.K. Compared to Americans the Brits have 10% fewer obese people. Doc asserts that it is because British walk more than Americans and they put wood ash (minerals) into their gardens.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning an Australian study on vitamin D3. Researchers found that people with the most vitamin D3 in their blood had a 50% decreased risk of pancreatic cancer. Prompting researchers to recommend at least 15 minutes of full sun everyday without sun screen.

Callers

Lois has osteoporosis resulting in bulging disks and chronic neck and low back pain.

Jack has been diagnosed with macular degeneration.

Kathy has a follow-up call from a previous call regarding short bowel syndrome telling Dr. Wallach that after using his advice she now has more energy, solid stools and has lost 10 pounds. She also has questions concerning a ganglion cyst on her wrist.

Jack two questions the first concerns a diagnosis of hypertension. Second he has a 22 year old dog with mobility problems and the vet wants to put it down.

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Dead Doctors Don't Lie Program 13 June 2014

Monologue

Pharmacist Ben Fuchs fills for Dr. Wallach today. Beginning the show discussing thyroid hormones explaining what the are and how the work in the body. Outlining many of the health challenges that can occur when the thyroid is not functioning properly. Contending that with a proper diet and nutritional supplementation these health challenges can be avoided.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a new study of vitamin D deficiency. The study from the University of California San Diego is a meta analysis of 32 previous studies. The studies included 566,583 participants from 14 countries an average age of 55. The study found those with the lowest blood levels of vitamin D were twice as likely to have a premature death. Researchers say that two thirds of the U.S. population has lower blood levels.
Callers

Sandy has several health challenges including renal failure, hypertension, type 2 diabetes and osteoporosis.

Allison has a friend who has recovered from cancer three times and has been recently diagnosed with a mass in her lungs.

Evelyn has several health challenges including obesity, high blood pressure, congestive heart disease, type 2 diabetes, noduls on her kidneys and edema.

Gottfried has questions concerning scar tissue on his eyes.

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Dead Doctors Don't Lie Program 12 June 2014

Monologue

Dr. Wallach starts the show discussing the "Crisco" story. Stating that back in the 1920s a Dr. Ancel Keyes, Procter and Gamble and the American Heart Association pushed an ad campaign to get people to switch from cooking with lard to cooking with Crisco. All of this after Procter and Gamble donated $1.7 million to the American Heart Association.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study from China. The study analyzed data from 7 previous studies four from the U.S., two from Japan and one from Sweden. Totalling some 255,000 people and followed them for at least 10 years. They either filled out questionnaires about their diets or the recalled everything they had eaten in the previous 24 hours. Those who ate the most animal protein were 20% less likely to have a stroke compared to those who ate the least protein.

Callers

Gary asks Dr. Wallach how he arrived at the idea that there are 90 essential nutrients for good health.

Gerrick has been diagnosed with gastritis.

Gina has retinitis pigmentosa and wants a nutritional supplement protocol.

Jason has a follow-up call concerning a benign mass in his neck.

Cynthia has rectal cancer has already had chemo and surgery but wants to prevent cancer from returning.
Dead Doctors Don't Lie Program 11 June 2014

Monologue

Dr. Wallach starts the show discussing a news article concerning an increase in seniors asking for prescriptions for opioid. Asserting that doctors are this to keep the seniors coming back after they are addicted. Contending seniors want these drugs because the have pain due to a variety of reasons.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding "supercentenarians". These are people who live 110 years or more. According to a multi-year study the New England Centenarian Study found that in 1995 there were 1 per 10,000 to 1 per 5000. The researchers contend longevity is 70% health related behaviors and 30% genetic.

Callers

Patricia has question concerning type 2 diabetes.

Chelsey has two questions the first concerning her own obesity. Second she has question regarding her husband's roller coaster blood sugar levels.

Gracie gives a great testimonial about seeing x-rays of regrown cartilage.

John has been recently diagnosed with central serous retinopathy.

Dead Doctors Don't Lie Program 10 June 2014

Monologue

Dr. Wallach starts the show discussing events from the past the helped shape our medical system. Outlining the story of Dr. Ancel Keyes a scientific advisor to the American Heart Association. Dr. Keyes and the AHA in the 1920s started a campaign to get people to stop eating saturated fats (animal fats) and switch to unsaturated fats (vegetable fats). Around this same time Procter and Gamble gave the AHA 1.7 million dollars. Procter and Gamble are also the makers of the unsaturated fat product Crisco.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a report from the CDC (Centers for Disease Prevention and Control). The report states there are 29 million adults in the U.S. with diabetes. That is 3 million more than the last time the CDC reported on diabetes in 2011. With an estimated 86 million adults with “pre-diabetes” those with elevated blood sugar level but not in the range of diabetes.

Callers

Scott has two questions the first concerning his own chronic ear infections. Second he has questions regarding a friend diagnosed with pleurisy.

Chelsey has questions regarding a friend diagnosed with prostate cancer. She also has questions concerning her husband who is a type 2 diabetic.

Maria’s nephew has been told he needs a new liver.

Fred has been diagnosed with a thymoma that is pressing on an artery.

Nathan’s father has prostate cancer that has metastasized to his bones and liver.

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Dead Doctors Don't Lie Program 09 June 2014

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Monologue

Dr. Wallach starts the show discussing the lastest news regarding the VA scandal. Investigations have uncovered thousands of vets that are still waiting for treatment. Doc asserts he believes it is criminal that our vets have been treated like this after serving our country.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding about saturated fats. The story chronologically outlines how saturated fat became demonized as the cause for heart disease. Also mentioning the Dr. Ancel Keyes story and how he was the front man pushing this agenda through the American Heart Association. All after Procter and Gamble gave the group 1.7 million dollars. The AHA recommended Crisco as a replacement for saturated fats. Crisco of course owned by Procter and Gamble.
Dead Doctors Don't Lie Program 06 June 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the discussing dirty thick blood. Asserting that thick sluggy blood leads to chronic inflammation. Contending that chronic inflammation will always result in degenerative disease. Stating that with proper nutrition and supplementation these chronic conditions can be prevented and reversed.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning a new study. The study found that children who lived homes with pet dander, cockroach droppings and bacteria were less likely to have allergies later in life. Those not exposed to dander, droppings or bacteria are more likely to develop allergies later in life.

Callers

George has two questions the first he has questions concerning a friend who has suffered three strokes and a heart attack. Second he has questions concerning his own inability to control his blood sugar.

Gloria has lung cancer and is currently undergoing chemotherapy.

Lydia has questions concerning fertility.

Brook has been diagnosed with syringomyelia (pocket of fluid in the spine).

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.
Monologue

Dr. Wallach starts today's show by citing the story of Dr. Ancel Keyes and why he pushed the agenda against saturated fats. In the 1920s Dr. Keyes went around the country and led the charge for people to avoid saturated fats and switch to polyunsaturated fats. Procter and Gamble gave the American Heart Association 1.7 million to push the anti-saturated fat agenda. Because Procter and Gamble were the makers of polyunsaturated fat product Crisco.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning "jack of trade" surgeons. The story cites studies that have found that surgeons who perform surgeries only a few times had 32% of all complications. Basically the fewer times a surgeon performs various procedures the more likely their patients will have complications following the procedure. Another study found surgeons who perform a procedure hundreds of times complications around 1% of the time.

Callers

Tom has questions concerning a friend who has narcolepsy.

Ashley has questions about using nutritional supplements during her menstrual cycle.

Tyree's daughter has type 2 diabetes, hypertension and is morbidly obese.

Adi recently suffered a stroke and lost partial use of her right leg.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing the toxic aspects of prescription drugs. Describing the process of how the liver breaks down these toxic substances. Citing several methods of detoxing the liver. Asserting the best thing for the liver is to avoid toxic substances like pharmaceuticals completely.
Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning skin cancer. A study recently found that women who had five sun burns with blister before age 20 had a greater risk of getting skin cancer later. The study followed 109,000 caucasian women age 25 to 42 who had been blistered five or more early in life. Finding that those who had blister sun burns early in life had an 80% increased risk of melanoma and a 68% increased risk of basal cell carcinoma and squamos cell carcinoma.

Callers

Trisha is a type 2 diabetic with edema and wants to get off of her blood sugar medications.

Nedege recently gave birth and is experiencing fainting spells.

Sandi has had allergies all of her life.

Demetrius is experiencing pain in his hips and knees.

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Dead Doctors Don't Lie Program 03 June 2014

Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach beginning the show discussing the fact that people once thought the sun revolved around the earth. Contending this is because people were operating under a false perspective without being aware of gravity. Asserting that medical doctors are also operating under false perspectives because they only believe in measurable biochemistry. They don't believe in a soul or spirit since it can't be measured.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning birth defects. Specifically the cluster of birth defects that has been occurring in a rural area of Washington state. The rate of anencephaly (neural tube defects) is four times the national average. Despite being aware of this for four years the Washington Department of Health still hasn't interviewed the parents. Many birth defect experts agree that interviewing the parents to find common ground is crucial. Once some common ground is found the cause is more likely to be discovered. In the 1990s there was an anencephaly cluster in Texas and was later linked to the mothers eating moldy corn.

Callers

Sally has questions regarding fibromyalgia and sarcoidosis.
Dave's wife is experiencing peripheral neuropathies in her fingers.

Jim has a friend who has been diagnosed with high blood levels of uric acid.

Diana has two questions the first concerns a friend diagnosed with stage four lung cancer. Second she has questions regarding a child with cystic fibrosis.

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**Dead Doctors Don't Lie Program 02 June 2014**

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**Monologue**

Dr. Wallach starts the show discussing dementia and his theory that all dementias are caused by nutritional deficiencies. Outlining the four types of dementia and how each is manifested. Then citing the nutrient deficiencies that he believes are the cause. Asserting the ways these nutrients can work in the body to reverse each type of dementia.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of omega-3 fatty acids. Researchers studied nearly 1600 people average ages around 67 using cognitive tests and MRIs. They found that those in the lowest 25% on mental tests such as problem solving, multi-tasking and abstract thinking had the lowest blood levels of omega-3s. Also they found these same people had lower brain volume.

**Callers**

Ray's son has chronic skin rashes.

Michelle has a friend with esophageal cancer.

Percy has been diagnosed with colon cancer.

Margaret has an under active thyroid resulting in weight gain.

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**Dead Doctors Don't Lie Program 30 May 2014**

**Download File**

**Monologue**
Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing epigenetics. Stating that although this scientific model has been around for several years it is now starting to gain traction. The theory is that genes can change and adapt to the environment. That the genes are in a constant state of flux instead static as was the past theory.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning Sanofi and Ely Lilly's plan to seek regulatory approval from the FDA to make ED (erectile dysfunction) drug available over-the-counter. The company contends the drug is safe enough to be take without the guidance. However the drug does not come without side effects that range from runny nose, indigestion and headache to sudden hear and vision loss.

Callers

Jason asks Ben's opinion of doing full body cleanse.

Bob has several health challenges including hypertension, low testosterone levels, constipation and gluten intolerance.

Jim is experiencing chronic heart burn.

John has been diagnosed with Graves disease.

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Dead Doctors Don't Lie Program 29 May 2014

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach beginning the show discussing chronic disease. Stating that all chronic disease is due poor cell health because of poor diets, lack of nutrients and lack of oxygen. These sick cells lead to inflammation that at the root of almost all chronic disease. Contending that these diseases can be avoided and often reversed.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding sun screens. The article states there are five things people should know about sun screens. First the article states that sun screen have expiration dates that should by noted. Next sun screen should not be used on infants younger than six months. Care should be taken when using spray sun screens as they are flammable. Sun screen are not water proof they are water resistant. Doubling the SPF rating does not double protection.

Callers
Jan has been diagnosed with polycystic ovarian disease and enimia.

Paul has increased level of CRP (creatinine reactive protein) in his blood.

Carolyn's uncle has been diagnosed with amyloidosis.

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Dead Doctors Don't Lie Program 28 May 2014

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Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach. Starting the show discussing his background and how he came to know Dr. Wallach. The citing a study done on cancer and chemotherapy. The study found that 97% of the time chemotherapy does not work as a treatment for adult onset cancer. Contending that the reason it is still used is because it makes the hospital and oncologist a boat load of money.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning a study of cancer advertisements. The study funded by the National Institute of Health examined 409 TV and magazine ads. The direct to consumer ads were either promoting a cancer clinic or treatment. Researchers found that 85% made emotional appeals, 61% talked about hope, life extension or cures. Some 52% discussed innovations, advanced technologies or treatments. While 30% used fear of death or loss to scare patients into treatment. Almost half of the ads used patient testimonials with only 15% had disclaimers regarding patient outcomes. Not one ad told about outcomes of "typical" patients. A violation of a Federal Trade Commission mandate.

Callers

Jennifer's brother's doctor wants to perform a knee replacement procedure.

Leon has a friend who has bouts of uncontrollable rage.

Allen has been diagnosed with a torn bicep tendon but wants to avoid surgery.

Joan has several health challenges including chronic fatigue, hyperthyroidism, hypertension and osteoporosis.

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Monologue

Dr. Wallach starts the show discussing failed medical theories such as the belief that many diseases are genetic. Stating that Dr. James Watson and his partner Francis Crick came up with the theory of the double helix model for DNA in 1953. Then in 2012 Dr. Watson gave a speech where he stated that mapping the human genome will not find the cure for chronic diseases like cancer. Contending that it is all biochemistry and that chronic disease cures will be found through biochemistry.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing a news story on four surgeries that should be avoided. Today they discuss spinal fusion as a method of treating back pain caused by spinal stenosis. Dr. Richard Deyo studied more than 30,000 Medicare patients who underwent surgery for stenosis and found that from 2002 to 2007 these surgeries increased by 1400%. Also found those who underwent fusion were three times more likely to suffer life threatening complications than those who underwent less invasion surgery.

Callers

John has questions regarding sleep problems.

Robert has questions about his father's cataracts.

Brenda's father has a chronic cough.

Janice has been diagnosed with interstitial cystitis.

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Monologue

Dr. Wallach starts the show talking about medical screening tests. Asserting that these tests don't actually prevent any diseases only possibly early detection of disease. In response to a news article that claims colon cancer screening prevents deaths from colon cancer. However they believe this only because colon cancer deaths have declined while screening has increased. But no real empirical data to prove this claim that there is a correlation.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of drunk doctors. Researchers at Washington University sent out questionnaires to over 25,000 surgeons to find ones that have alcohol abuse problems. The study found that 15% of those that responded had alcohol dependency and that 45% of those admitted to a major medical mistake in the past three months. Researchers also believe that the percentage is actually much higher because only about 7200 of the 25,000 responded to the survey.

Callers

Kathy has been diagnosed with leaky gut syndrome and a brain aneurysm.

Lucille has two questions the first question is if teeth and be rebuilt. Second she has questions regarding her husband who has arthritis in his knee.

Olive was recently diagnosed with breast cancer.

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Dead Doctors Don't Lie Program 23 May 2014

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Monologue

Dr. Wallach starts the show discussing birth defects asserting that many are due to pre-conception nutritional deficiencies. Outlining several such as neural tube defects found to be a folic acid deficiency. Congenital deafness is a manganese deficiency. Cystic fibrosis is found to be simple trace mineral deficiency in fact Dr. Wallach won an award for discovering this back in 1977.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on a study of cancer screening test perceptions. More than three-quarters of 400 plus doctors surveyed believed these tests save lives. While data shows this to be a false perception.

Callers

Robert has questions concerning a congenital bleeding disorder.

Ray was recently diagnosed with hypertension and is experiencing frequent urination.

Annette’s brother has been diagnosed with lymphodema and chronic fatigue.

Harriet calls with a update reports on herself her husband and brother.
Monologue

Dr. Wallach starts the show discussing medical mistakes and cites the numbers of people injured, infected and killed by the medical system each year. Doc also contends that people should avoid the medical system if they can. Outlining all of the various health screening tests that can actually be done safely and cheaply at home.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding surgeries that should be avoided. The story outlines four different surgical procedures that are overperformed for several reasons. Some are performed as moneymakers for doctors and hospitals. Other reasons are that the surgery is easier than other procedures or because the seem to work in the short term. Today Doug and Doc discuss the first one which is surgeons putting stents into heart arteries during heart catheterizations. Despite the fact that people with stents and stable angina don't fair any better than at preventing and surviving a heart attack.

Callers

Ashley has questions concerning weight loss and digestive problems.

Robert's father is a type 2 diabetic with hypertension and is on dialysis.

Paula has been diagnosed with a lesion on her cervix and her doctor wants to operate.

Vilo has a friend with a two year with severe allergies.

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Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a letter published in the Journal of the American Medical Association. The letter states that antibiotics are still being over prescribed despite over 15 years of new guidelines and education about prescribing practices. In fact research shows that doctors prescribe antibiotics for acute bronchitis approximately 70% of the time even though they don't work for this condition.

Callers

Anthony has a friend whose 14 year old daughter is experiencing severe abdominal pain.

Peter has been diagnosed with morgellons disease.

Shirlette has been diagnosed with hyperthyroidism.

Robert’s father has several health challenges including type 2 diabetes, kidney failure, high blood pressure and sleep apnea.

Jennifer’s father-in-law has been diagnosed with chronic demyelinating polyneuropathy.

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Dead Doctors Don't Lie Program 20 May 2014

Monologue

Dr. Wallach starts the show discussing the deaths of 40 some veterans who were waiting for treatment. Citing a government statistic that some 700 vets die each year in the care of the VA. Stating that last year over 300 active duty soldiers were killed in Afghanistan and Iraq. Contending it's safer for soldiers on the battlefield than to be under the care of the VA.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study from the Auburn University. Researchers found that that MRSA (methicillin-resistant Staphylococcus aureus) and survive on surfaces in airliner cabins for several days. MRSA lasted for seven days on the cloth seat pocket, six days on the rubber armrest and leather seat, five days on the plastic window shade and tray table and four days on the steel toilet handle. E. coli survived for four days on the rubber armrest, three days on the plastic tray table and two days on the steel toilet handle.
Callers

Chelsy's husband has been diagnosed with type 2 diabetes and low testosterone levels.

Willis's wife is experiencing chronic diarrhea.

Doug has a friend diagnosed with RA (rheumatoid arthritis) and constipation.

Sharillynn has a friend who was diagnosed with cholesterol in their eye.

Dee's dog is lethargic and its back and legs are sensitive.

Sharon has a friend with several health challenges including hypertension, chronic fatigue, osteoporosis and fibromyalgia.

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Dead Doctors Don't Lie Program 19 May 2014

Monologue

Dr. Wallach starts the show asserting that many Americans are mineral deficient. Contending these deficiencies are why some many people are suffering from chronic diseases. Outlining chronologically how this happened starting with the trend of people using electricity in their homes. Turning from heating and cooking with wood and using electrical devices. There was then no wood ash to put in gardens as a source of minerals.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a report out from the U.N. (United Nations). Many within the U.N. are calling for nations to take action against obesity like they did with tobacco. Asserting that unhealthy foods such as those high in saturated fats, salt and sugar should have high taxes like tobacco. Doc tells the story of Dr. Ancel Keyes who was the front man for Proctor and Gamble. Telling people how bad saturated fat is for health and getting people to switch to "Crisco". Which was a new product out from Proctor and Gamble.

Callers

Tom has a friend with an enlarged prostate and also has kidney stones.

Jim's dog has been diagnosed with cancer.

Sidney has questions regarding a copper deficiency.
Brenda's father has a persistant and chronic cough.

Shannon's mother-in-law has been diagnosed with invasive breast cancer.

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Dead Doctors Don't Lie Program 16 May 2014

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Monologue

Dr. Wallach starts the show discussing the story of Dr. Ancel Keyes and how he changed how we eat. He was the one in the early 1900s who got everyone to stop saturated fats. Pushing the use of polyunsaturated fats namely Crisco. Made by Proctor and Gamble who fund the American Heart Association who also endorsed the use of polyunsaturated fats.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study on MS (multiple sclerosis). Researchers were attempting to study why stem cells are rejected in MS models. After injecting mice that had MS like symptoms with stem cells they found the mice began to walk again. Doc asserts that he is currently working with a group of MS patients using omega 3 fatty acids and eggs. Also getting the patients stop eating oils and other inflammatory foods. Getting great results and seeing patients slow the progression of the disease. As well as seeing the reversal of symptoms.

Callers

Mike has questions about a possible aneurysm.

Diana has a friend with several health challenges including hypertension, fibromyalgia, degenerative disk disease, osteoarthritis, pancreatitis and cancer.

Melissa has chronic migraines and was recently diagnosed with a brain aneurysm.

Freddy's mother has bone on bone knee arthritis and her doctor wants to replace her knee.

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Dead Doctors Don't Lie Program 15 May 2014

Download File
Monologue
Dr. Wallach begins the show today discussing mineral deficiencies. Outlining these deficiencies have occurred because our foods are devoid of minerals. Asserting our foods are deficient because our soils are minerally deficient. Contending that if people aren't supplementing their diets they are headed for chronic disease.

Pearls of Wisdom
Doug Winfrey and Dr. Wallach discuss a news article regarding a recent government report. The report “Health, United States, 2013” prepared by the CDC's (Centers for Disease Control and Prevention) National Center for Health Statistics. States that half of all Americans take at least one prescription drug monthly. The report also found that about 10% of Americans take four or more monthly. In 2011 we spent $263 billion of prescriptions. In addition the number of Americans dying from prescription drugs has tripled between 2000 and 2010.

Callers
Bill's step father has digestive problems and atrial fibrulation.

Nishi has follow up questions from a previous call regarding myasthenia gravis.

Carl has questions concerning a recent diagnosis of Barrett's esophagus.

Walter has several health challenges including heart disease, atrial fibrulation and weight gain.

Sharon has a friend diagnosed with MD (muscular dystrophy).

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Dead Doctors Don't Lie Program 14 May 2014
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Monologue
Dr. Peter Glidden fills in for Dr. Wallach starting the show discussing why the medical system has failed us. Outlining the difference between allopathic medicine that MDs practice and holistic medicine practiced by naturopathic doctors. Pointing out that holistic medicine treats the human body as a whole system.

Pearls of Wisdom
Doug Winfrey and Dr. Glidden discuss a news article regarding a study on sugar intake. The study found that women who consumed the most added sugars in drinks are 10% more likely to die from any cause. The researchers believe this is due to severe spikes in blood sugar.
Callers

Edith is recovering from brain cancer.

Ann has questions regarding type 2 diabetes.

Nathaniel's brother has chronic flatulence when he takes Youngevity products.

Mike is a type 2 diabetic with bone on bone arthritis.

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Dead Doctors Don't Lie Program 13 May 2014

Monologue

Dr. Wallach starts the show discussing mental illness. Citing some of the chronological history of mental illness. Stating the first people killed by the Nazis were the mentally ill because they were using up resources. Asserting that psychologists and psychiatrists believe mental illness is caused by chemical imbalances. Doc contends that most mental illness is due to nutritional deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study on drinking soda pop. The study collected data regarding sugary drink consumption from over 68,000 men and women. Following up the participants a decade later and found those who drank two or more eight ounce sugary drinks were 22% more likely to have a stroke.

Callers

Pat is a type 2 diabetic trying to control blood sugar levels without drugs.

Linda has been diagnosed with nose polyps.

Jane asks Dr. Wallach how to do a liver cleanse.

Marla has high blood pressure but doesn't want to use drugs.

Michael has bone on bone arthritis in his knee, hypertension and heart disease.

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Monologue

Dr. Wallach starts the show discussing heart disease. Contending that most heart disease is due to block arteries due to plaque or scar tissue. Asserting this is caused by inflammation due to damage to the arteries eating fried foods and oils. He also outlines how some heart disease is due to blood clots from omega 3 essential fatty acid deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study that found women are more likely to die in the hospital after suffering a heart attack. The study of over 1 million heart attack patients found 42% of women did not experience classic chest pains during their heart attack. Patients without chest pain symptoms are almost twice as likely to die compared to patient who did have chest pains.

Callers

Robert has a friend whose 11 year old daughter has been diagnosed with MERRF's (Myoclonic Epilepsy with Ragged Red Fibers) syndrome.

Charles was recently diagnosed with prostate cancer.

Tamara's daughter was born with cerebral palsy.

Celeste was recently diagnosed with MS (multiple sclerosis).

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number of people hospitalized for a C. difficile infection has tripled over the past 10 years. These infections kill about 14,000 people in the U.S. every year.

Callers

Dennis had bronchial asthma for nearly sixty years and was diagnosed with diabetes forty years ago. He had been to over 40 doctors over the years with no relief. After starting a gluten free diet and taking Youngevity products for just a few months he contends he feels better at 64 than he did at age 18. Thanking Dr. Wallach for all of his help and information.

Stephanie's mother has degenerative disk disease and is experiencing peripheral neuropathies.

Florene is a type 2 diabetic taking supplements but still isn't seeing her blood sugar levels going down.

Marge asks Dr. Wallach to outline the use and benefits of Youngevity's "Blooming Minerals" soil revitalizer product.

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Dead Doctors Don't Lie Program 08 May 2014

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Monologue

Dr. Wallach starts the show discussing Mad Cow disease and how researchers haven't been able to duplicate the disease in the lab. Contending this is because it is due to nutritional deficiencies. Also citing the story of how Dr. Ancel Keyes pushed the idea of saturated fats being bad for health. All to help drive sales of Proctor and Gambles "Crisco" product an unsaturated fat made from vegetable oil.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of people who are on gluten free diets. The study found that 72% of participants in the study didn't meet the description of non-celiac gluten sensitivity. They also found that 44% of participants started gluten free diets on their own. The lead researcher warned against getting on a gluten free diet without being tested for celiac disease. Contend it could lead to other health problems. But Doc disagrees asserting there are no health problems associated with not eating grains.

Callers

Alvin has heart disease and has already undergone bypass surgery.

Chistina's sister is taking Ritalin for ADHD and asks Dr. Wallach if there are nutritional supplements that can handle the symptoms.
Kathy's son is severely autistic and asks Doc for a nutritional supplement program.

Marylin has two questions first she has questions concerning her dog who isn't eating. Second she has questions regarding her own enlarged uterus.

Amy's mother has been diagnosed with osteoporosis and tendonitis.

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Dead Doctors Don't Lie Program 07 May 2014

Monologue

Dr. Wallach starts the show discussing the story of "Crisco" first made in 1911 from vegetable oil. With the American Heart Association endorsing the product as a healthy alternative to butter. However, the American Heart Association was funded by a marketing campaign by Proctor and Gamble the maker of Crisco.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding preventable deaths. The article outlines 6 lifestyle changes that the UN General Assembly contends will save 37 million lives by 2025. They contend quitting smoking, limiting drinking, cutting back on salt, controlling blood pressure, controlling blood sugar and reducing obesity will help people live longer. Doc and Doug contend that avoiding medical doctors will also help save lives.

Callers

Rebecca's doctor recently told her she has elevated pancreatic enzymes.

Brayton has a follow up call concerning a horse with a pulled ligament.

Jim's wife is experiencing chronic diarrhea.

Debbie's dog was recently diagnosed with Addison's disease.

Jack has a follow up call regarding a previous call about ALS (amyotrophic lateral sclerosis).

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach today beginning the show discussing breast cancer. Asserting that the breast is made of mostly fatty tissue. Contending it is the second leading cause of death and the leading cause of cancer deaths in women. Stating that fatty vitamins D, E, A, and K very important in regulating body function..

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a study of nutritional supplementation. Researchers with the Military Nutrition Division of the U.S. Army Research Institute of Environmental Medicine surveyed over 10,000 men and women about their dietary and supplementation habits. Finding a high percentage of both men and women taking prescription medications are also using dietary supplements. Also most of these people are taking supplements that have added ingredients such as herbs and fish oil. The senior researcher Harris Lieberman is quoted as saying this is a dangerous practice because the added ingredient could have a negative reaction with medications.

Callers

Fred started taking Youngevity recently but started having bloody stools.

Steven has two questions the first concerning a friend who is addicted to methamphetamine. Second his sister was recently diagnosed with a rare cerebral atrophy.

Fred has been diagnosed with a thymoma (thyroid tumor).

Cherie has questions concerning some of the ingredients in the Youngevity ASAP product.

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Monologue

Dr. Wallach cites a news article from the Wallstreet Journal regarding research on cholesterol consumption. The article outlines the career of Dr. Ancel Benjamin Keyes a researcher at the University of Mineisota. He was a very persuasive speaker and rose to known as an expert on nutrition. He started telling people to avoid saturated fats found in dairy and meats. After he was hired by Proctor and Gamble to push thier new "Crisco" unsaturated fat product.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning increasing rates of diabetes. Researchers from the Colorado School of Public Health analyzed data collected from 2001 to 2009 and found a 21% increase in Type 1 diabetes in children up to age 19. The also found a 30% increase in Type 2 diabetes among children ages 10 to 19. They could not explain the increases but think it could possibly be genetic. Dr. Wallach strongly disagrees contending both increases are due to nutritional deficiencies.

Callers

Tom’s Pastor has several health challenges including heart blockages, type 2 diabetes, hypertension and high cholesterol.

Matt asks Dr. Wallach about using the "Blooming Minerals" product in an aquaponics application.

Keyma is a type 2 diabetic with chronic gall stones.

Yvonne is on dialysis and wants to take Youngevity products but her doctor told her to avoid supplements.

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Dead Doctors Don’t Lie Program 02 May 2014

Monologue

Dr. Wallach starts the show today asserting that all doctors should have to take drug tests before attending to patients or performing surgeries. Citing a study from the NIH that claims over 15 million patients are killed, injured and infected in medical settings every year. Contending people need to educate themselves on health and do their own healthcare.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding the VA in Phoenix, AZ. A former VA doctor is accusing the management of that VA of having a secret patient list. This alleged secret list was an attempt to hide the long waits experienced by vets to get their first appointment. The doctor also contends that 40 or more vets died while waiting to get their first appointment.

Callers

Valerie has questions regarding tendonitis and hypertension.

Jack has been diagnosed with ALS (amyotrophic lateral sclerosis).
Vernell has questions regarding high blood pressure and high PSA (prostate specific antigen) levels. He also has questions regarding his wife who is recovering from breast cancer.

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Monologue

Dr. Peter Glidden fills in for Dr. Walllach starting the show discussing some of the history of health. Stating that after people learned to use only clean water along with better methods of handling sewege and had better food lifespans doubled. Prior to these changes the average lifespan was about forty years. After making these changes people started living closer to eighty years. Dr. Glidden contends that now if people clean up their diets and start supplementing with the 90 essential nutrients lifespans can be increased even more.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article regarding a new report out from the CDC (Centers for Disease Control and Prevention). The report contends that 5 things cause two thirds of U.S. deaths. According to the CDC these are heart disease, cancer, lung disease such as emphysema and chronic bronchitis, stroke, unintentional injuries (such as car accidents) or medication overdoses.

Dr. Glidden cites the statistics of how many patients are injured and killed by medical mistakes.

Callers

Jeff's father has been diagnosed with glaucoma and macular degeneration.

Bill's mother has chronic fatigue, insomnia and hand tremors.

Jim has ALS (amyotrophic lateral sclerosis) and wants a nutritional supplement program.

Gottfried has a friend with vision loss due to a botched surgery.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.
Monologue

Dr. Wallach starts the show today discussing a recent economic report. Asserting the economy is growing at less than 1%. Stating that shopping malls are empty because everyone is shopping online. Contending more and more people will lose jobs and those people should start building a business through Youngevity.

 Pearls of Wisdom

Doug Winfey and Dr. Wallach discuss a news article regarding a report from WHO (the World Health Organization). The report states that drug resistant bacteria is now found in every corner of the world. Experts warning that is some areas of the world treatments are useless in more than half of cases. Stating that minor infections could start killing people and there is a need for new classes of drugs. However not one mention in the article that was the overuse of antibiotics by MDs that created this problem. Doc asserts that these bacteria don't build up an immunity to Youngevity's "Liquid Colloidal Silver".

Callers

Lindy has friend whose PSA level is 37.

Bryan has a friend who has been diagnosed with hip dysplasia.

Imogene is experiencing chronic joint pain she is obese and has dizzy spells.

Doug has a friend diagnosed with primary biliary cirrhosis.

Nishi has been diagnosed with myasthenia gravis.

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Dead Doctors Don't Lie Program 29 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing a news article regarding a study of medical errors. The article states that every year over 440,000 Americans are killed by medical errors. Making hospitals

 Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of type 2 diabetes. The study from the University of Pennsylvania found that the longer a patient has type 2 diabetes the more brain tissue is lost. This leads to neurodegeneration and ultimately cognitive decline.
Callers

Mike had an aortic valve replacement and knee replacement in the last couple of years.

Celeste's husband is a type 2 diabetic taking drugs for blood sugar control, statins for cholesterol and hypertension.

Robert's grandfather has been diagnosed with congestive heart disease.

Valerie's husband has been diagnosed with trigeminal neuralgia. She also has questions regarding her own tendonitis.

Maria has a friend diagnosed with Parkinson's disease.

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Dead Doctors Don't Lie Program 28 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing the Veterans Administration Medical care. Doc says a whistleblower has uncovered evidence that 43 people died as a result of delayed treatment while in the care of the V.A. .. . Doc Says someone should go to jail over this one.

Pearls of Wisdom

Billy Graff and Dr. Wallach discuss a news article on codine prescriptions written for pediatric patients in emergency rooms..even though codine is not often the best choice when children are involved.

Callers

• Kathy has a friend with cancer.
• Everett has a granddaughter with Rhuematoid arthritis.
• Jeannie has product questions for her husband.
• Carmen's mother may have alzheimer's disease.
• Sharon has question about M. S.
• Diane is concerned about her husband, who she says has a multitude of ailments.

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Dead Doctors Don't Lie Program 25 April 2014

Download File
Monologue

Dr. Wallach starts the show discussing type 2 diabetes. Outlining what causes the disease as well as how to prevent getting it. He also asserts that type 2 diabetes can be reversed through lifestyle changes and nutritional supplementation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach continue discussing type 2 diabetes. As a news article states the International Diabetes Federation is stating that by 2030 552 million adults will have the disease. That means that one out of every ten adults will have type 2 diabetes. The article outlines five lifestyle changes that can reduce type 2 diabetes by 80%. Recommending a healthy diet, exercise, normal body weight, no smoking and moderating alcohol consumption.

Callers

- Paul's wife suffers from chronic nausea.
- Lee has been diagnosed with sclera derma and type 2 diabetes.
- Bill has a friend who has been diagnosed with Milroy's disease.
- Darlene has MS (multiple sclerosis) and wants a nutritional supplement protocol.

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Monologue

Dr. Wallach starts the show discussing some of the history of medicine. Citing a story of how centuries ago herbalists were burned at the stake as witches. Telling the story of Dr. Semmelweis who was a pioneer in antiseptic medicine. Whose ideas were rejected at the time and he was put into a mental institution where he later died. Outlining his own story of how he was fired for discovering that cystic fibrosis is a nutritional deficiency during pregnancy.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on a growing pattern of doctors and nurses being fired for whistle blowing on overuse of tests and procedures. The Mayo Clinic recently found that doctor burnout rate is at 46% due to hospital mergers and a disconnect between those setting policy and those providing care.

Callers

- Wendy has several health challenges including breast cancer, restless leg syndrome, IBS and hypertension.
- Greg has questions concerning his mother who has been diagnosed with a urinary tract infection.
- Bonnie has a friend diagnosed with Bells palsy.

http://semanticommunity.info/Data_Science/Data_Science_for_Natural_Medicines/Dead_Doctors_Don't_Lie_Radio

Updated: Wed, 23 Sep 2015 09:23:49 GMT

Powered by MindTouch
• Julie’s mom has several health challenges including atrial fibrillation, hypertension, congestive heart failure and obesity.

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Dead Doctors Don't Lie Program 23 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing some of the history of medicine. Outlining his own story of how he was fired for discovering that cystic fibrosis is a nutritional deficiency during pregnancy.

Pearls of Wisdom

Billy Graff and Dr. Wallach discuss a news article on vitamin d deficiency in expectant mothers that researchers say causes tooth issues in the children of those mothers after they are born.

Callers

• Betty has diabetic and kidney issues.
• Lindsey asks doc about anemia.
• Zully has been on antibiotics for a year and also has blood sugar issues.
• Donna has a son in law with skin issues and fibromyalgia.
• June has friend with diabetic and weight issues.

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Dead Doctors Don't Lie Program 22 April 2014

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Monologue

Dr. Wallach starts the show discussing a news article on the high cost of medical care. Asserting that thirty cents out of every dollar spent within a medical industry setting is fraudulent. All from unnecessary procedures and tests as well as charging for tests. As well as charges for tests and procedures that were never performed. Every year it totals to $750 billion dollars of fraudulent charges.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding chronic inflammation. Chronic inflammation has been linked to dysplasia or abnormal cell growth which can lead to cancer. Currently the Mayo Clinic is conducting research
to test to see if NSAIDs (non-steroidal anti-inflammatory drugs) can reduce the risk of chronic inflammation. However some research concludes the harm from side effects out weighs the benefits.

Callers

Marylin has a testimonial of how well her mother is doing using the 90 essential nutrients following a stroke.

Joe has a friend diagnosed with achondroplasia (short limb dwarfism).

Madrew has a friend diagnosed with fourth stage cervical and brain cancer.

Adelina has uterine cysts and is taking medication for hyperthyroidism.

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Dead Doctors Don't Lie Program 21 April 2014

Monologue

Dr. Wallach starts the show discussing a news article regarding a law suit against drug makers Takeda and Eli Lilly. The suit is over the diabetes drug Actos (Pioglitazone) and links to an increased risk of cancer. The jury ordering Takeda to pay $6 billion in damages and Eli Lilly to pay $3 billion.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about a woman in the U.K. who died as a result of a medical mistake. The woman suffering from appendicitis and needed her appendix removed. The surgeon in training Dr. Yahya Al-Abed mistakenly removed the woman's right ovary instead of the appendix. The supervising surgeon Dr. Babatunde Coker was busy eating lunch while the surgery was being performed. The woman eventually died on the operating table of multiple organ failure due to septicemia.

Callers

Henry's son has chronic recurring tonsilitis and wants a nutritional supplement plan to deal with the symptoms.

Casey's Border Collie has extremely swollen lymph glands.

Pat has questions regarding rheumatoid arthritis and how to control symptoms naturally.

Kyle Ann has two questions the first concerns a girl with hyperhydrosis. Second she has questions regarding a girl diagnosed with Tourrette's syndrome.
Vee has questions concerning an 18 year old diagnosed with ADHD (attention deficit hyperactivity disorder).

Celeste’s nephew has eczema over his entire body.

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Dead Doctors Don't Lie Program 18 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing the pharmaceutical industry. Citing a story that starting in early 2007 the FDA started keeping track of adverse events caused by nutritional supplements. With first report coming out in 2008 stating that in 2007 there were 600 adverse events from supplement but no deaths. However there were 480,000 adverse events associated with pharmaceuticals. Each year there are 1.5 million deaths and permanent injuries caused by prescription errors.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story concerning a study of prescription drug samples. The study found that in 2011 the pharmaceutical industry distributed $6.3 billion of samples. The study also found that dermatologists that give out samples to their patients were more likely to prescribe expensive brand name drugs.

Callers

Trina’s husband has been diagnosed with nasal polyps.

Nadia’s mother has been diagnosed with congestive heart failure.

Michael has been diagnosed with third stage kidney failure.

Cathy has several health challenges including knee pain, back pain, gout, G.E.R.D. (gastroesophageal reflux disease), high blood pressure and IBS (irritable bowel syndrome).

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Dead Doctors Don't Lie Program 17 April 2014

Download File
Monologue

Dr. Wallach starts the show discussing the statistics of medical mistakes. Citing the numbers of people each year that die at the hands of medical doctors. Contending that people should fire their medical doctor and educate themselves about their own health. Asserting that most all of the medical tests performed by medical doctors can be done cheaply at home.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of outpatient clinics. Analyzing data from 3 previous studies finding the misdiagnosis rate among outpatients is about 5%. Translating into 1 in 20 adults or 12 million Americans every year.

Callers

Hardy has a calcium build up in his heart.

Peggy has degenerative disk disease resulting is several other health challenges.

Shannon's cat has a chronically severe case of conjunctivitis.

Pat is experiencing chronic knee and back pain.

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Dead Doctors Don't Lie Program 16 April 2014

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Monologue

Dr. Wallach starts the show discussing a news story concerning medical doctors that are high on pharmaceutical or street drugs. Citing a study from several years where ER doctor’s blood was tested for alcohol or drugs. Researchers found that 56% of them were either drunk or high on drugs.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding the importance of vitamin K2 for good health. Most people know that vitamin K2 helps blood to clot. But it is also very important for building bones and keeping bones healthy. It also reduces calcium buildup in blood vessels. Research has solidly linked the role of vitamin K2 to the prevention of vascular calcification.
Callers

Yelena has two questions the first concerning a nine year old boy diagnosed with Celiac disease. Second she has questions regarding a baby diagnosed with Langerhans Cell Histiocytosis.

Cooper has been diagnosed with an inguinal hernia and his doctor is recommending surgery.

Deloris has spinal stenosis and arthritis in her hips.

Katherine has muscle weakness and fatigue.

Dave wants to start raising chickens and asks Dr. Wallach what he should feed the chickens.

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Dead Doctors Don't Lie Program 15 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing gluten intolerance and how as many as 70% of Americans suffer from it. Asserting that this condition can lead to many different diseases. In fact he contends that all chronic degenerative diseases are due to nutritional deficiencies due to malabsorption.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out regarding diabetes. The percentage of Americans with diabetes has nearly doubled in the past 20 years. Basically paralleling the rate of obesity although that is not the cause. Some experts are contending if this trend continues at the same rate by 2034 some 44 million Americans will have diabetes.

Callers

Brenda's grandfather has a chronic cough.

Lindsey has two questions the first regarding a female friend with breast cancer. Second she has questions regarding a man diagnosed with testicular cancer.

Glen's wife has been going to doctors for several years trying to get treatment for fibromyalgia.

Gottfried has a friend with type 2 diabetes but is having difficulty controlling his blood sugar levels.

Ann has questions regarding the treatment of rheumatoid arthritis.
Dead Doctors Don't Lie Program 14 April 2014

Monologue

Dr. Peter Glidden fills in for Dr. Wallach starting the show discussing arthritis. Contending that arthritis is an epidemic because people listened to their doctors. Asserting that allopathic reductionist medicine is not equipped to deal with chronic degenerative diseases.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden continue discussing arthritis. The article outlines some guidelines put out by the National Institute of Arthritis and Musculoskeletal and Skin Diseases. All natural ways of dealing with the pain of arthritis such as exercise, diet, dietary supplements, hot and cold applications.

Callers

Rick's wife is a type 2 diabetic who is retaining fluids.

Gloria has difficulty digesting certain foods leaving her with gas.

Joe has a friend whose child was born with andoplasia.

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Dead Doctors Don't Lie Program 11 April 2014

Monologue

Dr. Wallach starts the show discussing his latest book "Epigenetics". Outlining how the book explains that diseases such as type 2 diabetes once thought to be genetic. Are now known to be caused by nutritional deficiencies. Combined with the growing number of individuals who are gluten intolerant and absorbing the nutrients the do get from their diet.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report out from the Cochrane Review. Researchers contend that governments stockpiling Roche’s Tamiflu and GlaxoSmithKline’s Relenza vaccines for influenza are wasting billions of dollars. The lead researcher Carl Heneghan asserts that "there is no credible way these drugs could prevent a pandemic."
Callers

Jay has hepatitis B and wants to control the symptoms without drugs.

Jane is trying to cleanse her liver after exposure to toxic chemicals.

Carmen has questions on how to maintain good eye health.

Ken has questions regarding tinnitus and high blood pressure.

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Dead Doctors Don't Lie Program 10 April 2014

Monologue

Dr. Wallach starts the show discussing the death of the wrestler "Ultimate Warrior". Asserting that he might have died from a cardiomyopathy heart attack as many previous young athletes. Contending that athletes sweat out all of the nutrients in their bodies. If they don't replenish these nutrients then disease will follow and ultimately death.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding spending of Medicare dollars. In 2012 doctors and other health practitioners collected $77 billion from Medicare. This is the first time this detailed data has been released by the Centers for Medicare and Medicaid Services. As the American Medical Association has long fought to keep this data private. Last year a federal judge lifted the injunction to keep this information private. The hope is that with this data public fraud might be more easily detected. A report from the Office of Inspector General looked at the $65 billion Medicare paid out in each year between 2008 and 2011. Approximately 2% of physicians were responsible for almost 25% of Medicare payments with each doctor getting more than $500,000 annually.

Callers

Joe has several health challenges including insomnia, chronic fatigue, candida, and depression.

Rodney is a type 2 diabetic undergoing dialysis.

Shari's dog has a torn ligament in it's hind leg.

Derek's cousin has been diagnosed with Alzheimer's disease.

Peter's sister is struggling with weight gain.
Monologue

Dr. Wallach starts the show discussing weight loss as that is a "New Years Resolution" for many people. Doc contends that the reason many people have difficulty losing weight is because they go about it wrong. Asserting that weight gain and obesity are not due to excess or lack of will power. But rather a problem of deficiency outlining his theory that it the result of mineral deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a couple of news stories. The first concerns a growing trend of hospitals making their employees "smoke free". Doing so by testing applicants for nicotine if they are positive they are offered help quitting and asked ot re-apply after they have quit the habit. Next they discuss a story about foods that help boost the immune system.

Callers

Mary has two questions and one update. The update is to tell Doc that using his advice she was able to get rid of hemorrhoids. Her first question concerns her daughter who believes that treatment protocols for animals don't transfer to humans. Second she asks Doc if Bourbon is gluten free.

Lee has been experiencing muscle spasms in his back.

Terry's wife has been diagnosed with dystonia.

Monologue

Dr. Wallach starts the show discussing ways to be healthy. Contending that exercising and eating healthy won't necessarily lead to a long healthy life. Asserting that people must eat healthy, exercise and supplement with the 90 essential nutrients. Also stating that diseases are not genetic but rather due to nutritional deficiencies.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news articles regarding poor healthcare. The first article is about Australian Olympic swimmer Ian Thorpe who contracted two different types of infection after surgery at a Swiss hospital. Second they discuss an article about a man in Sweden who had a stroke and was completely paralyzed. He could still hear and see but couldn’t move at all. He overheard his doctors telling his girlfriend and family that he wasn't going to survive. Then started talking about harvesting his organs. Fortunately three days later another doctor looked at his x-rays and decided he was going to make after all. He can now nod, speak and is beginning to get some movement.

Callers

Jim’s wife has RLS (restless leg syndrome) and peripheral neuropathies.

Jason calls with an update from a previous call regarding a mass in his neck.

Sherman has a friend diagnosed with ALS (amyotrophic lateral sclerosis).

Cheryl has several health challenges including high blood pressure, elevated blood sugar levels and high cholesterol.

Maria has been diagnosed with hypertension and peripheral neuropathies.

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Dead Doctors Don't Lie Program 07 April 2014

Download File

Monologue

Dr. Wallach starts the show discussing gluten intolerance. Asserting that 30% of Americans are gluten intolerant leading to several health challenges. Contending there are epidemics of chronic diseases such as diabetes, heart disease and cancer.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding baby boomers who are living longer but aren’t healthy. The author contending there are impending increases in hypertension, high cholesterol, diabetes and obesity. Doc asserts that all of the aforementioned conditions can be reversed and prevented with nutritional supplementation.

Callers

Doug has a friend diagnosed with degenerative disk disease.

Jerry’s son has MD (muscular dystrophy).
Sandy has been diagnosed with polymyalgia rheumatica.

Mary's husband has hypertension.

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Dead Doctors Don't Lie Program 04 April 2014

Monologue

Dr. Wallach starts the show today discussing gluten intolerance and links to Celiac disease, IBS (irritable bowel syndrome), Crohn's disease and lupus. Explaining how this intolerance to gluten causes the small intestine to become inflamed much like skin exposed to poison oak. Contending this causes people to suffer a myriad of health challenges due to a lack of nutrient absorption.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a film out that is promoting veganism. Although the film is promoting a vegan lifestyle not supported by Dr. Wallach it does point to some important health ideas. Such as the idea that many if not all health challenges can be prevented and reversed by proper diet and nutritional supplementation.

Callers

Teresa has follow-up questions from a previous call regarding her mother who has atrial fibrillation.

Sandra's husband has several health challenges including obesity, diabetes, hypertension, back pain, renal failure and gastroparesis.

Stacy has a nephew has chronic epileptic seizures.

Chris asks Dr. Wallach's opinion of the "China Study" that concluded most Chinese are vegans.

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Dead Doctors Don't Lie Program 03 April 2014

Download File
Monologue

Dr. Wallach starts the show discussing a news article concerning medical tests. The article outlines that there are 40 common medical tests and procedures that are performed too often. Contending they possibly do more harm than good. Citing a report that contends that 15,000 seniors are killed with the medical system each month.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of flavonols in chocolate. The study found that mice eating a high fat diet rich in flavonols were able to avoid weight gain, low blood sugar levels and lower blood pressure. However the researchers contend the dark chocolate should not be processed as that removes flavonols.

Callers

Mildren has a friend whose doctor wants to remove a bunion.

Greg has a friend with hypertension and wants to control it without drugs.

Camillus has several health challenges including heart disease, hypertension, metabolic syndrome and bone on bone arthritis in his knees.

Pat has high blood pressure and edema in her legs.

Ester outlines 3 people who are seeing symptoms disappear after taking nutritional supplements.

Matt has questions regarding gall bladder health.

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Dead Doctors Don't Lie Program 02 April 2014

Download File

Monologue

Dr. Wallach begins today’s show discussing his new book "Epigenetics". Outlining the history of medicine from people believing disease was caused by evil spirits to more recently attributing disease to genetic causes. Contending Americans are some of the sickest people in the world because they took the advice of medical doctors.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning vitamin D. The story outlines eight symptoms that may signal a person has a deficiency. Muscle weakness, sadness, pain sensitivity, stress fractures, high blood pressure, day time sleepiness, extreme crankiness and decreased endurance all could indicate a vitamin D deficiency.
Callers

Eric has bipolar disorder and wants to try and control the symptoms without drugs.

Omar's aunt is a type 2 diabetic with kidney failure.

Gottfried has two testimonials regarding friends who have reversed disease symptoms by taking nutritional supplements. He also has questions concerning another friend who is type 2 diabetic who is having a hard time controlling his blood sugar.

Jim has a friend who has been diagnosed with atrial fibrillation.

Regina has loose teeth and her dentist wants to remove her teeth.

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Dead Doctors Don't Lie Program 01 April 2014

Monologue

Dr. Wallach starts the show discussing his new book "Epigenetics". Outlining that early on people thought disease and health challenges were caused by evil spirits. Others thought "the gods" gave people disease. Then once bacteria was discovered doctors thought all disease was caused by germs. Then viruses and most recently genetics.

 Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a British study concerning fruit and vegetable consumption. The study found that those who consumed at least 3 to 4 servings of fruits and vegetables daily cut their risk of death by 42%. That compared to individuals who ate less than one daily serving.

Callers

Jim's dog has been diagnosed with kidney failure.

Paul's baby was born with a swollen eye.

Sue has three questions the first regarding a friend diagnosed with malaria. Second she asks about a friend who has difficulty sleeping. Finally she has a question for herself regarding a baker's cyst.

Carl's aunt has been diagnosed with congestive heart failure.

Cher is the victim of a botched surgery that left her without the ability to eat solid foods.
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Dead Doctors Don't Lie Program 31 March 2014

Download File

Monologue

Dr. Peter Glidden fills in for Dr. Wallach today beginning the show discussing his mentor Dr. Joel Wallach. Stating the reasons why Dr. Wallach set Youngevity as a network marketing company. Contending that this was done to build a coalition of informed people who can help change the way America thinks about healthcare.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article regarding a study on time change. The study found that there was a 25% increase in heart attacks on the Monday following changing to daylight savings time. Also finding a 21% decrease in heart attacks the Tuesday following the change back to standard time.

Callers

Brian's wife has had Alzheimer's for 19 years.

Bill's mom recently fainted and was diagnosed with an irregular heart beat.

Ron has several health challenges including acid reflux, sinus problems, joint pain and red patches around his eyes.

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Dead Doctors Don't Lie Program 28 March 2014

Download File

Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach beginning the show discussing various diseases such as autism and cancer. Outlining how the incidence of these is increasing over time. Contending that this is because Americans are increasingly nutrient deficient. Asserting that people need to supplement because the nutrients aren't in the food.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article regarding a report out from the CDC (Centers for Disease Control and Prevention). The report states that one in 68 U.S. children has an autism spectrum disorder. Which is a 30% increase in just the past two years from one in 88. With autism occurring 4.5 times in boys than in girls.
Callers

Sue has been diagnosed with arthritis but doesn't want to take drugs.

George has two questions the first concerns himself and his diagnosis of type 2 diabetes. He also has questions regarding a friend who recently had a stroke.

Ann has a friend diagnosed with Q fever which is a bacterial infection in the lungs.

Michelle is pregnant and asks Dr. Glidden how much of the "Healthy Start Pack" she should take while she is pregnant.

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Dead Doctors Don't Lie Program 27 March 2014

Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach beginning the show citing the statistics of how many patients die in medical settings every year. In fact he contends that the medical system is the lead cause of death for Americans. Surpassing both heart disease and cancer in annual deaths.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden continue discussing the broken medical model. Discussing a news article concerning a recent study of hospital acquired infections. The report states that 1 in every 25 patients acquired an infection in 2011. That year some 721,800 patients acquired an infection with 75,000 dying according to the CDC (Centers for Disease Control and Prevention).

Callers

Linda was born with a heart defect that was surgically repaired but she continues to experience pain.

Juergen has a friend who has chronic psoriasis and irregular menstrual cycles.

Cleo's husband has been diagnosed with squamous cell carcinoma.

Yelena has a friend with a golf ball sized polyp that surgeons want to remove.

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Dead Doctors Don't Lie Program 26 March 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing a news story on stress. A study found that stress is linked to infertility. Ben asserts that stress is related to almost all health challenges. Contending that deep breathing is a good way to reduce the effects of stress.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article concerning natural ways to deal with allergies. Allergy expert Dr. Susanne Bennett outlines 7 natural ways to reduce the effects of allergies. Citing foods that can be problematic as well as drinking plenty of water to flush allergens out of the body. As well as keeping air dust free, avoiding non-stick pans that have cuts and reducing stress.

Callers

Joe has questions regarding hypertension and PAD (peripheral artery disease).

Tariq has painful arthritis and wants relief.

Esmerelda has been diagnosed with achalasia.

Michelle has rheumatoid arthritis.

Betty has a baker's cyst on the back of her knee.

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Dead Doctors Don't Lie Program 25 March 2014

Monologue

Dr. Wallach starts the show today discussing degenerative disk disease. Outlining how this can lead to pinched nerves that can manifest as many different health challenges. Contending that peripheral neuropathies, atrial fibrilation and tinnitus all caused by pinched nerves.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding intestinal microbes. Researchers at the California Institute of Technology found that mice without gut microbes were defective in immune cell production. Making the mice susceptible to bacterial infections and a compromised immune system.

Callers

Heather has been diagnosed with an inflamed colon.

Anthony has questions concerning a friend diagnosed with MS (multiple sclerosis).

Nian has juvenile arthritis, gout and peripheral neuropathies.

Jim's mother-in-law has fatigue, type 2 diabetes and blood in her stool.

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Dead Doctors Don't Lie Program 24 March 2014

Download File

Monologue

Dr. Wallach starts the show discussing heart disease. Outlining the various types of heart diseases and what he believes causes these diseases. All are due to nutritional deficiencies that aren't in the American's diets.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a recent study on blood pressure. Researchers in Massachusetts found that people whose "systolic" blood pressure differed by 10 millimeters of mercury between arms were 38% more likely to have cardiovascular problems. The American Heart Association already recommends taking blood pressure in both arms. Although most doctors only take blood pressure in one arm.

Callers

Braden has a horse with a damaged ligament.

Michael has a family member diagnosed with breast cancer.

Sade has high blood pressure, knees with bone on bone arthritis and is obese.

Lloyd is trying to control his high blood pressure without drugs.
Ronald has been diagnosed with an inguinal hernia.

Cindy's sister is a type 2 diabetic and she is trying to get a supplement program to control blood pressure.

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Dead Doctors Don't Lie Program 21 March 2014

Monologue

Dr. Wallach starts the show discussing his new book due out in a week. The book titled "Epigenetics" going against the notion that diseases are caused by genetics. Doc outlines several diseases that were once thought to be genetically caused but he contends aren't caused genetically.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding autism. The article outlines the story of a woman who contends she cured her daughter of autism. She claims that by eliminating MSG monosodium glutamate from her daughter's diet. Outlining research that states people can have glutamate imbalances.

Callers

John has been diagnosed with kidney disease.

Jan's sister has been diagnosed with lymphoma.

John has a friend diagnosed with Crohn's disease.

Michelle has Meniere's disease and wants to treat it naturally.

Pat has bone on bone arthritis in her knees.

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Dead Doctors Don't Lie Program 20 March 2014

Download File
Monologue

Dr. Wallach starts today's show discussing digestive problems. Contending that all digestive problems are due to nutritional deficiencies. Also asserting that there is no thing as too much stomach acid. Rather when people experience bloating, belching, gas and heart burn it is because their stomach acid isn't strong enough.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding new cholesterol guidelines. The American Heart Association and the American College of Cardiology have revised the guidelines on risk factors for heart disease and stroke. If doctors have their way an additional 13 million Americans will be taking statin drugs.

Callers

Katherine's husband has liver sclerosis and kidney failure.

Glen has a friend diagnosed with HPV (human papillomavirus).

Jason has a solid mass in his neck near his carotid artery.

Kent has a premature infant and wants to start a nutritional supplement program.

Rosylin has questions regarding lupus.

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Dead Doctors Don't Lie Program 19 March 2014

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Monologue

Dr. Wallach starts the show talking about medical screening tests. Asserting that these tests don't actually prevent any diseases only possibly early detection of disease. In response to a news article that claims colon cancer screening prevents deaths from colon cancer. However they believe this only because colon cancer deaths have declined while screening has increased. But no real data to prove this claim that there is a correlation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of drunk doctors. Researchers at Washington University sent out questionnaires to over 25,000 surgeons to find ones that have alcohol abuse problems. The study found that 15% of those that responded had alcohol dependency and that 45% of those admitted to a major medical mistake in the past three months. Researchers also believe that the percentage is actually much higher because only about 7200 of the 25,000 responded to the survey.
Callers

Kathy has been diagnosed with leaky gut syndrome and a brain aneurysm.

Lucille has two questions the first question is if teeth can be rebuilt. Second she has questions regarding her husband who has arthritis in his knee.

Olive was recently diagnosed with breast cancer.

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Dead Doctors Don't Lie Program 18 March 2014
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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach beginning the show discussing dementias. Asserting these are just degeneration disease of the brain. Because the brain cells are not getting the proper nutrients they need to be healthy.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss ADHD drugs. A recent analysis found that prescriptions for ADHD drugs have almost doubled in the past four years. Increasing by 53% for adults and increasing 47% in young adults. In 2012 2.6 million adults and 640,000 young adults filled prescriptions for ADHD drugs.

Callers

Lou's brother-in-law has been diagnosed with a brain tumor.

Carl's friend has been diagnosed with retinitis pigmentosa.

Alex has a friend diagnosed with cancer.

William has kidney failure and currently on dialysis.

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Dead Doctors Don't Lie Program 17 March 2014
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Monologue

Dr. Peter Glidden fills in for Dr. Wallach beginning the show outlining the difference between naturopathic medicine and allopathic medicine. Contending that allopathic medicine is reductionist treating only symptoms. Asserting that naturopathic medicine treats the root cause of symptoms and sees the body as a whole.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning an Alzheimer's study. The study found that those getting a daily dose of vitamin E had a delay in disease progression. Dr. Glidden contends that the brain is made up of cholesterol and taking cholesterol lowering drugs is a bad idea.

Callers

Danica's son is on beta blockers and hypertension drugs.

Keith is on dialysis and wants to get off it naturally.

Gerold has been diagnosed with stomach cancer.

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Dead Doctors Don't Lie Program 14 March 2014

Download File

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing epigenetics. Explaining what the term means and asserting that many genes are not set in stone. Explaining they can be turned on and off by diet and lifestyle.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding the safety of over-the-counter gas releif medications. The consensus is that these medications are generally safe even taken daily. The author of the article Dr. Alvarez cited several natural methods for preventing gas and bloating.

Callers

Barbara has extremely low blood pressure.

Dave has a friend whose daughter recently had a miscarriage.

Nadja has very low thyroid function and heavy menstrual cycle.
Dead Doctors Don't Lie Program 13 March 2014

Download File

Monologue

Dr. Wallach starts the show discussing birth defects asserting that many are due to preconception nutritional deficiencies. Outlining several such as neural tube defects found to be a folic acid deficiency. Congenital deafness is a manganese deficiency. Cystic fibrosis is found to be simple trace mineral deficiency in fact Dr. Wallach won an award for discovering this back in 1977.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on a study of cancer screening test perceptions. More than three-quarters of 400 plus doctors surveyed believed these tests save lives. While data shows this to be a false perception.

Callers

Robert has questions concerning a congenital bleeding disorder.

Ray was recently diagnosed with hypertension and is experiencing frequent urination.

Annette's brother has been diagnosed with lymphedema and chronic fatigue.

Harriet calls with a update reports on herself her husband and brother.

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Dead Doctors Don't Lie Program 12 March 2014

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Monologue

Dr. Wallach starts the show today asserting that the U.S. is number one in obesity. Contending that this is the fault of the medical system and the government. Because for the last fifty years they've told Americans to watch what the eat and exercise. Following that advice Americans are now the most obese nation in the world. Top military leaders contend that two thirds of young people ages 17 to 24 are unfit to serve in the military.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out from the CDC (Centers for Disease Control and Prevention). The report states that hospitals are contributing to the rise of drug resistant "superbugs". Also stating that some hospitals prescribe up to three times as many antibiotics as other hospitals.

Callers

Debra has osteoarthritis and hypothyroidism.

Lisa has questions on how to get rid of scabies.

Heidi’s daughter has been diagnosed with panda syndrome and OCD (obsessive compulsive disorder).

Bill has an update on his hair loss and asks Dr. Wallach how do a liver cleanse.

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Dead Doctors Don't Lie Program 11 March 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach beginning the show discussing a news story concerning a study that linked selenium to cancer. Ben points out that this was with high levels of selenium and that this mineral has been linked to cancer prevention. Outlining many of the various health benefits of supplementing with the trace mineral selenium.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs continue discussing cancer. With another news story regarding a report from the American Society of Clinical Oncology. The report contends that new cancer cases is expected to increase nearly 45% by 2030. Increasing from 1.6 million cases yearly to 2.3 million cases putting a burden on the health care system.

Callers

Ronald has been diagnosed with retinitis pigmentosa.

Sade has knee damage from an accident.

Ann has been diagnosed with leaky gut syndrome.

Angel is experiencing digestive problems.
Kelly's daughter has been diagnosed with OCD (obsessive compulsive disorder).

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**Dead Doctors Don't Lie Program 10 March 2014**

**Monologue**

Dr. Wallach starts the show discussing why many corporations have chosen to move to third world countries. Asserting the high cost of medical benefits for workers has made it impossible to remain profitable. Contending the medical system has failed the American people. Citing some of his books as ways for people to educate themselves so they can be in charge of their own health.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding prenatal vitamins. Doc is vindicated several times because the article outlines several ideas he has touted for years. Such as taking vitamins and minerals before a woman tries to conceive. However the article only recommends 10 nutrients while Doc recommends 90 essential nutrients.

**Callers**

Christy's father has been diagnosed with a rare blood disorder where his blood doesn't clot.

Nathaniel's brother is autistic with several other health challenges.

Leticia has rheumatoid arthritis, depression and anxiety.

Ruth wants to lose weight as she is nearly 100 pounds over weight.

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**Dead Doctors Don't Lie Program 07 March 2014**

**Monologue**

Pharmacist Ben Fuchs fills in for Dr. Wallach beginning the show discussing skin health. Asserting that chronic degenerative skin problems such as psoriasis, eczema, rosacea and dry skin can't be fixed topically. This despite all of
the commercials for topical skin products. Also contending that doctor will often prescribe steroids which he contends are "nasty" drugs.

**Pearls of Wisdom**

Doug Winfrey and Ben Fuchs discuss a news article concerning how time zones came affect health. The article outlined when and why the current 24 time zones were set up. Doug and Ben discuss how working overnights and other lifestyles can affect the body's circadian rhythm. The article also cited studies that found children don't perform as well on work when starting very early.

**Caller**

Brenda's husband has high blood pressure, low libido and erectile dysfunction.

Emma suffers from vertigo.

Todd has several health challenges including weight gain, type1 diabetes, gout and peripheral neuropathies.

William has concerns about radiation from Fukushima. As scientists are predicting it will hit the pacific coast this spring.

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**Dead Doctors Don't Lie Program 06 March 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing the concept of longevity. Outlining how his research shows that cultures that have a lot of people living to be 100 are all third world countries. These peoples living in rural areas without access to doctors or health insurance. Contending these people are still cooking and heating with wood. Then putting the ash in their gardens so they are unknowingly getting plant derived minerals.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding a Gallop Health poll. The poll states the Mississippi is now the leader in the obesity category. Displacing West Virginia as the state with the highest rate of obesity. The same poll lists Montana with the lowest percentage of obesity displacing Colorado which previously held that slot.

**Callers**

Susan has been told that she may have a gluten intolerance.

Jennetta is a breast cancer survivor whose doctor wants to remove her breasts.
Leigh’s husband has Raynaud’s phenomenon.

Leo has had a heart murmur since he was five years old.

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**Dead Doctors Don't Lie Program 05 March 2014**

**Download File**

**Monologue**

Pharmacist Ben Fuchs fills in for Dr. Wallach discussing hypertension. Outlining his opinion of how toxic high blood pressure drugs are to the human body. Also citing several methods of lowering blood pressure naturally without drugs.

**Pearls of Wisdom**

Doug Winfrey and Ben Fuchs discuss a study from USC regarding cancer. The study found a link between and increased risk of cancer and a diet high in animal protein and cheese. Ben asserts that the hormone that is associated with this increased risk is actually put in the food given to livestock.

**Callers**

Patricia has degenerative joint disease.

Joe is experiencing poor vision and poor circulation.

Jim's wife has a history of strokes and is now dealing with arthritis.

Pamela's husband has been diagnosed with severe schizophrenia.

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**Dead Doctors Don't Lie Program 04 March 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing weight gain and obesity. Asserting the reason why so many Americans are overweight and obese is because the listened to their doctors. Citing a study that found exercise alone can't help people lose weight. Contending that MDs and the government try to treat symptoms not the root cause. Stating that weight gain and obesity is a mineral deficiency.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding vitamin D deficiencies. The article outlines 8 symptoms associated with a vitamin D deficiency. The article contends that muscle weakness, depression, pain sensitivity, stress fractures, high blood pressure, daytime sleepiness, extreme crankiness, and decreased endurance.

Callers

Lena is trying to get pregnant but has had several miscarriages.

Brenda's doctor wants to start her on kidney dialysis.

Carmen has questions regarding macular degeneration and cataracts.

Sue has been diagnosed with a Baker's cyst.

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Dead Doctors Don't Lie Program 03 March 2014

Monologue

Dr. Wallach starts the show discussing longevity and why some cultures have many more centenarians than in the U.S. Asserting these cultures are always in third world countries. Not living in big cities with access to doctors and health insurance. Contending that doctors kill more people each year than most diseases.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding the oldest woman in the world. The Japanese woman Misao Okawa will be 116 years old later this week. She attributes he longevity to eating sushi once a month and always getting eight hours of sleep. Doc disagrees contending she probably lives in a remote area of Okinawa cooking with wood and putting the ash in her garden.

Callers

Jim's dog has been diagnosed with a low red blood count.

Joyce has been diagnosed with atrial fibrillation.

Pamela's mother is experiencing short term memory loss.

Rick has questions regarding his wife who is a type 2 diabetic trying to lose weight.
Monologue

Dr. Peter Glidden fills in for Dr. Joel Wallach beginning the show discussing atrial fibrulation. Outlining the treatments used by the medical doctors such as stopping the heart and the restarting the heart. Using lasers on the nerves in the heart or killing part of the heart.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article regarding a Swiss study of doctor's stethoscopes. After examining patients researchers found more bacterial contamination on the stethoscope than on doctors hands. There are currently no guidelines on how often a doctors should clean their stethoscopes.

Callers

Jim's mother-in-law has several health challenges including hypertension, diverticulitis and type 2 diabetes.

Debra is experiencing side effects from taking heart medications.

Gary has a friend who is dealing with chronic fatigue.

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Dead Doctors Don't Lie Program 27 February 2014

Monologue

Dr. Wallach starts the show discussing a news article regarding Obamacare. The Obama administration is asking for $15 billion to train new primary care doctors. Doc asserts that the problem with our medical system is not money but rather the model is wrong.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study that found a correlation between the shigles virus, heart attacks and strokes. The study found those who contracted shingles before the age of 40 were 50% more
likely to have a heart attack and 74% more likely to have a stroke compared to those without shingles. Doc asserts that shingles does not cause heart disease or stroke but rather all three are caused by the same thing.

**Callers**

Julius has hypertension, type 2 diabetes and kidney disease.

Mary has an infestation of bot fly larvae in her angles.

JC has been diagnosed with myositis.

Anthony has two questions the first concerns a woman with back pain, depression and anxiety. Second he has questions regarding a woman with pelvic inflammatory disease.

Terry has a friend diagnosed with prostate cancer that has metastasized to his intestines.

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**Dead Doctors Don't Lie Program 26 February 2014**

**Download File**

**Monologue**

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing weight loss. Asserting that weight loss doesn't have to involve will power. Contending that if the body is getting enough of the right nutrients people won't crave foods and over eat.

**Pearls of Wisdom**

Doug Winfrey and Ben Fuchs discuss a news article regarding eating colorful foods. The author of the article cites the various nutrients and benefits of eating foods that are colored red, orange, yellow, green, blue, indigo, violet, black and tan. Ben outlines how different colored foods can protect the skin from ultraviolet rays as well as boost the immune system.

**Callers**

Alan feels tired all of the time.

Dave has tinnitus and elevated blood pressure.

Diane has macular degeneration.

Alma's son's heart has a low ejection fraction.
Barbara’s husband is a type 2 diabetic trying to control his blood sugar naturally.

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Dead Doctors Don't Lie Program 25 February 2014

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Monologue

Dr. Wallach starts the show discussing a news article regarding a study of vitamins. Dr. Michael LeFerve co-vice chair of the U.S. Preventive Services Task Force is quoted as saying there's no evidence that taking multivitamins prevents cardiovascular disease or cancer. Doc disagrees stating they only looked at a handful of supplements namely folic acid and vitamin B 12. He asserts that for good health there 90 essential nutrients because many vitamins need mineral co-factors to work properly.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a doctor that left the room during the delivery of a baby. The doctor and nurse both left the room woman was in labor to go perform an emergency C-section on another patient. While they were gone the woman's husband had to deliver the baby. The doctor put the blame on the nurse.

Callers

Dave gives a testimonial on how well Youngevity products worked for his family. He also has a question about a 500 lb bear with arthritis.

Kenni has two questions first she asks about a woman with glaucoma. Second she has a question about another friend diagnosed with Alzheimer's.

Derek is experiencing rapid heart beat after eating.

Jim has questions concerning a friend with Alzheimer's.

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Dead Doctors Don't Lie Program 24 February 2014

Download File
Monologue

Dr. Wallach starts the show discussing a news article concerning children in California with polio-like symptoms. Doc asserts that people should instruct their children to wash their hands with Youngevity's "Pure Works" product. Also contending that people should use disinfecting laundry detergent to kill any infection. Contending that if people have proper nutrition their immune systems will be healthy enough to ward off these types of infections.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning food labeling. The article outlines several common items found on food labels such as natural, diet, healthy and gluten free. The article states what the guidelines are for the legal use of these terms on package labeling.

Callers

Diane has several health challenges including hiatal hernia, kidney mass and skin allergies.

Debra is a type 2 diabetic trying to control her blood sugar without drugs.

Sherry's son has Down Syndrome.

Linda is not absorbing nutrients.

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Dead Doctors Don't Lie Program 21 February 2014

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Monologue

Dr. Wallach starts the show discussing how doctors are circumventing laws that prohibit them from taking money and gifts for promoting drugs. Also discussing medical mistakes outlining how many Americans are injured, infected and killed every year. Doc asserts that if McDonald's made a mistake in cooking their food that resulted in over 15 million injuries, infections or deaths they would be out of business.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study on thyroid cancer. Researchers using government data found there has been a dramatic rise in the incidence of thyroid cancer. Since 1975 the rates of thyroid cancer have nearly tripled. With 85% of the people having their thyroids removed and forcing them to take hormone pills the rest of their life. Upon further inspection researchers also found that most of the cases were papillary thyroid cancer the least deadly. The authors of the study wrote that most of the tumors were so small they should not have been treated.
Callers

Sue has questions concerning a cyst behind her knee.

Marion has a friend recently diagnosed with breast cancer.

Susan has been diagnosed with rheumatoid arthritis and osteoporosis.

Carolyn is recovering from recurrent parathyroid cancer.

Paul is a type 2 diabetic who is trying to control his blood sugar naturally.

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Dead Doctors Don't Lie Program 20 February 2014

Monologue

Dr. Joel Wallach starts the show discussing people taking control of their own health. Asserting that all the tests doctors do for a lot of money can be done cheaply at home. Outlining several of the tests such as an occult blood test to determine if there is blood in the bowel movements. Contending this will prevent medical mistakes that harm people.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a study from the Karolinska Institute in Sweden. Dr. Wallach is vindicated because he has been advising the health risks associated with eating processed meats for several years. The study found people who ate 1.8 ounces of processed meat daily the equivalent of two pieces of bacon or one sausage had an increased risk of pancreatic cancer. In fact those eating these processed meats were 19% more likely to get pancreatic cancer compared to those not eating processed meats.

Callers

Maria has two questions the first concerns her daughter’s growing pains. Second she has questions regarding her own problems with dry mouth.

Lola asks Dr. Wallach about depression, asthma and high cholesterol.

Shannon has a cat with conjunctivitis in both eyes.

Sherie asks about depression and anxiety.

Jerry wants to lose weight and become more healthy.
Monologue

Dr. Wallach starts the show discussing blood cholesterol levels. Asserting that totals should be 220 to 270 and that some cultures have blood cholesterol levels are 300 to 500 without heart disease. Contending that there have never been any studies directly linking elevated cholesterol to heart disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report from the CDC (Centers for Disease Prevention and Control) on clostridium difficile. Although some medical setting infections had gone down in recent years. At the same time the number of people hospitalized for a C. difficile infection has tripled over the past 10 years. These infections kill about 14,000 people in the U.S. every year.

Callers

Dennis had bronchial asthma for nearly sixty years and was diagnosed with diabetes forty years ago. He had been to over 40 doctors over the years with no relief. After starting a gluten free diet and taking Youngevity products for just a few months he contends he feels better at 64 than he did at age 18. Thanking Dr. Wallach for all of his help and information.

Stephanie's mother has degenerative disk disease and is experiencing peripheral neuropathies.

Florence is a type 2 diabetic taking supplements but still isn't seeing her blood sugar levels going down.

Marge asks Dr. Wallach to outline the use and benefits of Youngevity’s “Blooming Minerals” soil revitalizer product.

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Monologue

Dr. Wallach starts the show discussing congenital birth defects. Outlining various common congenital birth defects and asserting these occur due to nutritional deficiencies in the mother. Citing specific diseases and noting which nutrients were deficient either during conception or gestation to cause the disease.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a report out from the Society for Assisted Reproductive Technology. The report contends that 2012 saw more IVF (in vitro fertilization) births than ever before. Stating that overall births have been trending down in recent years. However they believe the increase in IVF births is due to women waiting until older ages to try and conceive.

Callers

Steve's wife has tinnitus and asks Dr. Wallach how to get rid of it.

Diane wants to lose weight using nutritional supplements.

Martin has broken bones in his hand a lack of energy and ED (erectile dysfunction).

Gottfried has a friend whose six year old daughter has been diagnosed with a urinary tract infection.

Mike believes his dog may have contracted heart worms.

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Dead Doctors Don't Lie Program 17 February 2014

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Monologue

Dr. Wallach starts the show discussing his new book on the origin of disease. Doc says many diseases have specific causes. An example is vitamin c deficiency resulting in scurvy. He points out the relationship between B1 shortage and beri beri. and a host of other examples...Doc’s book is out soon!

Pearls of Wisdom

Billy Graff and Dr. Wallach discuss a news article regarding a recent report about a study on vitamin c and it's effects on cancer patients being treated for ovarian cancer.

Callers

• Antoinette asks about cardio issues.
• Duncan has ulcerative colitis.
• Clarita says her husband has issues due to a stroke.
• Carol asks about a ganglia cyst.
• Jay asks about a parrot with liver disease.

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Dead Doctors Don't Lie Program 14 February 2014

Download File

Monologue

Dr. Wallach starts the show discussing medical negligence. Citing the statistics of how many patients are killed, injured and infected every year in the U.S. Over 15 million Americans are harmed in some fashion by the medical industry every year. Doc asserts that if people supplement with 90 for Life program and stay away from the bad foods doctors won't be needed.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a recent report from WHO (the World Health Organization). The report states that in coming years there will be a 70% increase cancers globally. Stating that by the year 2035 there will 25 million new cancer patients diagnosed globally every year.

Callers

Gertrude has a son diagnosed with ADHD and Tourette syndrome.

Pat recently had a blood test and gives the various numbers to Doc for his opinion of whether or not they are in the right range.

Gottfried asks Doc how to get the Youngevity business started in Germany.

Daniel injured his knee and it doesn't seem to be healing.

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Dead Doctors Don't Lie Program 13 February 2014

Download File
Monologue

Dr. Wallach starts the show discussing gluten intolerance. Contending many people have this intolerance and that people had intolerance to wheat dating back to the time of the Egyptians building pyramids. Stating that people have to be diligent in avoiding gluten from wheat, barley, rye and oats. Asserting the gluten actually causes damage to the small intestine leading to malabsorption.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of age related macular degeneration. A study of mice with induced macular degeneration found those getting moderate exercise had twice the retinal function compared to mice that did not exercise. Doc cites the story of his “Seeing is Believing” cd. Where an eye doctor challenged him and he was able to bring sight back in over 20 patients who had been legally blind for years.

Callers

Donna has a friend whose baby has been diagnosed with lead poisoning.

Anita is on dialysis and having problems with an over-active parathyroid.

Sharon has questions regarding shellfish in some of the Youngevity products.

Shola’s mother has congestive heart disease and asks Doc if nutrients will interfere with her medications.

June has skin rashes and osteoarthritis.

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Dead Doctors Don't Lie Program 12 February 2014

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Monologue

Dr. Wallach starts the show discussing nutrient loss through sweat. Asserting that when people sweat either through work or exercise they are sweating out a soup of nutrients. Outlining several of the Youngevity products such as Rebound FX that can help people get the nutrients back into their bodies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a Canadian study of mammograms. The study found that mammograms do not reduce cancer deaths in women. The study of nearly 90,000 women ages 40 to 59 found that just as many women died of breast cancer in a 25 year period despite whether they got a mammogram or not.
Drivers

Frank has a dog diagnosed with a cancerous tumor.

Lorraine has questions regarding osteoarthritis and rheumatoid arthritis.

Tammy has several health challenges including rheumatoid arthritis and Sjoegren's syndrome.

Anthony has a friend who had a compound fracture in his arm that required surgery now he has a bone infection.

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**Dead Doctors Don't Lie Program 11 February 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show today discussing his theory on homosexuality. Contending that homosexuality is a "congenital event" just like being born deaf. Stating that the mother was missing nutrients at the time the fetus's brain was developing. Asserting that being gay is not a choice but rather something the individual had when they were born.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding atrial fibrulation. The article states that long time comedian and game show host Howie Mandel has been diagnosed with atrial fibrulation. So he has now been hired by Pfizer and Bristol-Myers Squib makers of drugs used to treat a-fib. Mandel will become the face of the "Fibs or Facts" campaign to increase awareness of this disease.

**Callers**

Mary has osteoarthritis in her knees and suffers daily migraines.

Daisy has a friend who is pregnant and wants to know what Youngevity products Doc would recommend for a healthy pregnancy.

Toya's three year old daughter has autism.

Laura's brother-in-law is recovering from prostate cancer.

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Monologue

Dr. Wallach starts the show discussing a news report that states if a patient goes to a GP (general practitioner) for a test it will cost $250. While if the same patient goes to a specialist for the same test it will cost $25,000. Doc cites several tests that doctors charge hundreds if not thousands that people can do themselves for much less.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a UK study on diabetes. The eleven year study found that those who ate yogurt four or five times a week reduced their risk of type 2 diabetes by 24%. Also finding those in the study who replaced a serving of chips with a serving of yogurt the risk of diabetes was reduced by 47%.

Callers

Beverly has several health challenges including asthma, allergies and COPD (chronic obstructive pulmonary disease).

Tara has been diagnosed with gall stones.

Anthony has two questions the first concerns a man with migraine headaches, dizziness, fatigue and hypertension. Second he has questions concerning with osteoporosis and rheumatoid arthritis.

Bola’s mother is a type 2 diabetic diagnosed with glaucoma.

Nicole has chronic eczema.

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Monologue

Dr. Wallach starts the show discussing antioxidants and how important they are for good health. Asserting that culture who live longer generally get 40 times the antioxidants from their diets than do Americans. Contending that you can eat foods that have antioxidants but it is unknown how much people are getting from their food. Stating the best way to make certain people are getting enough antioxidants is to supplement.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two news stories concerning vaccines. The CDC is reporting that the percentages of people getting vaccines has gone down in recent years. Second they discuss a story about a girl that now has narcolepsy following getting a swine flu vaccine. Doc asserts most likely the girl is suffering from hyperinsulinemia.

Callers

Kathy is currently on statin drugs and her doctor wants her to get her cholesterol levels below 70.

Shannon has a friend diagnosed with bladder cancer.

Renee has liver disease and hyperthyroidism.

Nancy is experiencing peripheral neuropathies.

Jennifer has questions concerning Hashimoto's disease.

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Dead Doctors Don't Lie Program 06 February 2014

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Monologue

Dr. Wallach starts the show discussing a news story regarding major drug store chains dropping tobacco products from their store shelves. Doc asserts that with the new health law these stores are attempting to fill the gap where people don't want to go to doctors. Contending people should consider this line of thinking but they should educate themselves. In this way they can do their own health care and cut out the middle man.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on back pain. The New England Journal of Medicine says that 31 million Americans have back pain at any given time. With osteoarthritis is the most common cause of disability in the U.S. It is also the most common reason for missed work. Doc cites a study that found surgery for back pain is useless.

Callers

Steve is a type 2 diabetic suffering with ED (erectile dysfunction).

Shola has gum disease and osteoarthritis.
Linda has several health challenges including type 2 diabetes, congestive heart disease, gout, asthma, hypertension, COPD (chronic obstructive pulmonary disease) and obesity.

Marion's friends mother is trying to overcome stomach cancer.

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Dead Doctors Don't Lie Program 05 February 2014

Monologue

Dr. Wallach starts the show discussing a news article concerning cancer increases. According to WHO (World Health Organization) the incidence of cancer is expected to "skyrocket". Doc cites a study from 1998 that found cooking meat medium rare instead of well done reduced the risk of breast cancer in women by 462%. Also citing several other studies that found reductions in various cancer by changing diets and supplementing.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a recent study a new home test for colon cancer. The test known as fecal immunochemical test or FIT work by using specific antibodies that bind to human blood hidden in a patients stool. When tested the FIT correctly identified the presence of colorectal cancer 79% of the time with just one round of testing. Compared to an older test called the fecal occult blood test (FOBT) which previous studies had shown to be accurate between 13 and 50% of the time.

Callers

Cindy has several health challenges including acid reflux, peripheral neuropathies and atrial fibrilation.

Kathryn believes she has Electro Hyper Sensitivity. Where she experiences anxiety attack like symptoms when using electronic devices.

Jim has been diagnosed with Berger's disease.

Donna is at times seeing flashes of light in her peripheral vision field.

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Dead Doctors Don't Lie Program 04 February 2014

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Monologue

Dr. Wallach starts the show today discussing the what he calls the "break down" of the medical system. Contending that people are losing jobs and their health care insurance everyday. Doc asserts that people need to take charge of their own health. Outlining several tests people can do themselves at home.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of sugar consumption in the U.S. Researchers are finding that sugar not only causes weight gain but can increase the risk of cardiovascular disease. In recent years the percentage of calories consumed from added sugars increased from 15.7% in 1988-1994 to 16.8% in 1999-2004. But decreased to 14.9% between 2005 and 2010 with most adults consuming 10% or more of their calories from added sugar. Those in the study who consumed 17 to 21% of their calories from added sugar had a 38% increased risk of dying from cardiovascular disease.

Callers

Dave has a friend diagnosed with glioblastoma brain cancer.

Anthony has a friend with several health challenges including arthritic knees and back, reflux, diverticulitis and constipation.

Michelle has kidney disease, hypertension and osteoarthritis.

Tina has a nephew recently diagnosed with MD (muscular dystrophy).

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Dead Doctors Don't Lie Program 03 February 2014

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Monologue

Dr. Wallach starts the show discussing a new colonoscopy exam. Now patients can just swallow a small camera that will give all of the same information. Doc urges the audience to use this new method instead of the old exam. Outlining several people who were killed by the procedure.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss an Italian study of infants using probiotics. The study found that infants receiving probiotics shortly after birth were less likely to have gastrointestinal problems later in life. Compared to infants who got the placebo those getting probiotics were less likely to have colic, constipation and regurgitation. Their parents also spent less on health care such as fewer trips to the ER or doctor and missed less work.
Callers

Javier has a friend with kidney pain and arthritic joints.

Don's son has been diagnosed with hypogonad pituitary.

Victoria's husband's arm is atrophied following an injury.

Betsy's sister has been diagnosed with lichen planus.

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Dead Doctors Don't Lie Program 31 January 2014

Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing a study of women with hot flashes. The study found that many women still had hot flashes years after going through menopause. Ben asserts this is due to the parasympathetic being stimulated most likely by digestive problems.

Pearls of Wisdom

Bill Graff and Ben discuss a news article concerning increased risk of skin cancer in people using tanning beds. The study found that people who used a tanning before age 30 were 75% more likely to develop melanoma later in life. Ben explains these beds are bad because out of the three wave lengths of light these beds only emit UV A.

Callers

Shola's mother has been diagnosed with congestive heart disease.

Arthur is experiencing peripheral neuropathies in his feet.

Keith is on dialysis and wants to get off of dialysis using nutrition.

Florence asks Ben his opinion of Gaviscon.

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Dead Doctors Don't Lie Program 30 January 2014
Monologue

Dr. Wallach starts the show today discussing obesity in the U.S. Asserting the only health category that Americans lead in is obesity. Contending this is because they have listened to the advice of medical doctors. Stating that people gain weight and become obese because they have cravings due to mineral deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article about binge eating in the U.S. According to the National Eating Disorder Association binge eating is the number one eating disorder in the U.S. With binge eating defined as eating "larger than normal" quantities of food within a two hour time frame three or more times a week. Binge eating disorder or BED has been added to the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders.

Callers

Rebecca has cellulose on her face.

Robert has a cousin diagnosed with ADHD and tourettes.

Roosevelt has been diagnosed with glaucoma.

Gottfried has questions about controlling blood sugar without drugs.

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Dead Doctors Don't Lie Program 29 January 2014

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Monologue

Dr. Wallach starts the show discussing the importance of consuming antioxidants along with the 90 essential nutrients. Asserting that he has been doing so since he was 9 years old. Contending that it is vitally important that people educate themselves regarding their own health.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story about a new drug for lupus. The main part of the story is the estimated income for the company making the drug. The first to be approved for lupus by the FDA in over 50 years. However, as is usually the case this new drug named Benlysta only manages symptoms. Doc asserts that the caused of lupus is a gluten intolerance that prevents people from absorbing nutrients.
Callers

Becky has questions concerning food allergies and chronic kidney stones.

Johnny has questions concerning a friend who is diabetic and experiencing chronic constipation.

Maureen's husband is on several medications and asks Dr. Wallach if they will interfere with Youngevity products.

Evelyn is recovering from cancer surgery and wants to get on a nutritional supplement program.

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Dead Doctors Don't Lie Program 28 January 2014

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Monologue

Dr. Wallach starts the show discussing a news article regarding the growth of the economy. Contending that since 1993 the overall economy has grown 17%. However most of the economic growth occurred within the top 1%. Meaning most people didn’t see as much economic growth as those at the very top. Also asserting that when you compare a job versus owning a business. Owning a business even a home-based one is better than a job.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a report on vitamins. The report from the Lake Erie College of Osteopathic Medicine found that most vitamins marketed for children exceed the RDA (recommended daily allowance). Doc asserts that these RDAs were created 40 to 50 years ago. These RDAs were created when it was thought that people can get all the vitamins they need from their food.

Callers

Travis’s son has developed facial tics and some verbal tics as well.

Robin is a type 2 diabetic struggling with high blood pressure.

Stephanie’s father has been diagnosed with vascular dementia.

Steve has questions regarding dry mouth.

Kenni is a type 2 diabetic trying to control her blood sugar naturally.

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Monologue

Dr. Wallach starts the show today discussing the fact that a lot of store chains are shutting down laying off thousands. Because many people are now shopping online instead of going to a brick and mortar stores. Asserting that he has been predicting this for many years as he has seen companies moving off shore because of the high cost of healthcare.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story concerning insurance companies dropping doctors out of their plans. These are the doctors of older people who have multiple health challenges. The companies are hoping these "expensive patients" will follow their doctors. This all as a result of the Affordable Care Act requiring companies to take all people despite pre-existing conditions.

Callers

Anthony has a friend with high blood pressure and bronchitis.

Maria's daughter has been diagnosed with "growing pains".

David's sister has brain cancer and a doctor told her to avoid taking the mineral selenium.

Mike's son has no appetite due to an abnormality in his hypothalamus.

Kat has a friend diagnosed with ALS (amyotrophic lateral sclerosis).

Monologue

Dr. Wallach starts the show discussing dementia and his theory that all dementias are caused by nutritional deficiencies. Outlining the four types of dementia and how each is manifested. Then citing the nutrient deficiencies that he believes are the cause. Asserting the ways these nutrients can work in the body to reverse each type of dementia.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of omega-3 fatty acids. Researchers studied nearly 1600 people average ages around 67 using cognitive tests and MRIs. They found that those in the lowest 25%
on mental tests such as problem solving, multi-tasking and abstract thinking had the lowest blood levels of omega-3s. Also they found these same people had lower brain volume.

**Callers**

Ray's son has chronic skin rashes.

Michelle has a friend with esophageal cancer.

Percy has been diagnosed with colon cancer.

Margaret has an under active thyroid resulting in weight gain.

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**Dead Doctors Don't Lie Program 23 January 2014**

**Download File**

**Monologue**

Dr. Wallach starts the show discussing heart disease. Contending that most heart disease is due to block arteries due to plaque or scar tissue. Asserting this is caused by inflammation due to damage to the arteries eating fried foods and oils. He also outlines how some heart disease is due to blood clots from omega 3 essential fatty acid deficiencies.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding a study that found women are more likely to die in the hospital after suffering a heart attack. The study of over 1 million heart attack patients found 42% of women did not experience classic chest pains during their heart attack. Patients without chest pain symptoms are almost twice as likely to die compared to patient who did have chest pains.

**Callers**

Robert has a friend whose 11 year old daughter has been diagnosed with MERRF's (Myoclonic Epilepsy with Ragged Red Fibers) syndrome.

Charles was recently diagnosed with prostate cancer.

Tamara's daughter was born with cerebral palsy.

Celeste was recently diagnosed with MS (multiple sclerosis).
Monologue

Dr. Joel Wallach begins the show today citing a news story about the department store chain Target is eliminating healthcare plans for part-time employees. As well as laying off thousands of middle management employees. Asserting the high cost of healthcare is why all of the jobs left the country to third world countries like India.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story regarding a study of pediatric tonsillectomies. Tonsillectomies are the second most common pediatric surgery with over 500,000 performed every year in the U.S. A study of data collected as part of the Pediatric Health Information System found that out of nearly 140,000 low risk children who underwent tonsillectomies nearly 11,000 or 7.8% had to return to the hospital with 30 days due to complications. Meaning this procedure is hardly the "routine" surgery doctors claim it to be to their patients.

Callers

Dave has a friend whose 5 year old has been diagnosed with Batten's disease.

Joyce has several health challenges including atrial fibrulation, osteoporosis, rosacea and Sjoegren's disease.

Anthony has questions regarding two people the first concerns a friend diagnosed with atrial fibrulation, hypertension and anxiety attacks. Second he has questions for someone diagnosed with degenerative disk disease.

Jeff is a type 2 diabetic currently on dialysis.

Patsy has early stage age related macular degeneration.

Harvey asks Dr. Wallach's opinion of families getting the swine flu vaccination.

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Monologue

Dr. Wallach starts the show stating that people do not need a medical or science degree in order to help others with their health. Contending that most Youngevity associates don’t have degrees beyond a high school diploma. Outlining the various books, cds and videos that are available to help educate associates to be able to help others. Also stating you don’t need a degree in finance to build a successful Youngevity business.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a young man almost killed in a hit and run accident. The 16 year old had severe brain damage and his doctors were ready to give up on him. His parents refused to give up and looked for other options. Ultimately coming upon omega 3 fatty acids to help the brain heal and reduce inflammation. Several weeks after the accident the parents started a high dose regiment of omega 3s (20 grams) daily. Within two days the young man's cognition began to improve. Months later the young man is almost back to where he was before the accident.

Callers

Dave is on a gluten free diet but still has rosacea.

Bobby is taking the "Pig Pack Plus" but experiencing cramping and diarrhea.

Bill has several health challenges including alopecia and asthma.

Shannon has a friend diagnosed with dementia.

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Dead Doctors Don't Lie Program 20 January 2014

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Monologue

Dr. Wallach starts the show asserting that the cost of Obamacare and technology are driving people to Youngevity. Soliciting for people to come help him and other Youngevity associates to spread the word. Contending that Youngevity is a grassroots campaign to educate the public about health. So they can make smart decisions regarding their health.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out from the American College of Emergency Physicians. This group evaluates emergency room preparedness every few years. In fact in 2009 the group gave the nation's ERs a C minus now five years later the same group has given the nation a D plus. The group graded states on 136 measures such as quality and patient safety, public health, injury prevention, disaster preparedness, medical liability
environment and emergency care. Many states got Fs medical liability and patient safety as well as disaster preparedness.

**Callers**

Gordon is experiencing peripheral neuropathies due to disk compression.

Sherry's husband has been diagnosed with stage four colon cancer.

Gottfried's friend is a type 2 diabetic experiencing vision loss.

Ellen's mother has several health challenges including dementia, chronic urinary tract infections and macular degeneration.

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**Dead Doctors Don't Lie Program 17 January 2014**

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**Monologue**

Dr. Wallach starts the show discussing diseases he feels are caused by doctors. Vitamin D3 deficiencies because doctors tell people to lower their cholesterol and stay out of the sun. Sleep apnea he contends is a natural occurrence and doctors are just trying to sell C pap machines. Alzheimer's because of cholesterol lowering drugs and not eating fats.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article on weight loss. Researchers at the National Institutes of Health believe that weight loss can be achieved by cutting 10 calories for every pound the person wants to lose. Using this formula they say someone could lose 10 pounds in 3 years. Doc is not impressed as he has helped people lose hundreds of pounds in the same time frame.

**Callers**

Susie has a friend with hypertension whose doctor is recommending a knee replacement procedure.

Tammy has bone on bone arthritis and wants to avoid surgery.

Audro has grey hair and wants Dr. Wallach to recommend a nutritional supplement program.

William's sister is being treated for stage 4 breast cancer.
Dr. Wallach starts the show discussing his belief of technology killing jobs. Asserting the advent of cell phones, internet and other high tech has killed jobs in retail and print industries. Contending that the high cost of healthcare has also caused jobs to be eliminated or outsourced overseas. Stating that those who have experienced income loss or reduction should consider starting a home-based business.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article regarding a suit filed against a heart surgeon. Apparently the suit stems from a doctor leaving a patient in the middle of open heart surgery to go to a luncheon. The surgeon left an unqualified PA (physician assistant) to close. The resulting complications led to a cardiac arrest and the patient in a "vegetative state". The surgeon received a 14 day suspension and his surgeries monitored for 2 months.

**Callers**

Elizabeth's doctor wants to perform a knee replacement procedure.

Lauren has MD (muscular dystrophy) and is experiencing adrenal failure.

Eric has psoriasis and thinks he may be gluten intolerant.

Pauline is a type 2 diabetic who is trying to control her blood sugar levels with nutrition.

Isaac has kidney failure and wants to get off of dialysis.

Janine's granddaughter is pregnant with an undersized fetus.

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach starting the show discussing research on the health benefits of fasting on a regular basis. Asserting that the path to good health can be simple and doesn't always have to involve the medical industry. Citing the benefits of deep breathing and fasting for a day or two.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article regarding a warning out from the FDA. Recommending that doctors avoid prescribing combination drugs like Vicodin and Percocet that have acetaminophen in a dose larger than 325 mg. This because many people don't realize these combination drugs contain acetaminophen so many are at risk of overdosing. Overdoses of acetaminophen are the most common poisoning worldwide according to the National Institutes of Health.

Callers

Mack is trying to lose weight naturally.

Katherine has several health challenges including uterine cancer, fibromyalgia and allergies.

Xavier is currently on dialysis but wants to get of it.

Betty previously had a knee replacement because of bone cancer.

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Dead Doctors Don't Lie Program 14 January 2014

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Monologue

Dr. Wallach starts the show discussing the numbers of people who are jobless and no longer looking for employment. Contending many people can no longer afford healthcare and those that can are avoiding the medical system. They are turning away from the medical industry because they have realized the protocols offered don't work. Often causing more harm than good as some 15 million people are infected, injured or killed every year.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a doctor who has written a book about how to live long. Advocating people live with a significant other, have children, caffeinate in moderation, and do DNA testing. Avoid wearing stiletto heels, detoxing and taking vitamins. Doc and Doug both advise people to not to follow this advise.
Callers

Andrew is a type 2 diabetic with high blood pressure but wants control both with nutrition.

Carmen has two questions the first concerns her mother's low sodium levels. Second she has questions regarding her nephew's respiratory congestion.

Rita is experiencing peripheral neuropathies in her face.

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Dead Doctors Don't Lie Program 13 January 2014

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Monologue

Dr. Wallach starts the show discussing medical politics. Citing a government report that states nearly one third of America's working age population on now on some form of welfare. Contending this is because of computers and automation are taking the jobs away. Doc asserts that people need to educate themselves and become a network marketer. To off set lost income with a home-based business that provides additional income as well as tax shelters.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding new technology to treat AMD (age-related macular degeneration). This new procedure removes the eye lens and replacing it with a tiny telescope to restore sight in people with end stage AMD. Doc contends that this is crazy because he has been restoring sight in people declared legally blind using nutrition. Outlining the story behind his "Seeing is Believing" CD. Where an eye doctor challenged Dr. Wallach calling him a liar when he said he could reverse the symptoms of AMD. This doctor gave Dr. Wallach the charts of 26 patients all declared legally blind. After working with Doc all restored their sight enough to be able to read and drive again. The other doctor recorded the "Seeing is Believing" CD after he saw the results.

Callers

Johnny has a dog that is suffering seizures.

Jim has several health challenges and suspects that he is gluten intolerant.

Dennis has a friend who suffered an ischemic stroke leaving him paralyzed on one side.

Margarita has a dog with thyroidal carcinomas.

Lauren is thirty one and was diagnosed with MD (muscular dystrophy) when she was nine.
Steve's granddaughter has been diagnosed with tourette's syndrome.

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Dead Doctors Don't Lie Program 10 January 2014

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Joel Wallach starting the show discussing a news article regarding PCOS (polycystic ovarian syndrome). The article concerns a report that has linked the use of birth control pills. Ben asserts that PCOS and other chronic health challenges are all linked to break down in the body. Contending that for all of these break down diseases there always links to diet, lifestyle and lack of cell nutrients.

Pearls of Wisdom

Doug Winfrey and Ben Fuchs discuss a news article written by a nutritionist. The nutritionist named popcorn, potatoes, cereals, nuts and eggs as "age defying" foods. Except the eggs and the nuts Ben contends these are not good foods to be eating. Asserting that people should always try and avoid "refined carbohydrates".

Callers

George has two questions the first concerns a woman with breast cancer. Second he has questions regarding a young man who is schizophrenic.

Johnny is experiencing joint pain from injuries sustained when he was an athlete.

Carol has been diagnosed with seborrheic keratosis.

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Dead Doctors Don't Lie Program 09 January 2014

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Monologue

Dr. Wallach starts the show talking about medical screening tests. Asserting that these tests don't actually prevent any diseases only possibly early detection of disease. In response to a news article that claims colon cancer screening prevents deaths from colon cancer. However they believe this only because colon cancer deaths have declined while screening has increased. But no real empirical data to prove this claim that there is a correlation.
Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a study of drunk doctors. Researchers at Washington University sent out questionnaires to over 25,000 surgeons to find ones that have alcohol abuse problems. The study found that 15% of those that responded had alcohol dependency and that 45% of those admitted to a major medical mistake in the past three months. Researchers also believe that the percentage is actually much higher because only about 7200 of the 25,000 responded to the survey.

Callers

Kathy has been diagnosed with leaky gut syndrome and a brain aneurysm.

Lucille has two questions the first question is if teeth can be rebuilt. Second she has questions regarding her husband who has arthritis in his knee.

Olive was recently diagnosed with breast cancer.

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Dead Doctors Don't Lie Program 08 January 2014

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Monologue

Dr. Wallach starts the show discussing a recent government report that claims millions of lives have been saved from people quitting smoking. Asserting that although smoking is bad more people have been harmed by medical doctors than smoking. Outlining the various numbers of patients that are killed, injured and infected every year by the medical industry.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a news story of a girl killed by a dentist. The parents of the three year old have filed a lawsuit against a dentist because their daughter sustained brain damage during a procedure. Claiming negligence because the dentist left the girl unattended for nearly a half hour. The amazing thing about the story is this three year old was getting root canals on baby teeth.

Callers

Doug has a friend diagnosed with bronchiectasis.

Margo has questions regarding IBS (irritable bowel syndrome).

Shola's mother has been diagnosed with congestive heart disease.
Gottfried has questions concern the lack of blood flow in his eye.

Linda’s father has been diagnosed with myelodysplastic syndrome.

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**Dead Doctors Don't Lie Program 07 January 2014**

**Monologue**

Dr. Wallach starts the show discussing weight gain and obesity. Asserting that the road to Americans becoming overweight began when people in the U.S. started getting electricity. Prior to that time people cooked and heated with wood using the leftover ash in their crops and foods. The ash is actually minerals after all of the carbon has burned away. Without dietary minerals people start craving foods causing mindless binge eating and ultimately weight gain.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out from the National Nurses United (nurses union). The report states that many hospitals are charging patients 10 times the actual cost of treatment. Also stating prices have been increasingly rising for the past two decades. Joan Ross a registered nurse in Minnesota for the past 40 years contends that these day the first question patients are asked upon being admitted is "what kind of insurance do you have?" Asserting that when she started nursing that question was never asked at all and should be asked.

**Callers**

Rose has questions regarding her nephew who has pancreatic cancer.

BJ’s wife is experiencing anaphylactic reactions to something in her diet.

Marvin is experiencing fluid on his joints.

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**Dead Doctors Don't Lie Program 06 January 2014**

Download File
Monologue

Dr. Joel Wallach starts the show discussing what he calls "doctor damage". Asserting that it is imperative that people educate themselves about health so they can avoid the pitfalls of the medical industry. Outlining several of the statistics of how many people are killed, injured and infected every year in the U.S. Some 15 million people are affected every year and no one goes to jail or is even fined.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss the case of Jahi McMath the 13 year old girl who went in for a "routine" tonsillectomy. The story of the hospital wanting to take the girl off of life support has been in the headlines for more than a week. But no one is talking about how or why a seemingly healthy girl ends up brain dead. In fact the girl was alert and talking to family members following the surgery. The started losing blood and had a heart attack that starved her brain of oxygen.

Callers

Jean's son has cysts on his kidneys and only has 10% kidney function.

Carmen's mother is retaining water so her doctor told her not to drink any water or fluids.

Elizabeth has varicose veins and would like to get rid of them naturally.

Gottfried has lost most of his sight in one eye and asks Dr. Wallach what supplements he should take to support eye health.

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Dead Doctors Don't Lie Program 03 January 2014

Download File

Monologue

Dr. Joel Wallach starts the program today unveiling Youngevity's news product called "Immortalium". A product specifically designed to slow the shortening of the telomeres or ends of chromosomes. It was discovered in the 1960s that cells can only replicate 51 times before the cell finally dies. This is because each time a cell replicates the end of the chromosome the telomere shortens. When the telomere is finally completely gone the cell dies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report released by the U.K.'s Overseas Development Institute. The report states the number of people overweight and obese in developing countries has tripled since 1980. With the highest rates of obesity being found in China and Mexico the numbers of overweight people has almost
doubled since 1980. Other countries seeing rising rates of overweight and obese are developing countries like South Africa, North Africa, the Middle East and Latin America. Researchers believe this is due to increased incomes, urbanization and sedentary lifestyles. Dr. Wallach asserts that the urbanization in the form of more people moving to cities away from farms where the still cooked and heated with wood. Without the wood ash to put in their gardens people are now mineral deficient.

Callers

Diane's husband is a type 2 diabetic with high blood pressure and a history of strokes.

Debra has several health challenges including heart disease, high blood pressure and type 2 diabetes.

Carmen's mother is experiencing heart palpitations brought on by blood pressure medications.

Ovita is taking the "Healthy Start Pack" but is experiencing some digestive discomfort after taking the products.

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Dead Doctors Don't Lie Program 02 January 2014

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Monologue

Pharmacist Ben Fuchs fills in for Dr. Wallach beginning the show discussing cholesterol lowering statin drugs. Apparently the American Heart Association has come up with new guidelines for prescribing statins. These guidelines urge doctors to prescribe these drugs to patients even if they don't have elevated LDL cholesterol scores. Even going so far as to send out letters to pharmacists to not recommend nutritional alternatives to only push the statins.

Pearls of Wisdom

Doug Winfrey and Pharmacist Ben discuss a news article regarding holiday myths. The story outlines three myths often associated with the holiday season. The first that people gain a ton of weight between Thanksgiving and New Years Eve. Turns out not true at all on average normal weight adults gain one to two pounds. With those overweight or obese gaining around five pounds. The second myth is that suicides spike during the holiday season. Also not true supported by two studies one from Japan and one from the U.S. The third dispelled myth is that New Years Eve totals more traffic fatalities than any other day of the year. Once again not true New Years Eve actually comes in at number seven on the list. With July 4th being at the top of the list with an average of 144 deaths annually.

Callers

Carmen has questions regarding her mother and herself. First she has questions concerning her mother who has macular degeneration, high blood pressure, metabolic syndrome and weight gain. Finally she has questions a her own torn rotator cuff.
Fred has questions concerning his sister who is on dialysis. He also has questions for himself and his acid reflux and enlarged prostate.

Roy's wife is over weight, a type 2 diabetic with hypertension and renal failure.

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**Dead Doctors Don't Lie Program 01 January 2014**

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**Monologue**

Dr. Wallach starts the show discussing diseases he feels are caused by doctors. Vitamin D3 deficiencies because doctors tell people to lower their cholesterol and stay out of the sun. Sleep apnea he contends is a natural occurrence and doctors are just trying to sell C pap machines. Alzheimer's because of cholesterol lowering drugs and not eating fats.

**Pearls of Wisdom**

Doug Winfrey and Dr. Wallach discuss a news article on weight loss. Researchers at the National Institutes of Health believe that weight loss can be achieved by cutting 10 calories for every pound the person wants to lose. Using this formula they say someone could lose 10 pounds in 3 years. Doc is not impressed as he has helped people lose hundreds of pounds in the same time frame.

**Callers**

Susie has a friend with hypertension whose doctor is recommending a knee replacement procedure.

Tammy has bone on bone arthritis and wants to avoid surgery.

Audro has grey hair and wants Dr. Wallach to recommend a nutritional supplement program.

William's sister is being treated for stage 4 breast cancer.

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