Aromatherapy is known to enhance the individual’s physical, biochemical, mental, and psychological status concurrently. Essential oils are not simple substances, they are “mosaics” of hundreds or sometimes thousands of phytochemicals. Each individual essential oil has a specific biochemical “fingerprint” that determines its characteristic fragrance, color, volatility, and biological and physiological properties.

—Excerpt taken from Dr. Joel Wallach and Dr. Ma Lan’s book Passport to Aromatherapy
“True Aromatherapy” is the fragrant life-essence of a plant that is gently removed through the process of steam distillation or expression that is cared for and handled in a way that protects the integrity of the essence, allowing its effective use in restoring balance to the physical, emotional, mental, and spiritual nature of the individual end consumer...YOU!

Ancient Legacy™ creates exceptional products following a very simple principle: It must provide a quality experience. Our quality is apparent from the moment you open the deep violet-blue bottle. Every product is a result of a painstaking search for the highest quality essential oils, continuing research and education, and years of personal experience. Our “true aromatherapy” products contain a wide variety of high-quality exotic and natural essential oils distilled from flowers, herbs, trees, and spices, such as organic Rose Damascena from Turkey, East Indian Sandalwood, French Highland Lavender Vera, and Cinnamon from Madagascar.

We search out only the purest concentrations of the essential oils from the most respected and ethical distillers. Many of our essential oils come directly from families in the East, many of which have been distilling for over 100 years.

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We feel incredibly fortunate to have such high quality suppliers with such integrity and dedication, and we have much to be excited about. There are many great things in store for us all in this aromatic adventure we are taking together.” –Alexandria Brighton, Formulator & Educator

Basic Starter Kit™
Item# 67950
Ancient Legacy’s™ Basic Starter Kit™ is an introductory kit specifically designed for people just learning about the extensive benefits of aromatherapy oils. This kit contains the following quality essential oils: 1st Defense™ - 10 mL; Breath of Life™ - 10 mL; To Be At Peace™ - 10 mL; To Be Well™ - 10 mL; Lavender Mailette - 10 mL; Peppermint - 10 mL; Tea Tree - 10 mL; Ravensara - 10 mL; and Grapeseed Blending Oil - 60 mL.

Home Defense Kit™
Item# 67951
Ancient Legacy’s™ Home Defense Kit™ contains some of the most popular and effective aromatherapy oils available today. This kit contains the following quality essential oils: Deep Cleanser™ - 10 mL; Thyme ct. Thymol - 10 mL; Cinnamon - 10 mL; Clove Bud - 10 mL; Trauma™ - 10 mL; Rose Geranium - 10 mL; Eucalyptus Globulus - 10 mL; Lemon - 10 mL; and Grapeseed Blending Oil - 60 mL.

Children’s Blending Kit™
Item# 67952
Ancient Legacy’s™ Children’s Blending Kit™ contains some of the most safe and effective aromatherapy oils for children. This kit contains the following quality essential oils: Lavender Chamomile - 10 mL; Ginger - 10 mL; Red Mandarin - 10 mL; Rosemary - 10 mL; Thyme ct. Linalool - 10 mL; Ravensara - 10 mL; Tea Tree - 10 mL; Lemon - 10 mL; and Jojoba Blending Oil - 60 mL.